

Lifestyle Changes*

Living with coronary artery disease is more than a stent and medications. An important part is making healthy changes.

Suggested changes are to:

- Quit smoking
- Stay at a healthy weight
- Find ways to increase daily activities and exercise
- Make healthy food choices

See the Web site for how to help create a heart-healthy lifestyle.

Go to www.stentplus.com and click on For Patients and Caregivers.

*Patients should talk to their doctor before making any changes in diet and activity.



Stent plus⁺™

Patient Success Program



The Stentplus™ Patient Success Program is sponsored by Boston Scientific Corporation; reviewed and endorsed by The Society for Cardiovascular Angiography and Interventions, the Association of Black Cardiologists, Inc. and the American College of Cardiovascular Administrators.

© 2008 Boston Scientific Corporation or its affiliates. All rights reserved.

PLAVIX and TICLID are registered trademarks of sanofi-aventis U.S. LLC.

Stent plus⁺™

Patient Success Program

The **plus** you need to succeed

USCV5535.121.0 25M 5/08



Perhaps you are thinking "Me? Heart disease?"

You or a family member may have recently been diagnosed with heart disease and had a stent placed in an artery of the heart. Patients who have a stent should know about the importance of staying on anti-clotting medications.

Stents and anti-clotting medications

After the stent is in place, the body needs time to heal. There is a small but real chance of a blood clot forming. Because of this chance, doctors prescribe an anti-clotting medication, such as PLAVIX® or TICLID® along with aspirin. It is **very important for a patient** to take the prescribed anti-clotting medications every day. The cardiologist will decide how long the patient needs to stay on these medications.

To help complete this part of the treatment, a health care team might suggest the Stentplus™ Patient Success Program.

What is the Stentplus™ Patient Success Program?

This program explains what coronary artery disease is, what the treatment options are and why medications are so important after having a stent.

The program includes:

- Educational materials
- Medication refill reminders
- Financial assistance information
- A Web site for patients and caregivers

Educational materials

It is important to understand coronary artery disease. The patient kit includes a DVD and a heart manual. Both explain the disease and its treatment. It also helps patients understand how important it is to take their anti-clotting medicine after having a stent.

Medication refill reminders

We all forget sometimes. That is why the Stentplus™ Program patient kit includes refill reminders. There is a cling for a refrigerator or mirror, as a cue to take medications daily. There is also a wallet card sleeve, which protects the card given when the stent was implanted. The sleeve has a place for the cardiologist's phone number. It also reminds patients to talk about their stent with other doctors and health care providers so that they don't stop anti-clotting medications without full information. In addition, people on the Stentplus™ Program can receive monthly e-mails. These are a signal that it is time to get your prescriptions filled and to continue taking prescribed anti-clotting medications. The sign up for this free e-mail reminder service is at www.stentplus.com.

Financial assistance information

There are programs that help patients pay for or get a discount on their prescriptions. They include:

- Private foundations
- Government programs
- Prescription discount cards

The Partnership for Prescription Assistance is a link to almost 500 public



Partnership for Prescription Assistance

and private patient assistance programs. It can help patients find a program that is right for them. For more information, please see the Stentplus™ Program's Web site at www.stentplus.com; go to www.pparx.org; or call the Partnership for Prescription Assistance at 1-888-477-2669.

Stentplus™ Program Web site

Patients can find out more about the Stentplus™ Program at www.stentplus.com. The site has information about heart disease, stents, anti-clotting medications, financial assistance, and lifestyle changes.

Patients should talk to their doctor if they have more questions about

- Heart disease
- Anti-clotting medications
- The Stentplus™ Patient Success Program