

·C·	
ee. ge	
Table of Contents	
Table of Contents	
Additional Technical Information	
Device Description	
Related Information4	
Indications and Usage5	
Contraindications	
Warnings 6 Precautions 10	
Charles and Deconstitution of the American	
Post-Therapy Pulse Generator Follow Up	
Supplemental Precautionary Information	
Electrocautery and Radio Frequency (RF) Ablation	
Ionizing Radiation	
Elevated Pressures	
Potential Adverse Events	
Items Included in Package	
Symbols on Packaging	
Characteristics as Shipped	-'C) ·
X-Ray Identifier	(O.
Pulse Generator Longevity49	4
Warranty Information 53	
Pulse Generator Longevity	
10, 80, 10, 10, 10, 10, 10, 10, 10, 10, 10, 1	
70 18 10 10 10	
Product Reliability	-
A Control of the state of the s	
1,0, 70, 10, 1,0, 1,0, 1,0, 1,0, 1,0, 1,	
1/0, 1/3, 1/2 100	
Items Included in Package	

Patient Counseling Information	' <u>—</u>
Patient Counseling Information 54	
Patient Handbook56	
Lead Connections	
Implanting the Pulse Generator59	
Step A: Check Equipment	
Step B: Interrogate and Check the Pulse Generator	
Step C: Implant the Lead System	
Step D: Take Baseline Measurements	
Step F: Connect the Leads to the Pulse Generator	
Step G: Evaluate Lead Signals	
Step H: Program the Pulse Generator	
Step I: Test for Ability to Convert Ventricular Fibrillation and Inducible	
Arrhythmias	•
Step J: Implant the Pulse Generator	
Step K: Complete and Return the Implantation Form	
Bidirectional Torque Wrench	
Predischarge Follow Up	
Routine Follow Up	·c
Explantation	100
Routine Follow Up	N
101, 5/0, 14, 22, 12, CH, 20, 1/0, 1/2	3
70.10, 70, 6, 10, 270, 17, 7	
50, 70, 00, 10, 50, 50, 50, 50, 50, 50, 50, 50, 50, 5	
1 4 4 50 10, 10 10 10 10 10 10 10 10 10 10 10 10 10	
(10, 10, 1), (10, 1), (10, 1)	
10, 10, 10, 10, 10, 10, 10,	
	-
Routine Follow Up	1
V 1400 " WI 10 " CO.	
13 10.0	
Bidirectional Torque Wrench	

#### ADDITIONAL TECHNICAL INFORMATION

For additional technical reference guides, go to www.bostonscientific-international.com/manuals.

#### DEVICE DESCRIPTION

This manual contains information about the COGNIS 100 family of cardiac resynchronization therapy defibrillators (CRT-Ds) (specific models are listed in "Mechanical Specifications" on page 40).

## Therapies

These pulse generators have a small, thin, physiologic shape that minimizes pocket size and may minimize device migration. They provide a variety of therapies, including:

- Ventricular tachyarrhythmia therapy, which is used to treat rhythms associated with sudden cardiac death (SCD) such as VT and VF
  - Cardiac Resynchronization Therapy (CRT), which treats heart failure by resynchronizing ventricular contractions through biventricular electrical stimulation
- Bradycardia pacing, including adaptive rate pacing, to detect and treat bradyarrhythmias and to provide cardiac rate support after defibrillation therapy dioversion/defibrillation therapies include:

Cardioversion/defibrillation therapies include

- A range of low- and high-energy shocks using a biphasic waveform
- The choice of multiple shock vectors:
  - Distal shock electrode to proximal shock electrode and pulse generator case (TRIAD electrode system)
    - Distal shock electrode to proximal shock electrode (RV Coil to RA Coil)
  - Distal shock electrode to pulse generator case (RV Coil to Can)

## Leads

Astala version. Jestination of the state of The pulse generator has independently programmable outputs and accepts one or more of the following leads, depending on the model: Jidatert version, skalikke vitualia. Nivac.

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- One LV-1 unipolar or bipolar left ventricular lead
- One IS-1 unipolar or bipolar left ventricular lead
- One DF-1/IS-12 cardioversion/defibrillation lead
- IS-1 refers to the international standard ISO 5841-3:2000.
  DF-1 refers to the international standard ISO 11318:2002.

2

One DF4-LLHH or DF4-LLHO<sup>3</sup> multipolar connector cardioversion/defibrillation lead

Leads with either a GDT-LLHH/LLHO or DF4-LLHH/LLHO label are equivalent and are compatible with a device containing either a GDT-LLHH or DF4-LLHH port.

The pulse generator and the leads constitute the implantable portion of the pulse generator system.

#### PRM System

therapy options of the later of These pulse generators can be used only with the ZOOM LATITUDE Programming System, which is the external portion of the pulse generators. System, which is the external portion of the pulse generator system and includes: 

You can use the PRM system to do the following:

- 3. DF4 refers to the international standard ISO 27186:2010

- Perform noninvasive diagnostic testing
- Access therapy history data

#### RELATED INFORMATION

Refer to the lead's instruction manual for implant information, general warnings and precautions, indications, contraindications, and technical specifications. Read this material carefully for implant procedure instructions specific to the chosen lead configurations.

Refer to the PRM system Operator's Manual for specific information about the PRM such as setup, maintenance, and handling.

LATITUDE is a remote monitoring system that provides pulse generator data for clinicians.

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128 taraha verzio. Nie akilaha. Nie lizywać.

128 taraha verzio. Nie akilaha. Nie lizywać. patient data that can be used as part of the clinical evaluation of the patient. Physicians/Clinicians—LATITUDE enables you to periodically monitor both patient and device status remotely and automatically. The LATITUDE system provides Jidajekt Version in Skalik 125 arala verte. Neg Jersão dos des Forældet Version

Patients—A key component of the system is the LATITUDE Communicator, an easy-to-use, in-home monitoring device. The Communicator automatically reads implanted device data from a compatible Boston Scientific pulse generator at times scheduled by the physician. The Communicator sends this data to the LATITUDE secure server through a standard telephone line. The LATITUDE server displays the patient data on the LATITUDE Web site, which is readily accessible over the Internet to authorized physicians and clinicians.

Refer to the LATITUDE Clinician Manual for more information.

# INDICATIONS AND USAGE

These Boston Scientific Cardiac Resynchronization Therapy Defibrillators (CRT-Ds) are indicated for patients with heart failure who receive stable optimal pharmacologic therapy (OPT) for heart failure and who meet any one of the following classifications:

- Moderate to severe heart failure (NYHA Class III-IV) with EF ≤ 35% and QRS duration ≥ 120 ms
- acologic sifications:

  56% and QRS

  Fr ≤ 30%, and mild a or asymptomatic (NYHA) Left bundle branch block (LBBB) with QRS duration ≥ 130 ms, EF ≤ 30%, and mild (NYHA Class II) ischemic or nonischemic heart failure or asymptomatic (NYHA Class I) ischemic heart failure

Boston Scientific CRT-Ds are also intended to provide ventricular antitachycardia pacing and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.

#### CONTRAINDICATIONS

There are no contraindications for this device

#### WARNINGS

### General

- Labeling knowledge. Read this manual thoroughly before implantation to avoid damage to the pulse generator and/or lead. Such damage can result in patient injury or death.
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  esult in patient injury,

  an may also create a risk

  a infection or cross-infection,

  infectious disease(s) from one

  ace may lead to injury, illness, or For single patient use only. Do not reuse, reprocess, or resterilize. Reuse, reprocessing, or resterilization may compromise the structural integrity of the device and/or lead to device failure which, in turn, may result in patient injury, illness, or death. Reuse, reprocessing, or resterilization may also create a risk of contamination of the device and/or cause patient infection or cross-infection, including, but not limited to, the transmission of infectious disease(s) from one patient to another. Contamination of the device may lead to injury, illness, or death of the patient.

- Backup defibrillation protection. Always have external defibrillation protection available during implant and electrophysiologic testing. If not terminated in a timely fashion, an induced ventricular tachyarrhythmia can result in the patient's death.
- Resuscitation availability. Ensure that an external defibrillator and medical personnel skilled in CPR are present during post-implant device testing should the patient require external rescue.
- Patch leads. Do not use defibrillation patch leads with the pulse generator system, or injury to the patient may occur.
- Separate pulse generator. Do not use this pulse generator with another pulse generator. This combination could cause pulse generator interaction, resulting in patient injury or a lack of therapy delivery.

## Handling

- Avoid shock during handling. Program the pulse generator Tachy Mode(s) to Off during implant, explant, or postmortem procedures to avoid inadvertent high voltage shocks.
- voltage shocks.

  Do not kink leads. Do not kink, twist, or braid the lead with other leads as doing so could cause lead insulation abrasion damage or conductor damage.

- Handling the lead without Connector Tool. For DF4-LLHH or DF4-LLHO leads, use caution handling the lead terminal when the Connector Tool is not present on the lead. Do not directly contact the lead terminal with any surgical instruments or electrical connections such as PSA (alligator) clips, ECG connections, forceps, hemostats, and clamps. This could damage the lead terminal, possibly compromising the sealing integrity and result in loss of therapy or inappropriate therapy, such as a high voltage short within the header.
- Handling the terminal while tunneling. Do not contact any other portion of the DF4-LLHH or DF4-LLHO lead terminal, other than the terminal pin, even when the lead cap is in place.

#### **Programming and Device Operations**

- chronic result in

  .ith heart failure

  .it to a position near the .iar pacing inhibition. Atrial tracking modes. Do not use atrial tracking modes in patients with chronic refractory atrial tachyarrhythmias. Tracking of atrial arrhythmias could result in ventricular tachyarrhythmias.
- Atrial-only modes. Do not use atrial-only modes in patients with heart failure because such modes do not provide CRT.
- Ventricular sensing. Left ventricular lead dislodgement to a position near the Ventricular sensing. Left ventricular lead disjuggement to a position atria can result in atrial oversensing and left ventricular pacing inhibition.

Slow VT. Physicians should use medical discretion when implanting this device in patients who present with slow VT. Programming therapy for slow monomorphic VT may preclude CRT delivery at faster rates if these rates are in the tachyarrhythmia zones.

#### Post-Implant

- Protected environments. Advise patients to seek medical guidance before entering environments that could adversely affect the operation of the active implantable medical device, including areas protected by a warning notice that prevents entry by patients who have a pulse generator.
- Magnetic Resonance Imaging (MRI) exposure. Do not expose a patient to MRI scanning. Strong magnetic fields may damage the pulse generator and/or lead system, possibly resulting in injury to or death of the patient.
- Diathermy. Do not subject a patient with an implanted pulse generator and/or lead to diathermy since diathermy may cause fibrillation, burning of the myocardium, and irreversible damage to the pulse generator because of induced currents.
- Jonese is programmed

  In the Inhibit Therapy setting, the

  Jarnythmia detection and therapy. Ensure PTM is enabled. Ensure that Patient Triggered Monitor is enabled prior to sending the patient home by confirming the Magnet Response is programmed to Store EGM. If the feature is inadvertently left in the Inhibit Therapy setting, the patient could potentially disable tachyarrhythmia detection and therapy.

Magnet Response set to Inhibit Therapy. Once the Patient Triggered Monitor feature has been triggered by the magnet and an EGM has been stored, or after 60 days have elapsed from the day that Store EGM was enabled, the Magnet Response programming automatically will be set to Inhibit Therapy. When this happens, the patient should not apply the magnet because tachyarrhythmia therapy could be inhibited.

#### **PRECAUTIONS**

#### **Clinical Considerations**

Pacemaker-mediated tachycardia (PMT). Programming minimum PVARP less than retrograde V-A conduction may increase the likelihood of a PMT.

#### Sterilization and Storage

with and/or lead aging is wet, penerator and/or If package is damaged. The blister trays and contents are sterilized with ethylene oxide gas before final packaging. When the pulse generator and/or lead is received, it is sterile provided the container is intact. If the packaging is wet, punctured, opened, or otherwise damaged, return the pulse generator and/or lead to Boston Scientific.

- Storage temperature and equilibration. Recommended storage temperatures are 0°C-50°C (32°F-122°F). Allow the device to reach a proper temperature before using telemetry communication capabilities, programming or implanting the device because temperature extremes may affect initial device function.
- Device storage. Store the pulse generator in a clean area away from magnets, kits containing magnets, and sources of EMI to avoid device damage.
- Use by date. Implant the pulse generator and/or lead before or on the USE BY date on the package label because this date reflects a validated shelf life. For example, if the date is January 1, do not implant on or after January 2.

### Implantation

- Expected benefits. Determine whether the expected device benefits provided by programmable options outweigh the possibility of more rapid battery depletion.
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  Implantation of

  Ing guidelines that Evaluate patient for surgery. There may be additional factors regarding the patient's overall health and medical condition that, while not related to device function or purpose, could render the patient a poor candidate for implantation of this system. Cardiac health advocacy groups may have published guidelines that dolar version is sky may be helpful in conducting this evaluation.

- Lead compatibility. Prior to implantation, confirm the lead-to-pulse generator compatibility. Using incompatible leads and pulse generators can damage the connector and/or result in potential adverse consequences, such as undersensing of cardiac activity or failure to deliver necessary therapy.
- Telemetry wand. Make sure a sterile telemetry wand is available should loss of ZIP telemetry occur. Verify that the wand can easily be connected to the programmer and is within reach of the pulse generator.
- Line-powered equipment. Exercise extreme caution if testing leads using line-powered equipment because leakage current exceeding 10 µA can induce ventricular fibrillation. Ensure that any line-powered equipment is within specifications.
- Replacement device. Implanting a replacement device in a subcutaneous pocket that previously housed a larger device may result in pocket air entrapment, migration, erosion, or insufficient grounding between the device and tissue. Irrigating the pocket with sterile saline solution decreases the possibility of pocket une lead terminal connector damage. air entrapment and insufficient grounding. Suturing the device in place reduces the possibility of migration and erosion.
- Do not bend the lead near the lead-header interface. Insert the lead terminal straight into the lead port. Do not bend the lead near the lead-header interface. Improper insertion can cause insulation or connector damage.

- Absence of a lead. The absence of a lead or plug in a lead port may affect device performance. If a lead is not used, be sure to properly insert a plug in the unused port, and then tighten the setscrew onto the plug.
- Electrode connections. Do not insert a lead into the pulse generator connector without taking the following precautions to ensure proper lead insertion:
  - Insert the torque wrench into the preslit depression of the seal plug before inserting the lead into the port, to release any trapped fluid or air.
  - Visually verify that the setscrew is sufficiently retracted to allow insertion. Use the torque wrench to loosen the setscrew if necessary.
  - Fully insert each lead into its lead port and then tighten the setscrew onto the terminal pin.
- plant generator somewhere ead impedance of replaced. Defibrillation lead impedance. If total shocking lead impedance during implant is less than 20  $\Omega$ , verify the proximal coil is not in contact with the pulse generator ... the system. If repeated measurements show the total shocking lead impersion less than 20  $\Omega$ , the lead and/or pulse generator may need to be replaced. surface. A measurement of less than 20  $\Omega$  is an indication of a short somewhere in the system. If repeated measurements show the total shocking lead impedance dolar version ska

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- Shunting energy. Do not allow any object that is electrically conductive to come into contact with the lead or device during induction because it may shunt energy, resulting in less energy getting to the patient, and may damage the implanted system.
- Do not suture directly over lead. Do not suture directly over the lead body, as this may cause structural damage. Use the suture sleeve to secure the lead proximal to the venous entry site to prevent lead movement.

#### **Device Programming**

- Device communication. Use only the designated PRM and software application to communicate with this pulse generator.
- STAT PACE settings. When a pulse generator is programmed to STAT PACE settings, it will continue to pace at the high-energy STAT PACE values if it is not reprogrammed. The use of STAT PACE parameters will likely decrease device longevity.
- **Biventricular pacing therapy.** This device is intended to provide biventricular or left ventricular pacing therapy. Programming the device to provide RV-only pacing is not intended for the treatment of heart failure. The clinical effects of RV-only pacing for the treatment of heart failure have not been established.

- Pacing and sensing margins. Consider lead maturation in your choice of pacing amplitude, pacing pulse width, and sensitivity settings.
  - An acute pacing threshold greater than 1.5 V or a chronic pacing threshold greater than 3 V can result in loss of capture because thresholds may increase over time.
  - An R-wave amplitude less than 5 mV or a P-wave amplitude less than 2 mV can result in undersensing because the sensed amplitude may decrease after implantation.
  - Pacing lead impedance should be greater than the programmed Low Impedance Limit and less than 2000  $\Omega$ .
- Proper programming of the lead configuration. If the Lead Configuration is programmed to Bipolar when a unipolar lead is implanted, pacing will not occur.
- Proper programming of the shock vector. If the shock vector is programmed to RVcoil>>RAcoil and the lead does not have an RA coil, shocking will not occur.
- ... entricular pacing, the programmed use patient's intrinsic PR interval. Programming for supraventricular tachyarrhythmias (SVTs). Determine if the device and programmable options are appropriate for patients with SVTs because SVTs can initiate unwanted device therapy.
- AV Delay. To ensure a high percentage of biventricular pacing, the programmed AV Delay setting must be less than the patient's intrinsic PR interval.

- Adaptive-rate pacing. Rate adaptive pacing should be used with care in patients who are unable to tolerate increased pacing rates.
- Ventricular refractory periods (VRPs) in adaptive-rate pacing. Adaptive-rate pacing is not limited by refractory periods. A long refractory period programmed in combination with a high MSR can result in asynchronous pacing during refractory periods since the combination can cause a very small sensing window or none at all. Use dynamic AV Delay or dynamic PVARP to optimize sensing windows. If you are entering a fixed AV delay, consider the sensing outcomes.
- Atrial Tachy Response (ATR). ATR should be programmed to On if the patient has a history of atrial tachyarrhythmias. The delivery of CRT is compromised because AV synchrony is disrupted if the ATR mode switch occurs.
- Threshold test. During the LV threshold test, RV backup pacing is unavailable.
- Left ventricular pacing only. The clinical effect of LV pacing alone for heart failure patients has not been studied.
- "ent "sed

  "s unavailable.
  "g alone for heart

  "ver change the shock

  "a anodes and cathodes in the
  "e Polarity feature. Device damage
  "eratively may result if the polarity Shock waveform polarity. For IS-1/DF-1 leads, never change the shock waveform polarity by physically switching the lead anodes and cathodes in the pulse generator header—use the programmable Polarity feature. Device damage or nonconversion of the arrhythmia post-operatively may result if the polarity is switched physically.

- Tachy Mode to Off. To prevent inappropriate shocks, ensure that the pulse generator's Tachy Mode is programmed to Off when not in use and before handling the device. For tachyarrhythmia detection and therapy, verify that the Tachy Mode is programmed to Monitor +Therapy.
- Atrial oversensing. Take care to ensure that artifacts from the ventricles are not present on the atrial channel, or atrial oversensing may result. If ventricular artifacts are present in the atrial channel, the atrial lead may need to be repositioned to minimize its interaction.
- ATR entry count. Exercise care when programming the Entry Count to low values in conjunction with a short ATR Duration. This combination allows mode switching with very few fast atrial beats. For example, if the Entry Count was programmed to 2 and the ATR Duration to 0, ATR mode switching could occur on 2 fast atrial intervals. In these instances, a short series of premature atrial events could cause the device to mode switch.
- ATR exit count. Exercise care when programming the Exit Count to low values. For example, if the Exit Count was programmed to 2, a few cycles of atrial undersensing could cause termination of mode switching.

- Proper programming without an atrial lead. If an atrial lead is not implanted (port is plugged instead), or an atrial lead is abandoned but remains connected to the header, device programming should be consistent with the number and type of leads actually in use.
- Left ventricular lead configuration. Proper programming of the LV coronary venous lead configuration is essential for proper LV lead function. Program the lead configuration in accordance with the number of electrodes on the LV lead; otherwise, erratic LV sensing, loss of LV pacing, or ineffective LV pacing might occur.
- Left Ventricular Protection Period (LVPP). Use of a long LVPP reduces the maximum LV pacing rate and may inhibit CRT at higher pacing rates.
- Jyed detection
  e lowest value
  signals.

  Jiss should be advised to
  coming from their device. Sensing adjustment. Following any sensing range adjustment or any modification of the sensing lead, always verify appropriate sensing. Programming Sensitivity to the highest value (lowest sensitivity) may result in delayed detection or undersensing of cardiac activity. Likewise, programming to the lowest value (highest sensitivity) may result in oversensing of non-cardiac signals.
- Patients hear tones coming from their devices. Patients should be advised to contact their physician immediately if they hear tones coming from their device.

- Patient use of patient triggered monitor. Determine if the patient is capable of activating this feature prior to being given the magnet and prior to enabling Patient Triggered Monitor. Remind the patient to avoid strong magnetic fields so the
- ratient initiate stored EGM. Consider ha at the time Patient Triggered Monitor is ena and feature validation. Verify the activation Logbook screen.

  Environmental and Medical Therapy Hazards

  Avoid electromagnetic interference

  EMI because EMI may cause Patient initiate stored EGM. Consider having the patient initiate a stored EGM at the time Patient Triggered Monitor is enabled to assist with patient education and feature validation. Verify the activation of the feature on the Arrhythmia

 Avoid electromagnetic interference (EMI). Advise patients to avoid sources of EMI because EMI may cause the pulse generator to deliver. EMI because EMI may cause the pulse generator to deliver inappropriate therapy

Moving away from the source of the EMI or turning off the source usually allows the pulse generator to return to normal operation.

Examples of potential EMI sources are:

- Electrical power sources, arc welding or resistance welding equipment, and robotic jacks

  High voltage power distribution lines High voltage power distribution lines

- Electrical smelting furnaces

  Large RF transmitters such

  'adio transmitter' Radio transmitters, including those used to control toys
- Electronic surveillance (antitheft) devices
- An alternator on a car that is running
- Medical treatments and diagnostic tests in which an electrical current is passed through the body, such as TENS, electrocautery, nerve conduction studies electrolysis/thermolysis, electrodiagnostic testing, electromyography, or
- Any externally applied device that uses an automatic lead detection alarm system (e.g., an EKG machine)
- aboston Scientific
  uirements and other
  a full text Declaration
  ation on the back cover.

  cyverify national data privacy Radio and Telecommunications Terminal Equipment (RTTE). Boston Scientific declares that this device is in compliance with the essential requirements and other relevant provisions of the current RTTE directive. To obtain a full text Declaration of Conformity, contact Boston Scientific using the information on the back cover.

NOTE: As with other telecommunications equipment, verify national data privacy

#### **Hospital and Medical Environments**

- Conducted electrical current. Any medical equipment, treatment, therapy, or diagnostic test that introduces electrical current into the patient has the potential to interfere with pulse generator function.
  - External patient monitors (e.g., respiratory monitors, surface ECG monitors, hemodynamic monitors) may interfere with the pulse generator's impedance-based diagnostics (e.g., shock lead impedance measurements).
  - Jysis,
    Jon studies)
    In the device to
    device performance
    generator function
    age 27).

    Illation paddles or catheters
    In the leads because the leads
    In the patient and damage to the Medical therapies, treatments, and diagnostic tests that use conducted electrical current (e.g., TENS, electrocautery, electrolysis/thermolysis, electrodiagnostic testing, electromyography, or nerve conduction studies) may interfere with or damage the pulse generator. Program the device to Electrocautery Mode prior to the treatment, and monitor device performance during the treatment. After the treatment, verify pulse generator function ("Post-Therapy Pulse Generator Follow Up" on page 27).
- Internal defibrillation. Do not use internal defibrillation paddles or catheters unless the pulse generator is disconnected from the leads because the leads may shunt energy. This could result in injury to the patient and damage to the implanted system.

External defibrillation. It can take up to 15 seconds for sensing to recover after an external shock is delivered. In non-emergency situations, for pacemaker dependent patients, consider programming the pulse generator to an asynchronous pacing mode prior to performing external cardioversion or defibrillation.

External defibrillation or cardioversion can damage the pulse generator. To help prevent damage to the pulse generator, consider the following:

- Avoid placing a pad (or paddle) directly over the pulse generator. Position the pads (or paddles) as far from the pulse generator as possible.
- Hoatell Nels and Nels Position the pads (or paddles) in a posterior-anterior orientation when the device is implanted in the right pectoral region or an anterior-apex orientation when the device is implanted in the left pectoral region.
- Set energy output of external defibrillation equipment as low as clinically acceptable.

Following external cardioversion or defibrillation, verify pulse generator function dording to be sold to ("Post-Therapy Pulse Generator Follow Up" on page 27).

- Lithotripsy. Extracorporeal shock wave lithotripsy (ESWL) may cause electromagnetic interference with or damage to the pulse generator. If ESWL is medically necessary, consider the following to minimize the potential for encountering interaction:
  - Focus the ESWL beam at least 15 cm (6 in) away from the pulse generator.
  - Depending on the pacing needs of the patient, program the Brady Mode to Off or a non-rate-responsive VVI mode.
  - Program the Tachy mode to Off to prevent inappropriate shocks.
- Ultrasound energy. Therapeutic ultrasound (e.g., lithotripsy) energy may damage the pulse generator. If therapeutic ultrasound energy must be used, avoid focusing near the pulse generator site. Diagnostic ultrasound (e.g., echocardiography) is not known to be harmful to the pulse generator.
- Electrical interference. Electrical interference or "noise" from devices such as electrocautery and monitoring equipment may interfere with establishing or another. If telemetry is success, and succes maintaining telemetry for interrogating or programming the device. In the presence of such interference, move the programmer away from electrical devices, and ensure that the wand cord and cables are not crossing one another. If telemetry is cancelled as a result of interference, the device should be re-interrogated prior to evaluating information from pulse generator memory.

- Radio frequency (RF) interference. RF signals from devices that operate at frequencies near that of the pulse generator may interrupt ZIP telemetry while interrogating or programming the pulse generator. This RF interference can be reduced by increasing the distance between the interfering device and the PRM and pulse generator. Examples of devices that may cause interference include:
  - Cordless phone handsets or base stations
  - Certain patient monitoring systems
- Ler and properly pulse generator urbances caused the pulse generator. Central line guidewire insertion. Use caution when inserting guidewires for placement of other types of central venous catheter systems such as PIC lines or Hickman catheters in locations where pulse generator leads may be encountered. Insertion of such guidewires into veins containing leads could result in the leads being damaged or dislodged.

#### Home and Occupational Environments

Home appliances. Home appliances that are in good working order and properly grounded do not usually produce enough EMI to interfere with pulse generator operation. There have been reports of pulse generator disturbances caused by electric hand tools or electric razors used directly over the pulse generator implant site.

- Magnetic fields. Advise patients that extended exposure to strong (greater than 10 gauss or 1 mTesla) magnetic fields may trigger the magnet feature. Examples of magnetic sources include:
  - Industrial transformers and motors
  - MRI scanners
  - Large stereo speakers
  - Telephone receivers if held within 1.27 cm (0.5 inches) of the pulse generator
  - Magnetic wands such as those used for airport security and in the Bingo game
- Electronic Article Surveillance (EAS). Advise patients to avoid lingering near antitheff devices such as those formal in the content of antitheft devices such as those found in the entrances and exits of department stores and public libraries. Patients should walk through them at a normal pace because such devices may cause inappropriate pulse generator operation.
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  us of department
  am at a normal pace
  anerator operation.

  uones to the ear opposite the
  u carry a cellular phone that is
  un 15 cm (6 inches) of the implanted
  ause the pulse generator to deliver
  uate therapy. Cellular phones. Advise patients to hold cellular phones to the ear opposite the side of the implanted device. Patients should not carry a cellular phone that is turned on in a breast pocket or on a belt within 15 cm (6 inches) of the implanted device since some cellular phones may cause the pulse generator to deliver inappropriate therapy or inhibit appropriate therapy.

#### Follow-up Testing

- Conversion testing. Successful VF or VT conversion during arrhythmia conversion testing is no assurance that conversion will occur post-operatively. Be aware that changes in the patient's condition, drug regimen, and other factors may change the DFT, which may result in nonconversion of the arrhythmia post-operatively.
- Pacing threshold testing. If the patient's condition or drug regimen has changed or device parameters have been reprogrammed, consider performing a pacing threshold test to confirm adequate margins for pace capture.
- . to
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  .sociated
  .ntries may not

  .k cover, for fielp in
  .destination country, Follow-up considerations for patients leaving the country. Pulse generator follow-up considerations should be made in advance for patients who plan to travel or relocate post-implant to a country other than the country in which their device was implanted. Regulatory approval status for devices and associated programmer software configurations varies by country; certain countries may not have approval or capability to follow specific products.

Contact Boston Scientific, using the information on the back cover, for help in determining feasibility of device follow-up in the patient's destination country.

- Explant and Disposal

  Incineration, Po Incineration. Be sure that the pulse generator is removed before cremation. Cremation and incineration temperatures might cause the pulse generator to explode.
- Device handling. Before explanting, cleaning, or shipping the device, complete the following actions to prevent unwanted shocks, overwriting of important therapy history data, and audible tones:
  - Program the pulse generator Tachy and Brady Modes to Off
  - Program the Magnet Response feature to Off.
  - Program the Beep When Explant is Indicated feature to Off.
  - Program the Beep When Out-of-Range feature to Off

Clean and disinfect the device using standard biohazard handling techniques

#### SUPPLEMENTAL PRECAUTIONARY INFORMATION

#### Post-Therapy Pulse Generator Follow Up

Following any surgery or medical procedure with the potential to affect pulse generator function, you should perform a thorough follow-up, which may include the following:

Interrogating the pulse generator with a programmer

27

- Reviewing clinical events and fault codes
  Reviewing the Arrhythmia Logbook. in
  Reviewing real-time EGMesting the lend Reviewing clinical events and fault codes

  Reviewing the Arrhythmia Logbook, including stored electrograms (EGMs)
- Testing the leads (threshold, amplitude, and impedance)
- Performing a manual capacitor re-formation
   Verifying to the
- Verifying battery status
- Programming any permanent brady parameter to a new value and then reprogramming it back to the desired value
- Saving all patient data

   Verifying the appropriate final programming prior to allowing the patient to leave the clinic Programming the the desired value

  Saving all

  - Judicilian dia serie Elavity of Lie Kinghana. Nie likywać.

#### Transcutaneous Electrical Nerve Stimulation (TENS)

CAUTION: TENS involves passing electrical current through the body, and may interfere with pulse generator function. If TENS is medically necessary, evaluate the TENS therapy settings for compatibility with the pulse generator. The following guidelines may reduce the likelihood of interaction:

- Place the TENS electrodes as close together and as far away from the pulse generator and leads as possible.
  - Use the lowest clinically-appropriate TENS energy output.

- Additional steps can be taken to help reduce interference during in-clinic use of TENS:

  If interference is suspected during in-clinic use, turn off the TENS:

  Do not change TENO that the new settings

  al setting (at-home use), provide

  descriptions unless instructed to do s.

  29 Do not change TENS settings until you have verified that the new settings do not interfere with pulse generator function.

If TENS is medically necessary outside the clinical setting (at-home use), provide patients with the following instructions:

Do not change the TENS settings or electrode positions unless instructed to do so.

- End each TENS session by turning off the unit before removing the electrodes.
- If the patient receives a shock during TENS use, or if they experience symptoms of lightheadedness, dizziness, or loss of consciousness, they should turn off the TENS unit and contact their physician.

Follow these steps to use the PRM to evaluate pulse generator function during TENS use:

- Program the pulse generator Tachy Mode to Monitor Only
- Observe real-time EGMs at prescribed TENS output settings, noting when appropriate sensing or interference occurs.

NOTE: Patient triggered monitoring may be used as an additional method to confirm device function during TENS use.

When finished, turn off the TENS unit and reprogram the Tachy Mode to Monitor +

("Post-Therapy Pulse Generator Follow Up" on page 27).

For additional information, contact Boston Scientific using the information on the back cover.

30 following TENS, to ensure that device function has not been compromised

#### Electrocautery and Radio Frequency (RF) Ablation

CAUTION: Electrocautery and RF ablation may induce ventricular arrhythmias and/or fibrillation, and may cause asynchronous pacing, inhibition of pacing, inappropriate shocks, and/or a reduction in pulse generator pacing output possibly leading to loss of capture. RF ablation may also cause ventricular pacing up to the MTR and/or changes in pacing thresholds. Additionally, exercise caution when performing any other type of cardiac ablation procedure in patients with implanted devices.

minimize risk to the patient and device: If electrocautery or RF ablation is medically necessary, observe the following to

- Depending on the pacing needs of the patient, program the Tachy Mode to Electrocautery Protection Mode or Off.
- Have temporary pacing and external defibrillation equipment available.
- Avoid direct contact between the electrocautery equipment or ablation catheters and the pulse generator and leads. RF ablation close to the lead electrode may damage the lead-tissue interface.
- damage the lead-tissue interface.

  Keep the path of the electrical current as far away as possible from the pulse generator and leads.

  31

- If RF ablation and/or electrocautery is performed on tissue near the device or leads, monitor pre- and post-measurements for sensing and pacing thresholds and impedances to determine the integrity and stability of the system.
- For electrocautery, use a bipolar electrocautery system where possible and use short, intermittent, and irregular bursts at the lowest feasible energy levels.
- RF ablation equipment may cause telemetry interference between the pulse generator and PRM. If device programming changes are necessary during an RF ablation procedure, turn off the RF ablation equipment before interrogation.

Jidatest verse, versic et When the procedure is finished, cancel the Electrocautery Protection Mode or program \* Folgelder 1/2. Tachy Mode to Monitor + Therapy in order to reactivate the previously programmed Fioraldrad Version Jistalala verze. Webolizina. Tond Extoon. Astalialid vertio Athana. Nie litywat. Judicit version in the property of the process of t

Ionizing Radiation

CAUTION: It is not possible to specify a safe radiation dosage or guarantee proper pulse generator function following exposure to instring radiation. Multiple factors pulse generator function following exposure to ionizing radiation. Multiple factors collectively determine the impact of radiation therapy on an implanted pulse generator, argy
are pulse
adiation will
a changes in

a impact on an implanted
capable of interfering with
ase used for the treatment
ators, radioactive seeds, and

ament, the patient's radiation oncologist
ald consider all patient management options,
a replacement. Other considerations include:

aulse generator within the treatment field

ate level of patient monitoring during treatment including proximity of the pulse generator to the radiation beam, type and energy level of the radiation beam, dose rate, total dose delivered over the life of the pulse generator, and shielding of the pulse generator. The impact of ionizing radiation will also vary from one pulse generator to another and may range from no changes in function to a loss of pacing and defibrillation therapy.

Sources of ionizing radiation vary significantly in their potential impact on an implanted pulse generator. Several therapeutic radiation sources are capable of interfering with or damaging an implanted pulse generator, including those used for the treatment of cancer, such as radioactive cobalt, linear accelerators, radioactive seeds, and betatrons.

Prior to a course of therapeutic radiation treatment, the patient's radiation oncologist and cardiologist or electrophysiologist should consider all patient management options, including increased follow-up and device replacement. Other considerations include:

- Maximizing shielding of the pulse generator within the treatment field
- Determining the appropriate level of patient monitoring during treatment

Evaluate pulse generator operation during and following the course of radiation treatment to exercise as much device functionality as possible ("Post-Therapy Pulse Generator Follow Up" on page 27). The extent, timing, and frequency of this evaluation relative to the radiation therapy regimen are dependent upon current patient health, and therefore should be determined by the attending cardiologist or electrophysiologist.

Many pulse generator diagnostics are performed automatically once per hour, so pulse d a standardized
a hyperbaric oxygen
affic developed a test
a to elevated atmospheric
ag should not be viewed as and is generator evaluation should not be concluded until pulse generator diagnostics have been updated and reviewed (at least one hour after radiation exposure). The effects of radiation exposure on the implanted pulse generator may remain undetected until some time following exposure. For this reason, continue to monitor pulse generator function closely and use caution when programming a feature in the weeks or months following radiation therapy.

### **Elevated Pressures**

The International Standards Organization (ISO) has not approved a standardized pressure test for implantable pulse generators that experience hyperbaric oxygen therapy (HBOT) or SCUBA diving. However, Boston Scientific developed a test protocol to evaluate device performance upon exposure to elevated atmospheric pressures. The following summary of pressure testing should not be viewed as and is not an endorsement of HBOT or SCUBA diving.

CAUTION: Elevated pressures due to HBOT or SCUBA diving may damage the pulse generator. During laboratory testing, all pulse generators in the test sample functioned as designed when exposed to more than 1000 cycles at a pressure up to 5.0 ATA. Laboratory testing did not characterize the impact of elevated pressure on pulse generator performance or physiological response while implanted in a human body.

Pressure for each test cycle began at ambient/room pressure, increased to a high pressure level, and then returned to ambient pressure. Although dwell time (the amount of time under elevated pressure) may have an impact on human physiology, testing indicated it did not impact pulse generator performance. Pressure value equivalencies are provided below (Table 1 on page 35).

Table 1. Pressure Value Equivalencies

Pressu	re value equivalencies	0, x. 10°
Atmospheres Absolute	5.0 ATA	7 10 10
Sea water depth <sup>a</sup>	40 m (130 ft)	
Pressure, absolute	72.8 psia	0 12 10 C
Pressure, gauge <sup>b</sup>	58.8 psig	Sall Ministration Man
Pressure, gauge	ala versioni astavaria eri	Sakillalla.
10 10 00 x	ala versioni ala versioni astarana eri	75/185
10, 63,96	12 (8) 1	10. Kr. 4
10,81	3/0 78, 18,	40100.
(0) S/S		0. 1191.
123	31, 31, 61	ake a
1/10	" Storill John	So
1	3, 70, 91	
	(6)	
	, No	
	*	

Table 1. Pressure Value Equivalencies (continued)

Pressure value equivalencies			
Bar Color	5.0		
kPa Absolute	500		

- All pressures were derived assuming sea water density of 1030 kg/m<sup>3</sup>.
- Pressure as read on a gauge or dial (psia = psig + 14.7 psi).

Prior to SCUBA diving or starting an HBOT program, the patient's attending cardiologist or electrophysiologist should be consulted to fully understand the potential consequences relative to the patient's specific health condition. A Dive Medicine Specialist may also be consulted prior to SCUBA diving.

More frequent device follow-up may be warranted in conjunction with HBOT or SCUBA diving. Evaluate pulse generator operation following high pressure exposure ("Post-Therapy Pulse Generator Follow Up" on page 27). The extent, timing, and If you have additional questions, or would like more detail regarding the test protocol or test results specific to HBOT or SCUBA diving, contact Boston Scientific using the information on the back cover.

36 frequency of this evaluation relative to the high pressure exposure are dependent upon current patient health, and should be determined by the attending cardiologist or electrophysiologist.

# POTENTIAL ADVERSE EVENTS

Based on the literature and on pulse generator implant experience, the following list includes the possible adverse events associated with implantation of a pulse generator and/or lead system:

Hao Jillite.

- Air embolism
- Allergic reaction
- Bleeding
- Cardiac tamponade
- Chronic nerve damage
- Component failure
- Conductor coil fracture

- Jidajekt Nelejon, certice of the state of th JUdien versia nie aktualna. Niest in ni Excessive fibrotic tissue growth
  Extracardiac stimulation (muscle/nerve stimulation)
  Failure to convert an induced arrhythmia
  Fluid accumulation

- Foreign body rejection phenomena
- Formation of hematomas or seromas
- Heart block
- Inability to defibrillate or pace
- Inappropriate therapy (e.g., shocks and antitachycardia pacing [ATP] where applicable, pacing)
  - Incisional pain
- Incomplete lead connection with pulse generator
- Infection including endocarditis
- Insulating myocardium during defibrillation with internal or external paddles Jidatert version, skalikke vitukës.

  Jidatert version, skalikke vitualia. Nivać.

  Lilaviti vertio kulalna. Nie litywać.

  Lilaviti sia nie aktualna. Nie litywać.
- Lead dislodgment

- ....or breakage
  ....ocardial infarction (MI)
  Myocardial necrosis
  Myocardial trauma (e.g., tissue damage, valve damage)

- Myopotential sensing
  Oversensing/underse
  Pacemaker-reference Pacemaker-mediated tachycardia (PMT)
- Pericardial rub, effusion
- Pneumothorax
- Pulse generator migration
- Pulse generator migration
  Shunting current during defibrillation with internal or external paddles
- Tachyarrhythmias, which include acceleration of arrhythmias and early, recurrent atrial fibrillation
- Thrombosis/thromboemboli
- Valve damage
- Venous occlusion
- Venous trauma (e.g., perforation, dissection, erosion)
  Worsening heart failure
- Worsening heart failure

Worsening heart failure

Patients may develop psychological intolerance to a pulse generator system and may experience the following:

Dependency
Depression
Fear of premature battery depletion

39

- Fear of shocking while conscious
- Fear that shocking capability may be lost
- Imagined shocking
- Fear of device malfunction

In addition to the implantation of a pulse generator system, potential adverse events associated with the implantation of a pulse generator system, potential adverse events associated with the implantation of a coronary venous lead system include:

- Allergic reaction to contrast media
- Breakage/failure of implant instruments
- Prolonged exposure to fluoroscopic radiation
- Renal failure from contrast media used to visualize coronary veins

# MECHANICAL SPECIFICATIONS

Jida et versionie akualna. Nie li versia nie akualna. Nie li versia nie akualna. Nie li versia nie akualna. All models have a mass of 72.0 g and a case electrode surface area of 6670 mm<sup>2</sup>. Usable battery capacity is 2.0 Ah and residual usable battery capacity at Explant is And die in the interest of the To e Aliste Aliste laying Ekgodi 0.16 Ah. Mechanical specifications specific to each model are listed below. Forældet Version

Table 2. Mechanical Specifications

		.(/)	
Mode	Dimensions W x H x D	Volume (cm <sup>3</sup> )	Connector Type
P106	6.17 x 7.95 x 0.99	32.5	RA: IS-1, RV: IS-1/DF-1, LV: LV-1
P107	6.17 x 7.95 x 0.99	32,5	RA: IS-1, RV: IS-1/DF-1, LV: IS-1
708 Cilo 06 P108	6.17 x 7.70 x 0.99	32,0	RA: IS-1, RV: DF4-LLHH, LV: IS-1
Models inclu	de ZIP telemetry operating with a	transmit frequency	of 869,85 MHz.
The ZIP tele	metry is a Class 2 receiver and o	perates with a Clas	s 4 duty cycle <sup>4</sup> .
Material spe	cifications are shown below:	7000	11.000
Case:	hermetically sealed titanium	<i>b</i> 1. ∨0.	

Material specifications are shown below:

• Case; hermetical:

- Case: hermetically sealed titanium

  Header: implantation-grade polymer

  Power Supply: lithium-manganese dioxide cell; Boston Scientific; 401988

  In accordance with EN 300 220-1 v2.1,1:2006.

<sup>4.</sup> In accordance with EN 300 220-1 v2.1.1:2006

ITEMS INCLUDED IN PACKAGE

The following items are included

One torque

ITEMS INCLUDED IN PACKAGE

The following items are included with the pulse generator:

One torque wrench
Product literature

VOTE: Accessories Accesso NOTE: Accessories (e.g., wrenches) are intended for one-time use only. They should SYMBOLS ON PACKAGING
The following

6	SYMBOLS ON PACKAGING	10 10., 19p		
outdated	The following symbols may be used on packaging and labeling (Table 3 on page 42):			
1,10,0	Table 3. Symbols on packaging			
0, 36,	Symbol	Description		
outdie of	REF 10 de estimation	Reference number		
70	Congress of the congress of th	Package contents  Package contents		
	42 FORMIC TO OF TOTAL TO THE TOTAL T	or Aeria Lie Vila Lie		
	7613181019	reis, ett. Folls.		
	125020	analeticakina		
	123510	ult die		
		lets,		

ot use, user.	
Table 3. Symbols on packaging (continued)	?.*
Symbol	Description
D. Hick Parilly Hilly	Pulse generator
Tol Works to to Toll it do	Torque wrench
Olitalision Swood Solitalision Alliand Swood Sol	Literature enclosed
OUL SION SNOS SON IST THE	Serial number
	Use by
10, 10, 10, 10, 10, 10, 10, 10, 10, 10,	Lot number  Date of manufacture
7/4D, 7(0, 20, ·0), ·(0)	Date of manufacture
Fioland State of Stat	Date of manufacture
1818 1810 19 181	, el, 76 ° 9.
	97,10.113
133 6316 (31)	John Miles
	50
110)	

	·C.	
	of use used	•
	Table 3. Symbols on packaging (continued)	
	Symbol Symbols on packaging (continued)	Description
		Non-ionizing electromagnetic radiation
	STERILE EO	Sterilized using ethylene oxide
outdated.	Strength Co.	Do not resterilize
Outdation	* Sopole of Sole Sign. Mr.	Do not reuse
Olitorio	ON SOUNT SION NO	Do not use if package is damaged
70	Figiolider of Lociliais	Dangerous voltage  All
•	44 Fioraldie and the state of t	Jersjanie aktualna. Nie july nie zersjanie aktualna. Nie janie aktualna. Nie july nie zersjanie aktualna. Nie janie july nie zersjanie aktualna.
	44 Fight Cool of the Cool of t	s. signifia. Har Tile
	7000000	10.12/10
	125 20	ario arther kine
	1400 48	in the second
	1000	
		(6)

—— nee engen.	
Table 3. Symbols on packaging (continued)	
Table 3. Symbols on packaging (continued)  Symbol	Description
Di Hick Parilila Hill	Consult instructions for use
isto and the state of the state	Temperature limitation
C€0086 et along the print	CE mark of conformity with the identification of the notified body authorizing use of the mark
Ontigo of the relation of the	RTTE designation for radio equipment with a use restriction
7 1618 ET 618 78 CU: "S.	Wand placement indicator for interrogation
Teioraldier obsuers la	Signification as Tight of the Signification of the
Lioralida o ott vertilla verti	- Jerli He Ma.
1.2516218161	Jerlio King
1251011	Gia nie

Table 3. Symbols on packaging (continued)

	, , , , , ,	,	1/21
	Symbol	De	escription
	Joh. Hick ballill	Ø <sub>I</sub>	pening instruction
	EC REP		uthorized Representative in the uropean Community
18/60	· Meson starta	M;	anufacturer
Vio ion	CHARACTERISTICS AS SHIPPED	PIN	A Hilling of
	Refer to the table for pulse generator set	tings at shipn	nent (Table 4 on page 46).
7,010	Table 4. Characteristics as shipped	111/7	0 1/2 1/2
70,0	Parameter Se	tting	Me On the
1.4		X (/	

	Zuropean Community
SO STORY	Manufacturer
CHARACTERISTICS AS SHIPPE	De Hilly All 185.
Refer to the table for pulse general Table 4. Characteristics as sh	ator settings at shipment (Table 4 on page 46):  ipped  Setting Storage ATP, Shock
Parameter	Setting
Tachy Mode	Storage
Tachy Therapy available	ATP, Shock
10:43,90	20, 16, 16, 5, 5, 51, 71,
46	18, 10, 10, 10, 10, Tile
46 FORMULE TO	ATP, Shock OF THE ATP
7.05.0	*310 47 20:00 3111
12	St Sie Silve Mine
V	140° 401° " 10° 10°0"
	133 1111 201
	10 6
	~ No.

Table 4. Characteristics as shipped (continued)

Parameter	Setting	
Pacing Mode	Storage	
Pacing Therapy available	DDDR	
Sensor	Accelerometer	
Pace/Sense Configuration	RA: BI/BI	
Pace/Sense Configuration	RV: BI/BI	
Pace/Sense Configuration	LV: Off	
The pulse generator is shipped in a power-saving Storage mode to extend its shelf life. In Storage mode, all features are inactive except:		
Telemetry support, which allows interrogation and programming		
• Real-time clock		
Commanded capacitor re-formation		

• STAT SHOCK and STAT PACE commands

The device leaves Storage mode when one of the following actions occurs; however, programming other parameters will not affect the Storage mode:

47

- STAT SHOCK or STAT PACE is commanded
- Tachy Mode is programmed to:
  - Off
  - Monitor Only
    - Monitor + Therapy

Once you have programmed the pulse generator out of Storage mode, the device cannot be reprogrammed to that mode.

# X-RAY IDENTIFIER

The pulse generator has an identifier that is visible on x-ray film or under fluoroscopy. This identifier provides noninvasive confirmation of the manufacturer and consists of the following:

- The letters, BOS, to identify Boston Scientific as the manufacturer
- The number, 112, to identify the Model 2868 PRM software application needed to communicate with the pulse generator

pectoral simate location and simate location a The x-ray identifier is embedded in the header of the device. For a left side pectoral implant, the identifier will be visible by x-ray or fluorography at the approximate location Jidajert versjon. shown (Figure 1 on page 49).

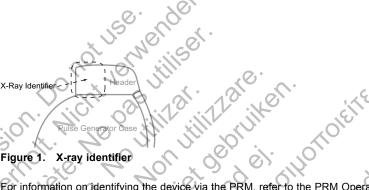


Figure 1. X-ray identifier

For information on identifying the device via the PRM, refer to the PRM Operator's

The pulse generator model number is stored in device memory and is shown on the PRM summary screen once the pulse generator is interrogated.

# PULSE GENERATOR LONGEVITY

PULSE GENERATOR LONGEVITY

Based on simulated studies, it is anticipated that these pulse generators have average longevity to explant as shown below.

49 Asiana Verila de la verage Havill Veillo, Heaktralna. Hills Lithnate. 

The longevity expectations, which account for the energy used during manufacture and storage, apply at the conditions shown in the table along with the following:

- Assumes 70 min<sup>-1</sup> LRL; DDDR mode; 100% biventricular pacing; 15% atrium pacing and 0.4 ms pacing pulse width (RA, RV, LV); RA impedance 500  $\Omega$ ; sensors On.
- Projected longevity is calculated assuming 5 maximum energy charging cycles per year, including automatic capacitor re-forms and therapeutic shocks. For the final year of device service, an additional 4 charging cycles are assumed to account for additional automatic capacitor re-forms as the device approaches the Explant indicator. These calculations also assume 3-channel EGM Onset is set to On, and that the pulse generator spends 6 months in Storage mode during shipping and storage.

Table 5. Pulse generator life expectancy estimation (implant to explant) for HE

models	111/18/11/19/11
S HEY	Models <sup>a</sup> b
Pacing Amplitude	Longevity (years) at 500 Ω and 700 Ω Pacing Impedance (RV and LV)
RA/RV LV	500 Ω 700 Ω
2.5 V 3.0 V	9.7
50 Floring and det	Astarana vertia
125,40	Signalia del sio de la
13	Elavisia

Table 5. Pulse generator life expectancy estimation (implant to explant) for HE models (continued)

HE Modelsa b				
Pacing Amplitude	Longevity (years) at 500 Ω and 700 Ω Pacing Impedance (RV and LV)			
RA/RV LV	500 Ω	700 Ω		
2.5 V 3.5 V	7.3	7.8		
3.5 V 3.5 V	6,5	6.9		
3.5 V 5.0 V	5.4	6.0		

electrical principles and verified via bench testing only.

The pulse generator longevity may increase with a decrease in any of the following:

Pacing rate

51

For RF-enabled models, assumes ZIP wandless telemetry use for 3 hours at implant time and for 40 minutes annually for in-clinic follow-up checks.

Assumes standard use of the LATITUDE Communicator as follows: Daily Device Check on, Weekly Device Alert on, weekly scheduled remote follow ups, and quarterly patient-initiated interrogations.

- Pacing pulse amplitude(s)
  Pacing pulse width(s)
  Percentage of pro
- Charging frequency

Longevity is also reduced in the following circumstances

- pevity is also reduced in the following circumstances:

  With a decrease in pacing impedance

  When Patient Triggered Monitor is programmed to On for 60 days, longevity is reduced by approximately 5 days
- For models with ZIP wandless telemetry, one hour of additional telemetry reduces longevity by approximately 4 days.
- Five patient-initiated LATITUDE Communicator interrogations per week for a year reduces longevity by approximately 14 days
- An additional maximum-energy shock reduces longevity by approximately 11 days.
- atrium acing ae amplitude An additional 6 months in Storage mode prior to implant will reduce longevity by 44 days. Assumes implanted settings of 70 ppm LRL; DDDR mode; 15% atrium pacing; 100% biventricular pacing; 0.4 ms pacing pulse width; 500  $\Omega$  pacing impedance; 2.5V pacing pulse amplitude (RA, RV); 3.0V pacing pulse amplitude Jidajert Version Sk 1. astarala verte.

Device longevity may also be affected by:

- Tolerances of electronic components
- Variations in programmed parameters
- Variations in usage as a result of patient condition

Refer to the PRM Summary and Battery Detail Summary screens for an estimate of pulse generator longevity specific to the implanted device.

# WARRANTY INFORMATION

A limited warranty certificate for the pulse generator is available. For a copy, contact Boston Scientific using the information on the back cover.

### PRODUCT RELIABILITY

It is Boston Scientific's intent to provide implantable devices of high quality and It is Boston Scientific's intent to provide implantable devices of high quality and reliability. However, these devices may exhibit malfunctions that may result in lost or compromised ability to deliver therapy. These malfunctions may include the following:

• Premature battery depletion
• Sensing or pacing issues
• Inability to shock
• Error codes reliability. However, these devices may exhibit malfunctions that may result in lost or

Loss of telemetry

Refer to Boston Scientific's CRM Product Performance Report on www.bostonscientific.com for more information about device performance, including the types and rates of malfunctions that these devices have experienced historically. While historical data may not be predictive of future device performance, such data can provide important context for understanding the overall reliability of these types of products.

Sometimes device malfunctions result in the issuance of product advisories. Boston Scientific determines the need to issue product advisories based on the estimated malfunction rate and the clinical implication of the malfunction. When Boston Scientific communicates product advisory information, the decision whether to replace a device should take into account the risks of the malfunction, the risks of the replacement procedure, and the performance to date of the replacement device.

### PATIENT COUNSELING INFORMATION

The following topics should be discussed with the patient prior to discharge

- Description the patient should contact their physician to have their pulse generator system evaluated if they receive external defibrillation

  Beeping tones—the patient should contact their physician immediately if they hear tones coming from their pulse generator

- Signs and symptoms of infection
- Symptoms that should be reported (e.g., sustained high-rate pacing requiring reprogramming)
- Protected environments—the patient should seek medical guidance before entering areas protected by a warning notice that prevents entry by patients who have a pulse generator
- Avoiding potential sources of EMI in home, work, and medical environments
- Persons administering CPR—the presence of voltage (tingling) on the patient's body surface may be experienced when the pulse generator delivers a shock
- Reliability of their pulse generator ("Product Reliability" on page 53)
- Activity restrictions (if applicable)
- Minimum heart rate (lower rate limit of the pulse generator)
- Frequency of follow up
- Patient ID card—a patient ID card is packaged with the device, and the patient should be advised to carry it at all times

  55 Travel or relocation—Follow-up arrangements should be made in advance if the patient is leaving the country of implant

Patient Handbook

A copy of the Patient Handbook is available for the patient, patient's relatives, and other interested people other interested people.

It is recommended that you discuss the information in the Patient Handbook with concerned individuals both before and after implantation so they are fully familiar with pulse generator operation.

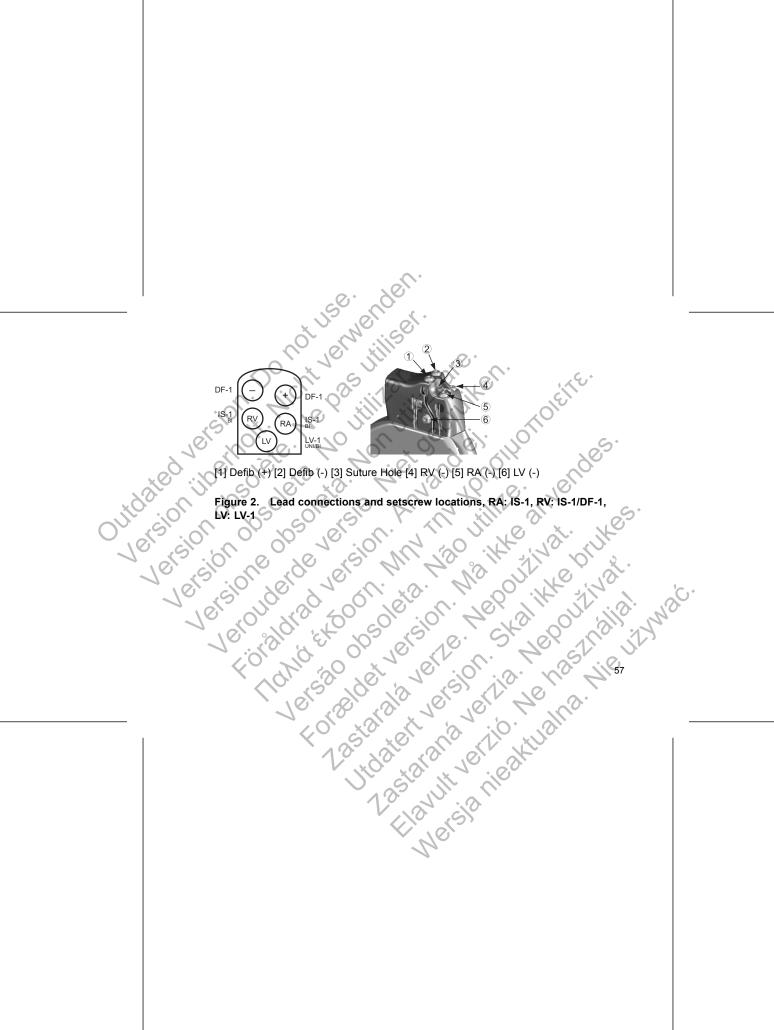
For additional copies, contact Boston Scientific using the information on the back cover.

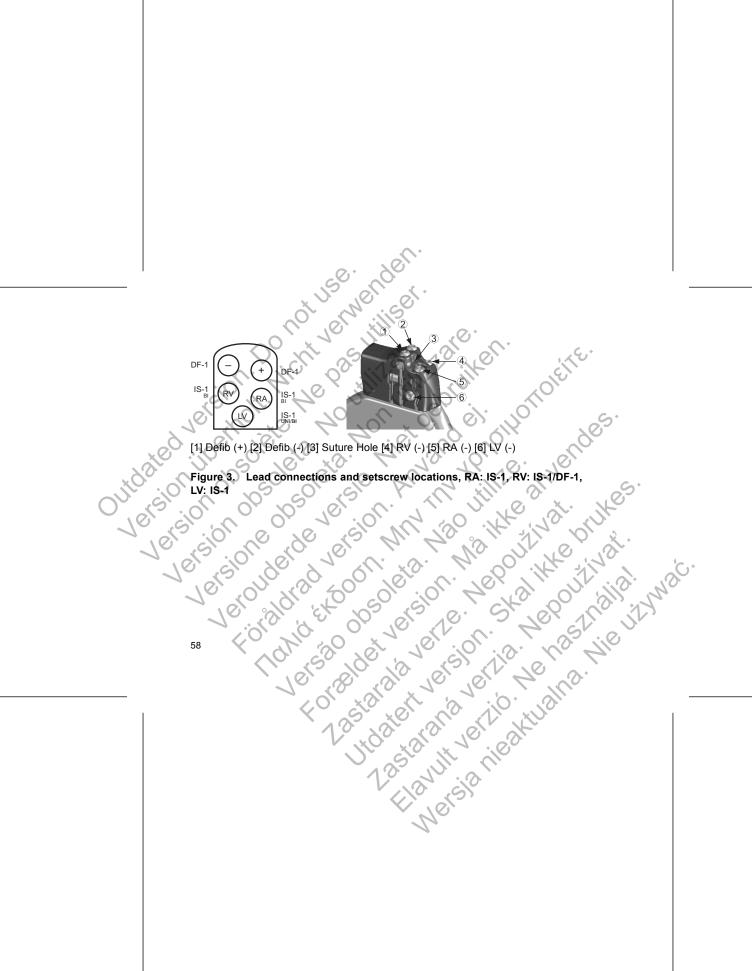
# LEAD CONNECTIONS

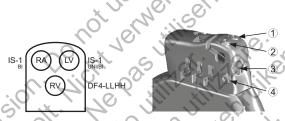
Lead connections are illustrated below.

CAUTION: Prior to implantation, confirm the lead-to-pulse generator compatibility. Using incompatible leads and pulse generators can damage the connector and/or or failure to deliver necessary therapy.

CAUTION: If the Lead Configuration is programmed to Bipolar when a unipolar lead is implanted, pacing will not occur. result in potential adverse consequences, such as undersensing of cardiac activity







[1] RA (-) [2] LV (-) [3] Suture Hole [4] RV (-)

Figure 4. Lead connections and setscrew locations, RA: IS-1, RV: DF4-LLHH, LV: IS-1

NOTE: The pulse generator case is used as a defibrillating electrode unless the pulse generator has been programmed to the Distal Coil to Proximal Coil (or "Cold . Can") Shock Vector.

## IMPLANTING THE PULSE GENERATOR

ence provided.
citing the leads to
se generator before
plantation pocket Implant the pulse generator by performing the following steps in the sequence provided. Some patients may require pacing therapies immediately upon connecting the leads to the pulse generator. In such cases, consider programming the pulse generator before Jidajeit Jersjon: or in parallel with implanting the lead system and forming the implantation pocket. 128 arala verti

Step A: Check Equipment It is recommended that instrumentation for cardiac monitoring, defibrillation, and lead signal measurement should be available during the implant procedure. This includes the PRM system with its related accessories and the software application. Before beginning the implantation procedure, become completely familiar with the operation of all the equipment and the information in the respective operator's and user's manuals. Verify the operational status of all equipment that may be used during the procedure. In case of accidental damage or contamination, the following should be available:

- Sterile duplicates of all implantable items

Sterile duplicates of all implantable items
Sterile wand
Sterile PSA cables
Torque and non-torque wrenches
External defibrillation equipment

During the implantation procedure, a standard transthoracic defibrillator with external code or poddless should be quoisible for use during defibrillation the school texting. Hoatest Alara Vertion Habitalian Machine Market Mercia Inie aktualna. pads or paddles should be available for use during defibrillation threshold testing. Jidatert version skal

# Step B: Interrogate and Check the Pulse Generator

To maintain sterility, test the pulse generator as described below before opening the sterile blister tray. The pulse generator should be at room temperature to ensure accurately measured parameters.

- Interrogate the pulse generator using the PRM. Verify that the pulse generator's Tachy mode is programmed to Storage. If otherwise, contact Boston Scientific using the information on the back cover.
- Perform a manual capacitor re-formation.
- Review the pulse generator's current battery status. Counters should be at zero.

  If the pulse generates better at the content of the pulse generator better. If the pulse generator battery status is not at full capacity, do not implant the pulse generator. Contact Boston Scientific using the information on the back cover.

### Step C: Implant the Lead System

The pulse generator requires a lead system for sensing, pacing, and delivering shocks

Selection of lead configuration and specific surgical procedures is a matter of professional judgment. The following leads are available for use with the pulse generator depending on the device model. Selection of lead configuration and specific surgical procedures is a matter of

- ENDOTAK endocardial cardioversion/defibrillation and pacing lead system
- Ventricular endocardial bipolar lead
- Atrial bipolar lead
- Unipolar or bipolar left ventricular lead
- Superior vena cava lead coupled with a ventricular patch lead

NOTE: If a coronary venous lead cannot be used and the physician's medical judgment indicates that a limited left thoracotomy is justified to place an epicardial lead, the use of either a sutureable, steroid-eluting pace/sense epicardial lead or sutureless epicardial pace/sense lead is recommended.

CAUTION: The absence of a lead or plug in a lead port may affect device performance. If a lead is not used, be sure to properly insert a plug in the unused port. and then tighten the setscrew onto the plug.

and defibrillating, several such as cardiomegaly or substituting CAUTION: Do not suture directly over the lead body, as this may cause structural damage. Use the suture sleeve to secure the lead proximal to the venous entry site to prevent lead movement.

Whichever lead configuration is used for both pacing/sensing and defibrillating, several considerations and cautions should be heeded. Factors such as cardiomegaly or drug therapy may necessitate repositioning of the defibrillating leads or substituting

one lead for another to facilitate arrhythmia conversion. In some instances, no lead configuration may be found that provides reliable arrhythmia termination at energy levels available from the pulse generator. Implantation of the pulse generator is not recommended in these cases.

Implant the leads via the surgical approach chosen.

### Step D: Take Baseline Measurements

Once the leads are implanted, take baseline measurements. Evaluate the lead signals. If performing a pulse generator replacement procedure, existing leads should be reevaluated, (e.g., signal amplitudes, pacing thresholds, and impedance). The use of radiography may help ensure lead position and integrity. If testing results are unsatisfactory, lead system repositioning or replacement may be required.

Connect the pace/sense lead(s) to a pacing system analyzer (PSA).

WARNING: For DF4-LLHH or DF4-LLHO leads, only use the Connector Tool for electrical connections to pacing system analyzers or similar monitors. Do not attach alligator clips directly to the lead terminal or damage could occur.

Pace/sense lead measurements, measured approximately 10 minutes after initial placement (acute) or during a replacement procedure (chronic), are listed below. Values other than what are suggested in the table may be clinically acceptable if 215 A Report of the Control of the C appropriate sensing can be documented with the currently programmed values.

Consider reprogramming the sensitivity parameter if inappropriate sensing is observed. Note that the pulse generator measurements may not exactly correlate to the PSA measurements due to signal filtering.

Table 6. Lead measurements

rable 6. Lead III	Pace/ sense lead (acute)	Pace/ sense lead (chronic)	Shocking lead (acute and	
10, 40,	8. 4,0,	* 02 7 (Q)	chronic)	
R-wave amplitude <sup>a b</sup>	> 5 mV	> 5 mV	> 1.0 mV	
R-wave amplitude <sup>a b</sup> P-wave amplitude <sup>a b</sup> R-wave duration <sup>b c d</sup> Pacing threshold	≥ 1.5 mV	> 1.5 mV	10 201	
R-wave duration <sup>b c d</sup>	<100 ms	< 100 ms	70 12. 17kg	
Pacing threshold (right ventricle)	< 1.5 V endocardial < 2.0 V epicardial	< 3.0 V endocardial	eakingly air of the state of th	۷,0۰
Pacing threshold (left ventricle)	\$ 2.5 V coronary venous \$ 2.0 V epicardial	< 3.5 V coronary venous < 3.5 V epicardial	79 60 10 913.	Mo
64	Mid 30 of V	er.on.	a: Nastie	
	16126196	0 65	1000	
4	1 Color State	12 'S'	0. 13/1	-
	13,83	Stall Jell	ST.	
	72	Stoult di	Ø	
		1/07/5/0		
		Mo.		

Table 6. Lead measurements (continued)							
	-u. Michi	Pace/ sense lead (acute)	Pace/ sense lead (chronic)	Shocking lead (acute and chronic)			
~	Pacing threshold (atrium)	< 1.5 V endocardial	< 3.0 V endocardial	No.			
ated in	Lead impedance (at 5.0 V and 0.5 ms atrium and right ventricle) <sup>e</sup>	> programmed Low Impedance Limit (200–500 Ω) < 2000 Ω	> programmed Low Impedance Limit (200–500 Ω) < 2000 Ω	20–125 Ω			
Outdated in	Lead impedance (at 5.0 V and 0.5 ms left ventricle)	> programmed Low Impedance Limit (200–500 Ω) < 2000 Ω	> programmed Low Impedance Limit (200–500 Ω) < 2000 Ω	Silly Likes			
Jelsis	b. Lower R-wave amplit or scarred tissues. S	ince signal quality may d ria by repositioning the le	interpretation of a norma n may be associated with eteriorate chronically, eff	I rhythm as abnormal. placement in ischemic orts should be made to			

- a. Amplitudes less than 2 mV cause inaccurate rate counting in the chronic state, and result in inability to sense a tachyarrhythmia or the misinterpretation of a normal rhythm as abnormal.
- generator's refractory period) may result in inaccurate as abnormal. Lower R-wave amplitudes and longer duration may be associated with placement in ischemic or scarred tissues. Since signal quality may deteriorate chronically, efforts should be made to meet the above criteria by repositioning the leads to obtain signals with the largest possible amplitude and shortest duration.
- Durations longer than 135 ms (the pulse generator's refractory period) may result in inaccurate cardiac rate determination, inability to sense a tachyarrhythmia, or in the misinterpretation

- This measurement is not inclusive of current of injury.
- Changes in the defibrillation electrode surface area, such as changing from a triad configuration to a single coil configuration, can affect the impedance measurements. Baseline defibrillation impedance measurements should fall within the recommended values indicated in the table.

### Step E: Form the Implantation Pocket

Using standard operating procedures to prepare an implantation pocket, choose the position of the pocket based on the implanted lead configuration and the patient's body habitus. Giving consideration to patient anatomy and pulse generator size and motion, gently coil any excess lead and place adjacent to the pulse generator. It is important to place the lead into the pocket in a manner that minimizes lead tension, twisting, sharp angles, and/or pressure. Pulse generators are typically implanted subcutaneously in order to minimize tissue trauma and facilitate explant. However, deeper implantation (e.g., subpectoral) may help avoid erosion or extrusion in some patients. Verify magnet function and wanded telemetry to ensure the pulse generator is within acceptable range.

within acceptable range.

If an abdominal implant is suitable, it is recommended that implantation occur on the left abdominal side.

If it is necessary to tunnel the lead, consider the following: left abdominal side.

WARNING: For DF4-LLHH or DF4-LLHO leads, use caution handling the lead terminal when the Connector Tool is not present on the lead. Do not directly contact the lead terminal with any surgical instruments or electrical connections such as PSA (alligator) clips, ECG connections, forceps, hemostats, and clamps. This could damage the lead terminal, possibly compromising the sealing integrity and result in loss of therapy or inappropriate therapy, such as a high voltage short within the header.

WARNING: Do not contact any other portion of the DF4-LLHH or DF4-LLHO lead terminal, other than the terminal pin, even when the lead cap is in place.

- If a Guidant tunneler is not used, cap the lead terminal pins. A Penrose drain, large chest tube, or tunneling tool may be used to tunnel the leads.
- For DF4-LLHH or DF4-LLHO leads, if a Guidant tunneling tip and/or tunneler kit is not used, cap the lead terminal and grip only the terminal pin with a hemostat
- Gently tunnel the leads subcutaneously to the implantation pocket, if necessary.
- during the tunneling procedure.

  If the leads are not connected to a pulse generator at the time of lead implantation, they must be capped before closing the incision. Reevaluate all lead signals to determine if any of the leads have been damaged

# Step F: Connect the Leads to the Pulse Generator

To connect leads to the pulse generator, use only the tools provided in the pulse generator sterile tray or accessory kit. Failure to use the supplied torque wrench may result in damage to the setscrews, seal plugs, or connector threads. Do not implant the pulse generator if the seal plugs appear to be damaged. Retain the tools until all testing procedures are complete and the pulse generator is implanted.

NOTE: Some patients may require pacing therapies immediately upon connecting the leads to the pulse generator. In such cases, consider programming the pulse generator before continuing.

Leads should be connected to the pulse generator in the following sequence (for pulse generator header and setscrew location illustrations, refer to "Lead Connections" on page 56):

- Right ventricle. Connect the RV lead first because it is required to establish RV-based timing cycles that yield appropriate sensing and pacing in all chambers In models with a DF4-LLHH RV lead port, insert and secure the terminal pin of an DF4-LLHH or DF4-LLHO lead. regardless of the programmed configuration.

# Right atrium.

ht atrium.

In models with an IS-1 RA lead port, insert and secure the terminal pin of an IS-1 atrial pace/sense lead.

# c. Left ventricle.

- In models with an IS-1 LV lead port, insert and secure the terminal pin of an IS-1 coronary venous pace/sense lead.
- In models with an LV-1 LV lead port, insert and secure the terminal pin of an LV-1 coronary d. Defibrillation lead. LV-1 coronary venous pace/sense lead.

In models with DF-1 lead ports, first insert and secure the defibrillation lead anode (+, proximal) into the (+) DF-1 lead port. Then insert and secure the lead cathode (-, distal) into the (-) DF-1 lead port.

eform polarity by
se generator header—use
seconversion of the arrhythmia
sysically. CAUTION: For IS-1/DF-1 leads, never change the shock waveform polarity by physically switching the lead anodes and cathodes in the pulse generator header—use the programmable Polarity feature. Device damage or nonconversion of the arrhythmia post-operatively may result if the polarity is switched physically. 

Connect each lead to the pulse generator by following these steps (for additional information about the torque wrench, refer to "Bidirectional Torque Wrench" on page

- Check for the presence of any blood or other body fluids in the lead ports on the pulse generator header. If fluid inadvertently enters the ports, clean them thoroughly with sterile water.
- If applicable, remove and discard the tip protection before using the torque wrench.
- Gently insert the torque wrench blade into the setscrew by passing it through the preslit, center depression of the seal plug at a 90° angle (Figure 5 on page 71). NOTE: Failure to properly insert the torque wrench in the preslit depress the seal plug may result in damage to the plug and its sealing properties. Jedatert versjon, skalikake utilikes. Nie litywać.

  Lastaraha vertio. Kalikakualna. Nie litywać.

  Lastaraha vertio. Kalikakualna. Nie litywać. This will open up the seal plug, relieving any potential pressure build-up from the

asion o. NOTE: Failure to properly insert the torque wrench in the preslit depression of 125 arala verte. Hepout Formalder Version Ma Jele 30 000 lejta.

CAUTION: Do not insert a lead into the pulse generator connector without taking the following precautions to ensure proper lead insertion:

- بوe seal بوط fluid or ai.
  ...y retracted to allow ir براي به port and then tighten the setscret

  Figure 5. Inserting the torque wrench Insert the torque wrench into the preslit depression of the seal plug before

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With the torque wrench in place, fully insert the lead terminal into the lead port. The lead terminal pin should be clearly visible beyond the connector block when viewed through the side of the pulse generator header. Place pressure on the lead to maintain its position and ensure that it remains fully inserted in the lead port.

CAUTION: Insert the lead terminal straight into the lead port. Do not bend the lead near the lead-header interface. Improper insertion can cause insulation or connector damage.

NOTE: If necessary, lubricate the lead connectors sparingly with sterile water to make insertion easier.

NOTE: For IS-1 leads, be certain that the terminal pin visibly extends beyond the connector block at least 1 mm.

NOTE: For DF4-LLHH or DF4-LLHO leads, the terminal pin must be inserted beyond the setscrew block to enable a proper connection. Visualization of the terminal pin insertion indicator beyond the setscrew block may be used to confirm that the terminal pin is fully inserted into the lead port.

wrench clockwise, until it apply the proper amount of force to Apply gentle downward pressure on the torque wrench until the blade is fully engaged within the setscrew cavity, taking care to avoid damage to the seal plug. Tighten the setscrew by slowly turning the torque wrench clockwise, until it ratchets once. The torque wrench is preset to apply the proper amount of force to the captive setscrew additional ratetics and fact. the captive setscrew; additional rotation and force is unnecessary.

- Apply gentle traction to the lead to ensure a secure connection.
- Remove the torque wrench.

  Apply gentle traction to the the lead terminarque wre If the lead terminal is not secure, attempt to reseat the setscrew. Reinsert the torque wrench as described above, and loosen the setscrew by slowly turning the wrench counterclockwise, until the lead is loose. Then repeat the sequence above.
- If a lead port is not used, insert a plug into the unused port and tighten the setscrew.

CAUTION: The absence of a lead or plug in a lead port may affect device port, and then tighten the set

Step G: Evaluate Lead Signals

1. Take the nulc performance. If a lead is not used, be sure to properly insert a plug in the unused port, and then tighten the setscrew onto the plug.

Take the pulse generator out of power-saving Storage mode by programming

wice
. the unused

. mode by programming
...are that the pulse generator's Tachy
...d before handling the device. For
...that the Tachy Mode is programmed to CAUTION: To prevent inappropriate shocks, ensure that the pulse generator's Tachy Mode is programmed to Off when not in use and before handling the device. For tachyarrhythmia detection and therapy, verify that the Tachy Mode is programmed to Monitor +Therapy.

Evaluate the pace/sense and defibrillation lead signals by viewing the real-time EGMs and markers. The signal from the implanted defibrillation leads should be continuous and without artifact, similar to a body-surface ECG. A discontinuous signal may indicate a poor connection, lead fracture or otherwise damaged lead, or an insulation break that would necessitate lead replacement. Inadequate signals may result in failure of the pulse generator system to detect an arrhythmia, inability to deliver programmed therapy, or unnecessary delivery of therapy. Lead measurements should reflect those above (Table 6 on page 64).

CAUTION: Take care to ensure that artifacts from the ventricles are not present on the atrial channel, or atrial oversensing may result. If ventricular artifacts are present in the atrial channel, the atrial lead may need to be repositioned to minimize its interaction.

Evaluate all lead impedances.

A talala and a tile a **CAUTION:** If total shocking lead impedance during implant is less than 20  $\Omega$ , verify the proximal coil is not in contact with the pulse generator surface. A measurement of less than 20  $\Omega$  is an indication of a short somewhere in the system. If repeated measurements show the total shocking lead impedance is less than 20  $\Omega$ , the lead and/or pulse generator may need to be replaced.

CAUTION: Patients should be tested for diaphragmatic stimulation by pacing the LV lead through the pulse generator at 7.5 V and adjusting the lead configurations and lead position as necessary. PSA testing at higher outputs (e.g., 10.0 V) may also be considered to better characterize stimulation margins. The probability of diaphragmatic stimulation increases when a pacing system includes an LV lead because of this lead's proximity to the phrenic nerve.

The High Impedance Limit is fixed at 2000  $\Omega$ . The Low Impedance Limit is nominally set to 200  $\Omega$ , and is programmable between 200 and 500  $\Omega$  in 50  $\Omega$  increments. Consider the following factors when choosing a value for the Low Impedance Limit:

- For chronic leads, historical impedance measurements for the lead, as well as other electrical performance indicators such as stability over time
- For newly implanted leads, the starting measured impedance value

NOTE: Depending on lead maturation effects, during follow-up testing the physician Pacing dependence of the patient
Recommended impedance range for the lead(s) being used, if available may choose to reprogram the Low Impedance Limit.

Shocking lead impedance readings between 20-125  $\Omega$  are considered in-range. If abrupt or large impedance fluctuations or out-of-range conditions are observed, consider the following:

- Verify the configuration—ensure the programmed Shock Vector matches the configuration of the implanted lead (e.g., use RV Coil to Can with a single-coil
- Verify the connection—ensure the shocking lead's terminal pins are placed in the correct lead ports and verify a secure lead connection.
- Verify the contact—ensure the device is inside a wet implant pocket since the pulse generator case serves as an active electrode in the V-TRIAD configuration. Avoid pocket manipulation during the test.
- Turn off sources of external noise (e.g., electrocautery equipment, monitors).
- Jida Tertiana vertio. Hierothia hie litywać.

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  128 tarana vertio. Hierothia hie litywać. Use other troubleshooting tools, as needed, to further assess lead system integrity, including electrogram analysis, X-ray or fluoroscopic image review, or internal visual inspection. Use other troubleshooting tools, as needed, to further assess lead system

NOTE: Because this device uses a subthreshold test pulse to conduct shock lead impedance measurements, it can be difficult to measure responses to test signals when electrical interference or "noise" (e.g., electrocautery or external monitoring equipment attached directly to the patient) is present during the test. This may result in impedance measurement variations, particularly at implant. In the absence of such electrical interference, shock lead impedance readings will be more stable.

### Step H: Program the Pulse Generator

- Check the programmer clock and set and synchronize the pulse generator as necessary so that the proper time appears on printed reports and PRM strip chart recordings.
- It may be useful to program the Beep During Capacitor Charge feature to On during conversion testing and implantation to help recognize when the pulse generator is charging to deliver a shock.
- Perform a manual capacitor re-formation if not already performed.
- Program the pulse generator appropriately if a lead port(s) is not used.

  Program the pulse generator to desired parameters appropriate for the patient for conversion testing.

CAUTION: To prevent inappropriate shocks, ensure that the pulse generator's Tachy Mode is programmed to Off when not in use and before handling the device. For tachyarrhythmia detection and therapy, verify that the Tachy Mode is programmed to Monitor +Therapy.

#### Step I: Test for Ability to Convert Ventricular Fibrillation and Inducible Arrhythmias

After obtaining acceptable signals from the implanted leads, perform VT and VF conversion testing to determine (1) if the configuration and position of the implanted leads are appropriate for the patient and (2) if the pulse generator's programmed shock energy or maximum-shock energy will be sufficient to convert arrhythmias reliably. A conversion test consists of inducing the arrhythmia and then attempting to convert the arrhythmia with a preselected energy level.

Demonstrating conversion of ventricular fibrillation is essential before implanting a pulse generator because a shock delivered during ventricular tachycardia has the rescued using an appropriate

in s important because a prolonged

or terminate. potential to accelerate the arrhythmia. Intraoperative testing may be minimized by performing only VF testing at time of implant and performing VT testing post-operatively in the electrophysiology lab prior to the patient's discharge.

If the conversion is unsuccessful, the patient should be rescued using an appropriate transthoracic defibrillator. Early conversion is important because a prolonged arrhythmia may be more difficult to terminate.

WARNING: Always have external defibrillation protection available during implant and electrophysiologic testing. If not terminated in a timely fashion, an induced ventricular tachyarrhythmia can result in the patient's death.

NOTE: If open chest surgery is performed and a chest retractor is used, remove it before conversion testing to best simulate the ambulatory conditions in which the pulse generator will operate and to avoid potential shunting of energy.

#### Induce the Patient's Arrhythmia

An arrhythmia can be induced by using the induction features of the pulse generator.

Allow the patient's blood pressure and electrophysiologic status to return to baseline between arrhythmia inductions, whether successful or unsuccessful. It is also suggested to allow a minimum of one minute between inductions.

During each arrhythmia induction, note the heart rate to determine the appropriate rate threshold values. Ventricular cycle lengths that occur close to but below the lowest programmed rate threshold value may be detected as normal sinus rhythm. To provide sufficient opportunity for detection, the rate threshold value(s) should be programmed at least 10 min<sup>-1</sup> below the rate of the arrhythmia(s) that is to be treated.

#### Perform the Induction

1. Insert the pulse generator into the implantation pocket. Temporarily close the ASTANDA DE LA POSITION DE LA POSITIO pocket enough to ensure that the pulse generator will remain in position during

conversion testing. Make sure the pulse generator has good contact with surrounding tissue; flush the pocket with saline solution, if necessary, to avoid a dry pocket.

CAUTION: Do not allow any object that is electrically conductive to come into contact with the lead or device during induction because it may shunt energy, resulting in less energy getting to the patient, and may damage the implanted system.

- Verify magnet function and telemetry to ensure the pulse generator is within acceptable range.
- Program the appropriate parameters and change the pulse generator Tachy Mode to Monitor + Therapy.
- Perform the induction using the programmer.

### **Determine DFT**

Defibrillation threshold (DFT) testing should be performed at implant to ensure adequate Justice of the successful, then survert the arrhythmia at 29 J. Continue in this manner, safety margins for the shock energy (safety margin = device maximum shocking energy minus DFT). The DFT is the minimum energy tested that reliably converts VF or polymorphic VT in a series of arrhythmia trials with decreasing energy steps.

To determine DFT, induce VF (or PVT or ventricular flutter if VF is not inducible). Attempt to convert the arrhythmia with a 31-J shock; if conversion is successful, then induce again and attempt to convert the arrhythmia with a 1-J shock; if conversion is successful, then induce again and attempt to convert the arrhythmia at 29 J. Continue in this manner,

decreasing the energy level until failure to convert VF occurs or 3 J is successful. If the initial conversion at 31 J is unsuccessful, reposition the lead, or reverse polarity, or add an additional lead. The energy level that last successfully converted the arrhythmia is the DFT. It is a matter of clinical judgment as to what constitutes a demonstration of reliable conversion.

NOTE: Since the results of any single test may be an example of statistical variation, a one-time conversion of a rhythm disturbance at a particular energy level does not guarantee or assure that the energy level is reliable for conversion. As a safety margin, it is recommended that you perform the conversion test at the DFT two times if the DFT is 31 J, or one time if the DFT is 29 J with no failures to convert.

### Step J: Implant the Pulse Generator

- Program the Tachy Mode to Off.
- Ensure that the pulse generator has good contact with surrounding tissue of the implantation pocket, and then suture it in place to minimize device migration (for suture hole location illustrations, refer to "Lead Connections" on page 56). Gently coil excess lead and place adjacent to the pulse generator. Flush the pocket with saline solution, if necessary, to avoid a dry pocket.

WARNING: Do not kink, twist, or braid the lead with other leads as doing so could cause lead insulation abrasion damage or conductor damage.

- Close the implantation pocket. Consideration should be given to place the leads in a manner to prevent contact with suture materials. It is recommended that absorbable sutures be used for closure of tissue layers.
- Complete any electrocautery procedures before reactivating the pulse generator.
- Program the Tachy Mode to the desired setting and confirm final programmed parameters.

CAUTION: Following any sensing range adjustment or any modification of the sensing lead, always verify appropriate sensing. Programming Sensitivity to the highest value (lowest sensitivity) may result in delayed detection or undersensing of cardiac activity. Likewise, programming to the lowest value (highest sensitivity) may result in oversensing of non-cardiac signals.

Use the PRM to print out parameter reports and save all patient data

### Step K: Complete and Return the Implantation Form

registration form and return the original to Boston Scientific along with a copy of the patient data saved from the PRM. This information enables Boston Scientific to register each implanted pulse generator and set of leads, and provide clinical data on the performance of the implanted system. Keep a copy of the Warranty Validation

82 Within ten days of implantation, complete the Warranty Validation and Lead

and Lead Registration form and programmer printouts, and the original patient data for the patient's file.

### BIDIRECTIONAL TORQUE WRENCH

A torque wrench (model 6628) is included in the sterile tray with the pulse generator, and is designed for tightening and loosening #2-56 setscrews, captured setscrews, and setscrews on this and other Boston Scientific pulse generators and lead accessories that have setscrews that spin freely when fully retracted (these setscrews typically have white seal plugs).

This torque wrench is bidirectional, and is preset to apply adequate torque to the setscrew and will ratchet when the setscrew is secure. The ratchet release mechanism prevents overtightening that could result in device damage. To facilitate the loosening of tight extended setscrews, this wrench applies more torque in the counterclockwise direction than in the clockwise direction.

NOTE: As an additional safeguard, the tip of the torque wrench is designed to break off if used to overtighten beyond preset torque levels. If this occurs, the broken tip must be extracted from the setscrew using forceps.

This torque wrench may also be used for loosening setscrews on other Boston Scientific pulse generators and lead accessories that have setscrews that tighten against a stop when fully retracted (these setscrews typically have clear seal plugs). The state of the s However, when retracting these setscrews, stop turning the torque wrench when the

setscrew has come in contact with the stop. The additional counterclockwise torque of this wrench may cause these setscrews to become stuck if tightened against the stop.

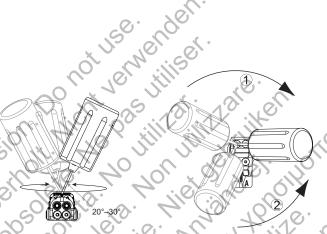
#### **Loosening Stuck Setscrews**

Follow these steps to loosen stuck setscrews:

- From a perpendicular position, tilt the torque wrench to the side 20° to 30° from the vertical center axis of the setscrew (Figure 6 on page 85).
- Rotate the wrench clockwise (for retracted setscrew) or counterclockwise (for extended setscrew) around the axis three times, such that the handle of the wrench orbits the centerline of the screw (Figure 6 on page 85). The torque wrench handle should not turn or twist during this rotation.
- As needed, you may attempt this up to four times with slightly more angle each time. If you cannot fully loosen the setscrew, use the #2 torque wrench from Wrench Kit Model 6501.

  Once the setscrew has been freed, it may be extended or retracted as appropriate.

  Discard the torque wrench upon completion of this procedure. Wrench Kit Model 6501.



[1] Clockwise rotation to free setscrews stuck in the retracted position [2] Counterclockwise rotation to free setscrews stuck in the extended position

Figure 6. Rotating the torque wrench to loosen a stuck setscrew

It is recommended that device functions be evaluated with periodic follow-up testing by trained personnel. Follow up guidance below will enable thorough review of device performance and associated patient health status throughout the life of the device.

85

WARNING: Ensure that an external defibrillator and medical personnel skilled in CPR are present during post-implant device testing should the patient require external rescue.

#### Predischarge Follow Up

The following procedures are typically performed during the predischarge follow up test using PRM telemetry:

- Interrogate the pulse generator and review the Summary screen.
- Verify pacing thresholds, lead impedance, and amplitude of intrinsic signals.
- Review counters and histograms.
- When all testing is complete, perform a final interrogation and save all the patient
- Print the Quick Notes and Patient Data reports to retain in your files for future reference.
- all the patient
  your files for future

  arecent data will be displayed
  lograms can be cleared by
  achy Counters screen, or Brady Clear the counters and histograms so that the most recent data will be displayed at the next follow up session. Counters and histograms can be cleared by pressing Reset on the Histogram screen, Tachy Counters screen, or Brady Counters screen.

Routine Follow Up

You should conduct routine follow up examinations one month after the predischarge check and every three months thereafter to evaluate device programming thereasy. check and every three months thereafter to evaluate device programming, therapy

consider performing the following procedures during a routine follow-up test:

1. Interrogate the pulse generator and review the Summary screen

2. Verify pacing thresholds, lead impedance

3. Print the Quick Notes NOTE: Because the duration of the device replacement timer is three months (starting when Explant status is reached), three month follow up frequency is particularly

- Verify pacing thresholds, lead impedance, and amplitude of intrinsic signals.
- Print the Quick Notes and Patient Data reports to retain in your files for future
- Review the Arrhythmia Logbook screen and for episodes of interest, print episode details and stored electrogram information.
- details and stored electrogram information.

  Clear the counters and histograms so that the most recent episode data will be displayed at the next follow-up session.

  87

NOTE: Echo-Doppler studies may be used to non-invasively evaluate AV Delay and other programming options post-implant.

CAUTION: Verify with a conversion test that the patient's tachyarrhythmias can be detected and terminated by the pulse generator system if the patient's status has changed or parameters have been reprogrammed.

#### **EXPLANTATION**

NOTE: Return all explanted pulse generators and leads to Boston Scientific. Examination of explanted pulse generators and leads can provide information for continued improvement in system reliability and warranty considerations.

WARNING: Do not reuse, reprocess, or resterilize. Reuse, reprocessing, or resterilization may compromise the structural integrity of the device and/or lead to device failure which, in turn, may result in patient injury, illness, or death. Reuse, reprocessing, or resterilization may also create a risk of contamination of the device reprocessing, or resterilization may also create a risk of contamination of the device and/or cause patient infection or cross-infection; including, but not limited to, the transmission of infectious disease(s) from one patient to another. Contamination of the device may lead to injury, illness, or death of the patient.

Contact Boston Scientific when any of the following occur:

When a product is removed from service. and/or cause patient infection or cross-infection, including, but not limited to, the device may lead to injury, illness, or death of the patient.

- In the event of patient death (regardless of cause), along with an autopsy report, if performed.
- For other observation or complications reasons

NOTE: Disposal of explanted pulse generators and/or leads is subject to applicable laws and regulations. For a Returned Product Kit, contact Boston Scientific using the information on the back cover.

NOTE: Discoloration of the pulse generator may have occurred due to a normal process of anodization, and has no effect on the pulse generator function.

CAUTION: Be sure that the pulse generator is removed before cremation. Cremation and incineration temperatures might cause the pulse generator to explode.

CAUTION: Before explanting, cleaning, or shipping the device, complete the Program the Beep When Explant is Indicated feature to Off.

Program the Beep When Out of Range feature to Off

Clean and disinfect the device using standard biohazard handling techniques. following actions to prevent unwanted shocks, overwriting of important therapy history data, and audible tones:

Consider the following items when explanting and returning the pulse generator and/or lead:

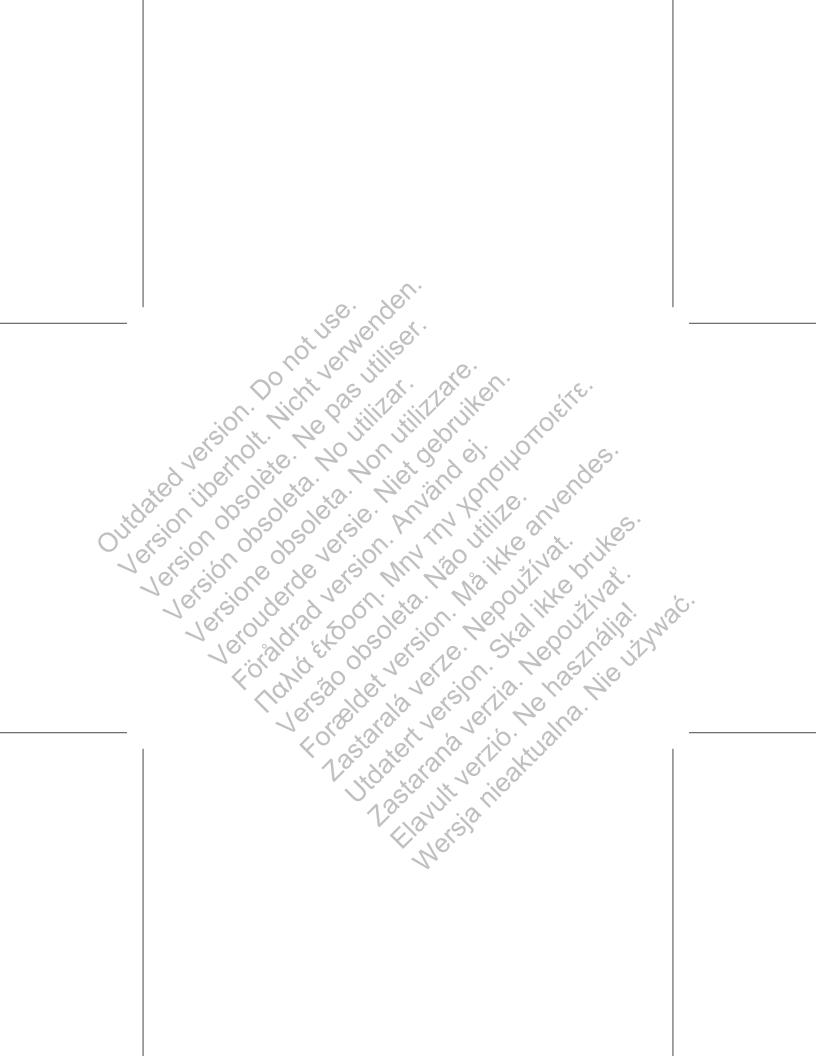
- Interrogate the pulse generator and print a Combined Follow-up repor
- Deactivate the pulse generator before explantation.
- Disconnect the leads from the pulse generator.

If leads are explanted, attempt to remove them intact, and return them regardless of condition. Do not remove leads with hemostats or any other clamping tool that may damage the leads. Resort to tools only if manual manipulation cannot free the lead.

- Jidatert versjon, skalikke orithiati. Ninac.

  128 taraha vertio. Hieaktralna. Nie litywać.

  128 taraha vertio. Hieaktralna. Nie litywać. Wash, but do not submerge, the pulse generator and leads to remove body fluids and debris using a disinfectant solution. Do not allow fluids to enter the pulse generator's lead ports.
- object version in pulse 1. ackar. Helpot Use a Boston Scientific Returned Product Kit to properly package the pulse generator and send it to Boston Scientific. Attific. Jefolige, and Johid EKOOTI Fioraldrad Forseldet Version.



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Boston Scientific 4100 Hamline Avr. 3t. Pairl



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