



Evaluation of Long-Term Key Outcomes and Safety in Pulmonary Embolism

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# **Objective**

Evaluate the long-term clinical outcomes – including RV function and quality of life (QoL) – in patients with massive and submassive PE treated with the EKOS Endovascular System.

### **Centers**

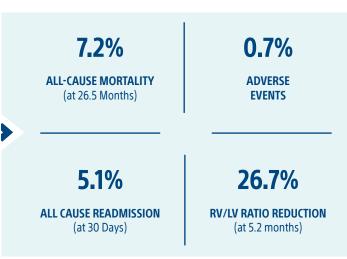
All patients were treated with the EKOS Endovascular System within the Baylor Scott & White Health System from March 2020 to March 2024.

# **Endpoints**

- All-cause & PE-related mortality
- All-cause & PE-related readmission
- RV/LV ratio reduction
- Residual RV dysfunction
- Pulmonary embolism quality of life (PEmb-QoL) questionnaire

# **Results - Key Takeaways**

EKOS therapy is associated with significant long-term improvement in RV function, low mortality, and favorable perceived QoL post-procedure.



# ENROLLED n=137

n=103

SUBMASSIVE PE<sup>b</sup>

**Patients** 

# Results — Full

Mortality		Follow Up
All-Cause	7.3%	26.5 ± 17.2 months
PE-Related	0.7%	20.5 ± 17.2 IIIOIIUIS
Readmission		Follow Up
All-Cause	5.0%	20 Days
PE-Related	0.7%	30 Days
Death albun of artis		
Residual RV Dysfunction		Follow Up
None None	79%	Follow Up
•	79% 8%	
None		Follow Up  5.2 ± 7.8 months
None Mild	8%	

# PEmb-QoL Results — 37 month follow-up



### SUBSTANTIAL SYMPTOM IMPROVEMENT

Most patients reported minimal or no pulmonary complaints post-procedure

### ENHANCED FUNCTIONAL CAPACITY

61.5% felt their lungs were "much better" compared to pre-procedure

### **RESIDUAL RESTRICTIONS & SOCIAL IMPACT**

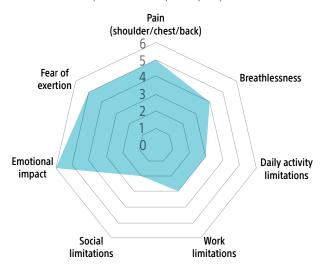
65.4% had no interference with normal social activities

## PEmb-QoL Results — Full

52 Patients\* - Mean Follow Up of 37.2 ± 12 months

### PEMB-QOL SCORE

(Median or Most Frequent Response)



### Pain/Breathlessness (0-5)

1-Everyday, 2-Several times a week, 3-About once a week, 4-Less than once a week, 5-Never

### Activity limitations (0-3)

0-I do not work; 1-Yes, limited a lot; 2-Yes, limited a little; 3-No, not limited at all

### Emotional impact (1-6)

1-All of the time, 2-Most of the time, 3-A good bit of the time, 4-Some of the time, 5-A little of the time, 6-None of the time

### **Substantial Symptom Improvement:**

- Most patients reported minimal or no pulmonary complaints post-procedure
- Median scores for various lung-related pain or nagging sensations were at "never" levels
- Mild chest pain and breathlessness were infrequent or absent for most

### **Enhanced Functional Capacity:**

- 61.5% felt their lungs were "much better" compared to pre-procedure; 7.7% felt "somewhat better"
- Routine home tasks, social activities, and moderate exertion showed "no limitation at all"
- More strenuous activities (e.g., running) had mild-to-moderate limitations in a subset

### **Residual Restrictions & Social Impact:**

- 19.2% reduced work/activity time, 25% achieved less, and 26.9% felt limited in task variety
- Nonetheless, 65.4% had no interference with normal social activities

### **Current Pain and Breathlessness:**

- 69.2% reported no shoulder-blade or chest pain; 53.8% had no breathlessness.
- A small proportion did experience more severe shortness of breath

### **Lingering Concerns:**

• Ongoing worries about recurrent PE (median score 4 [3–6]) and stopping anticoagulation (4.5 [2–6]) persisted

# Conclusion



The EKOS-PE study found that EKOS therapy for massive and submassive PE significantly reduced the RV/LV diameter ratio, improved long-term RV function, and was associated with a low all-cause mortality rate and minimal residual symptoms.

\*remaining patients declined participation or were unavailable for follow up **EkoSonic™ Endovascular Device** 

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