



myLUX™ Patient App

Step-by-step setup guide

Setting up the myLUX Patient App to use with your LUX-Dx™ ICM System.

“LUX-Dx ICMs” includes LUX-Dx™, LUX-Dx II™ and LUX-Dx II+™ ICM Systems.

The downloadable myLUX™ Patient App and RhythmCARE™ Assist Service may be available for compatible LUX-Dx™ ICMs. Check with your health care provider for more information.



Already set up the myLUX™ Patient App?

Feel free to skip this guide for now. Keep it in case you get a new smartphone in the future.

Have questions or need help?

Call Boston Scientific RhythmCARE™ Patient Services at **1-866-484-3268**, Monday–Friday during business hours, and select the option for LUX-Dx™ ICM.

If you've received an insertable cardiac monitor (ICM), you've taken a big step toward monitoring your heart for arrhythmias.

Now it's time to take the next step, setting up the myLUX Patient App. Your health care provider may have given you two choices:

- If you will use your smartphone, turn to the section starting on **pages 4–5**.
- If you have a mobile device provided by Boston Scientific, turn to the section starting on **pages 16–17**.

IMPORTANT: To enable your ICM to check for arrhythmias, it's critical to complete the myLUX Patient App setup.

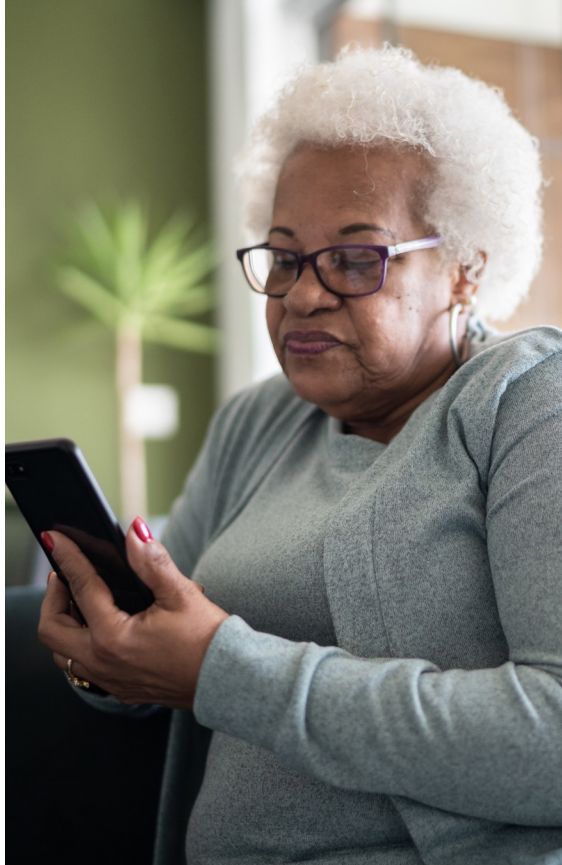
Items you'll need

1

Your smartphone

This guide will show steps for both iPhone™ and Android™ smartphones. Follow along with the column that matches your device.

Some pictures of phone screens may look different from the screen on your mobile device, based on specific phone models or OS versions.



2

Your App Store ID and password

3

The magnet provided in your myLUX™ Patient Kit box



Phone settings

1

Make sure your smartphone is turned on and you have a cellular signal or Wi-Fi connection.

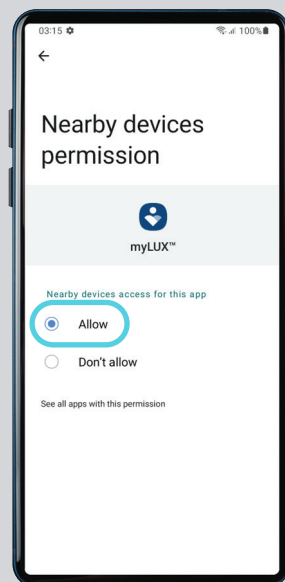
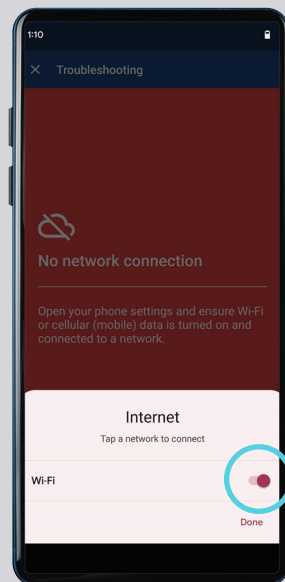
2

Make sure Bluetooth® is turned on.

iPhone



Android



Downloading the myLUX™ Patient App

You have three options for finding the app and downloading it:

Option 1

Scan this QR code using your smartphone. This should take you directly to the myLUX Patient App on the App Store™ for an iPhone™ or on Google Play™ for an Android™ smartphone.



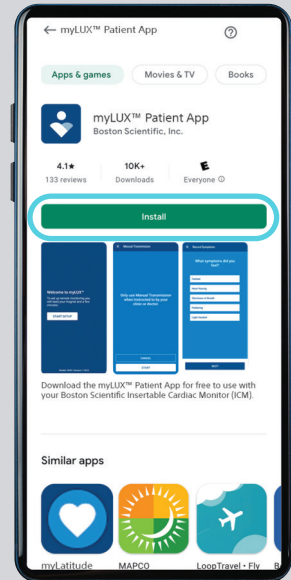
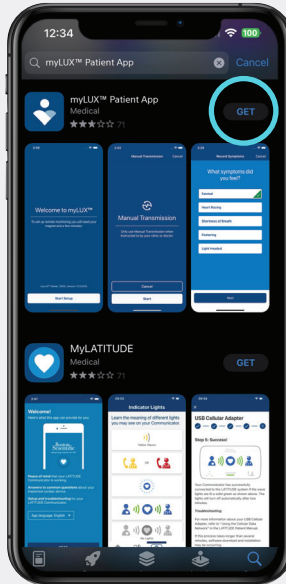
IMPORTANT: If you can't find the **Get** or **Install** button when downloading the app on your iPhone or Android device, update your operating system. If the buttons are still not visible, your device or OS version may not be compatible. Call Boston Scientific RhythmCARE™ Patient Services at **1-866-484-3268**, Monday–Friday during business hours. Select the option for LUX-Dx ICM.

iPhone

Android

Option 2

Open the App Store if you have an iPhone or open Google Play if you have an Android smartphone. Search for the myLUX Patient App and then install it.



Option 3

If you've signed up for the RhythmCARE™ Assist service, follow the link in the setup instructions you received by email and/or text.*

Boston Scientific RhythmCARE Assist:

The myLUX Patient App for your cardiac monitor is not set up. Please set up the app so your clinic can receive your cardiac monitor data. For help setting up the app, find instructions and a video on the myLUX patient website www.myluxsetup.com.

—Reply STOP to cancel. HELP for myLUX app assistance Msg&DataRatesMayApply

*You will receive text messages only if you opted in to the text message service.

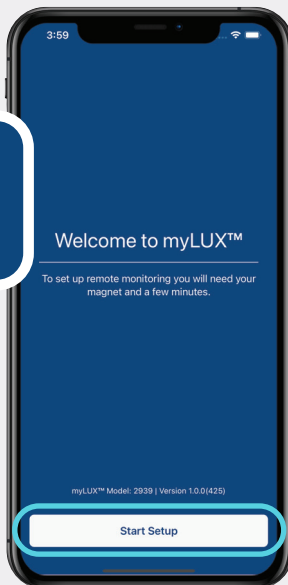
App setup

1

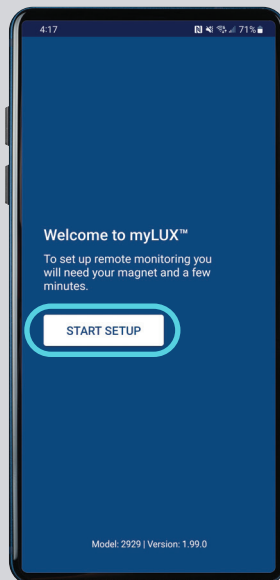
After the myLUX™ Patient App has downloaded, tap the app icon to open the app.



iPhone

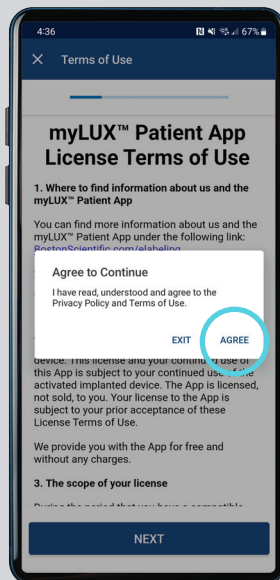
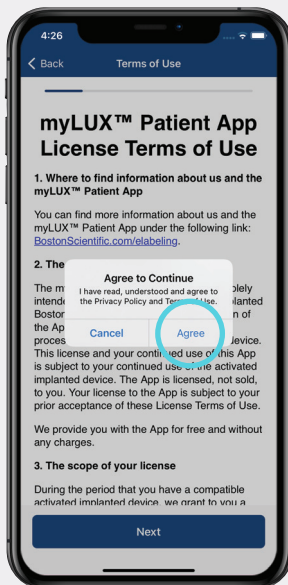


Android



2

Tap **Start Setup**.



3

Read the license terms of use and privacy policy. Tap **Agree**.

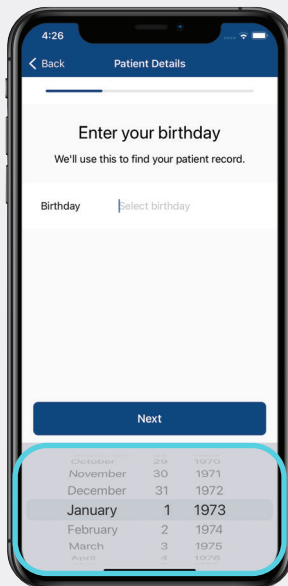
4

Enter your birth date.

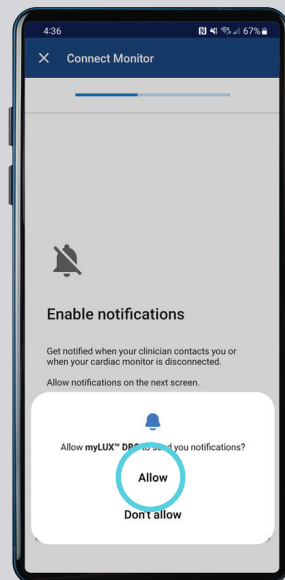
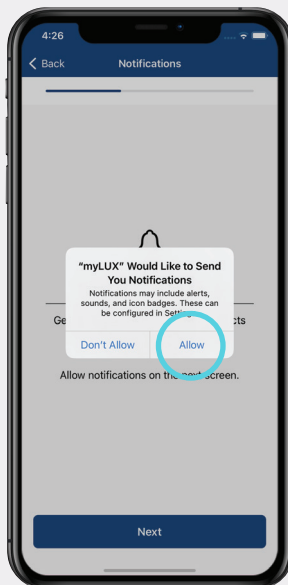
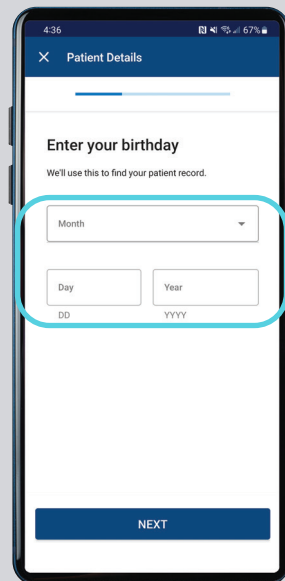
5

Tap **Allow** for notifications. You must do this so the app can send you alerts if you lose connectivity or there's other important information to know.

iPhone



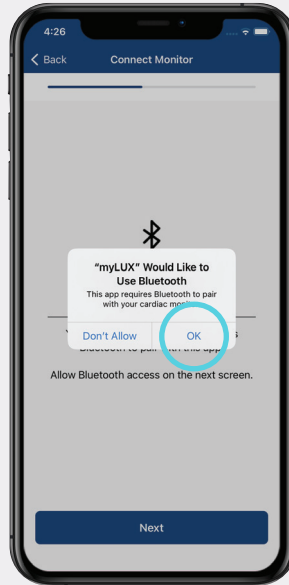
Android



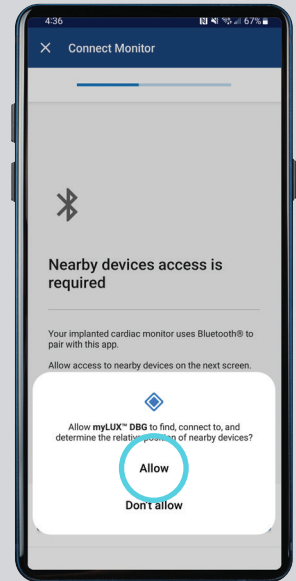
6

Tap **OK** if you have an iPhone™ to let the myLUX™ Patient App use Bluetooth®, or tap **Allow** if you have an Android™ smartphone to allow access to nearby devices. This is required for the app to connect with your ICM.

iPhone



Android





The magnet provided in your myLUX™ Patient Kit helps the myLUX Patient App connect to your ICM device. It is also used to set up your app.

- **If you were not asked to record symptoms,** keep the magnet in a place it can easily be found.
- **If you have been asked by your health care provider to use the magnet to record symptoms,** you can carry the magnet with you throughout the day.
- **To avoid draining your ICM battery,** DO NOT carry the magnet in a shirt or jacket pocket over your implanted device.

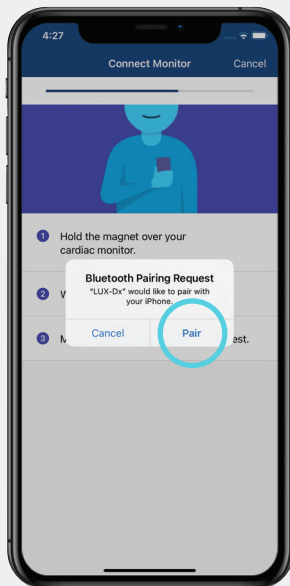
For information on the care and handling of the magnet, refer to the *Instructions for Use* provided with the magnet.

Complete app setup by following steps 7 through 9 on **pages 12–14**.

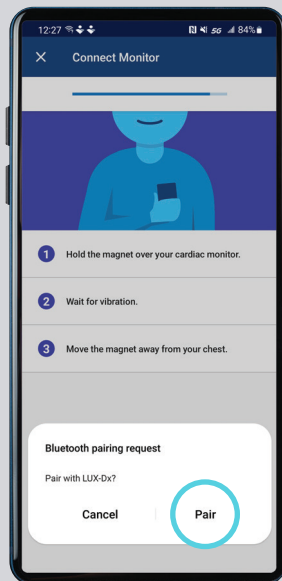
7

Remove the blue magnet from your myLUX™ Patient Kit. Hold the magnet over your cardiac monitor and wait for a vibration. After you feel the vibration, tap **Pair** and then move the magnet away from your chest. You may see multiple pairing requests throughout the setup process—tap **Pair** each time it comes up. This may take a couple of minutes.

iPhone



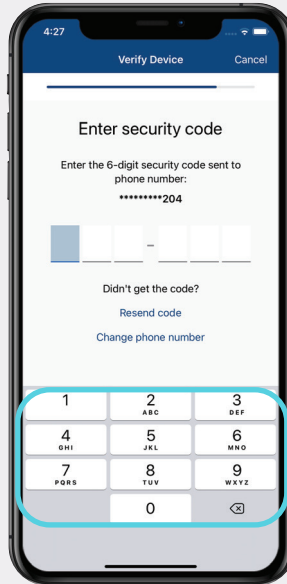
Android



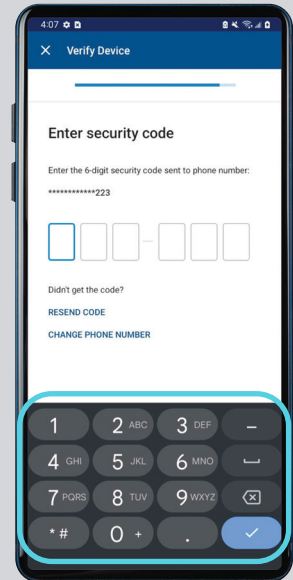
8

Enter your smartphone number or email address. Tap **Next** and you'll receive a one-time security code for verification. If it doesn't autofill, type in the code.

iPhone



Android



9

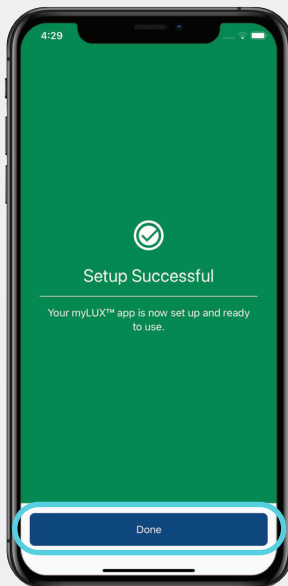
If you see a green screen, your setup was a success. Tap **Done**. Your myLUX™ Patient App is now connected and can transmit data to your health care team.

Additional resources

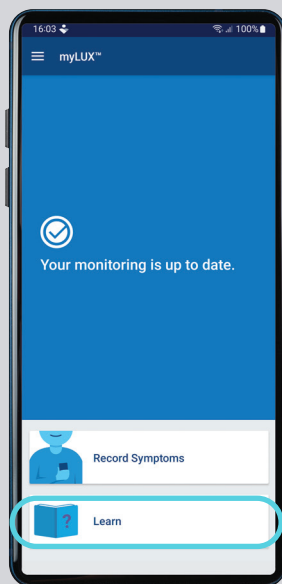
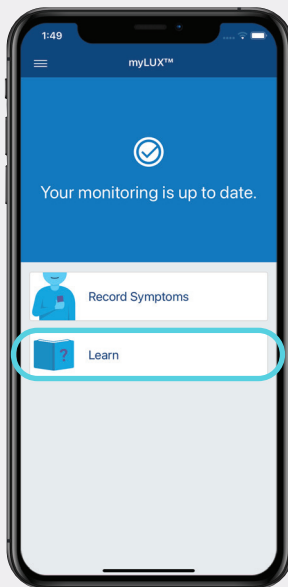
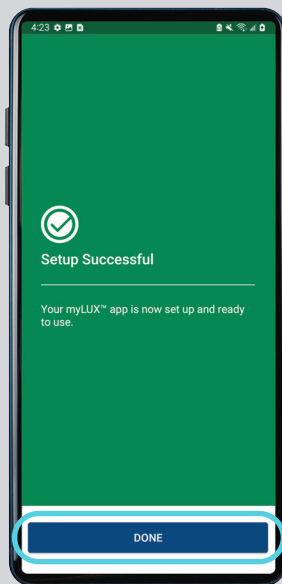
To learn more about the myLUX Patient App, tap the **Learn** button within the app or scan this QR code to visit the myLUX patient website.



iPhone



Android



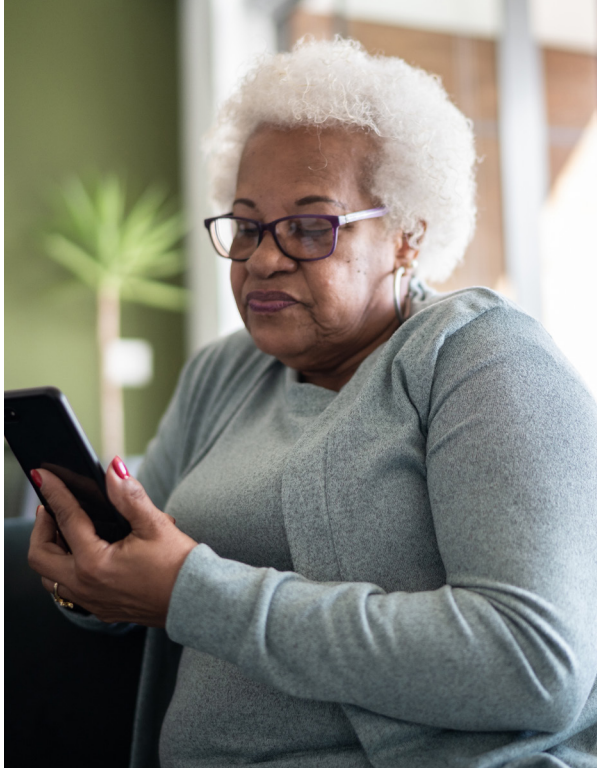


For additional help, call Boston Scientific RhythmCARE™ Patient Services at **1-866-484-3268**, Monday–Friday during business hours, and select the option for LUX-Dx™ ICM.

Items you'll need

1

Your Boston Scientific
provided mobile device.



2

The magnet provided
in your myLUX™
Patient Kit box.



The mobile device will already have the myLUX™ Patient App pre-installed

To set up the myLUX Patient App, follow these steps.

1

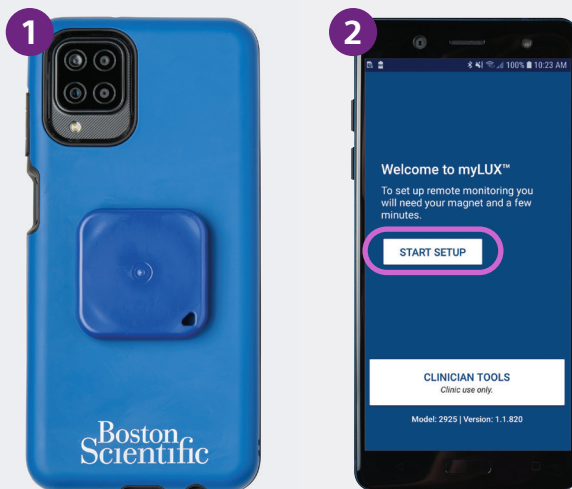
Attach the magnet to the back of your mobile device.

2

Make sure you have a cellular signal or Wi-Fi connection. Then tap **Start Setup**.

If you've signed up for the RhythmCARE™ Assist service, follow the link in the setup instructions you received by email and/or text.*

Provided device



Boston Scientific RhythmCARE Assist:

The myLUX Patient App for your cardiac monitor is not set up. Please set up the app so your clinic can receive your cardiac monitor data. For help setting up the app, find instructions and a video on the myLUX patient website www.myluxsetup.com.

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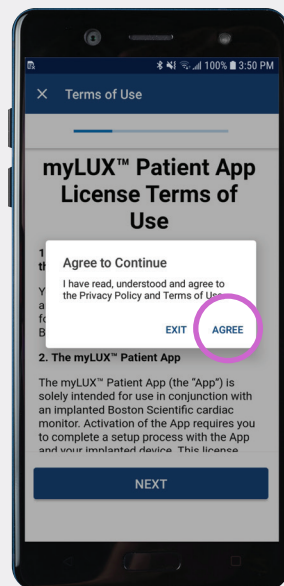
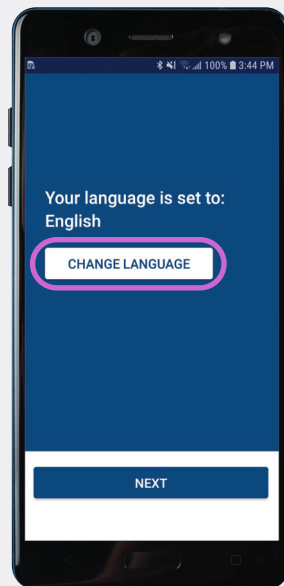
3

You'll have the opportunity to change the language. If it's already set to the language you want, simply tap **Next**.

4

Read the license terms of use and privacy policy. Tap **Agree**.

Provided device



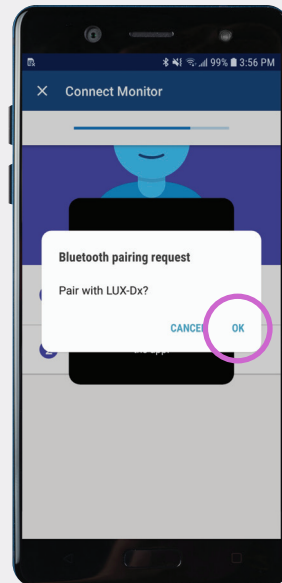
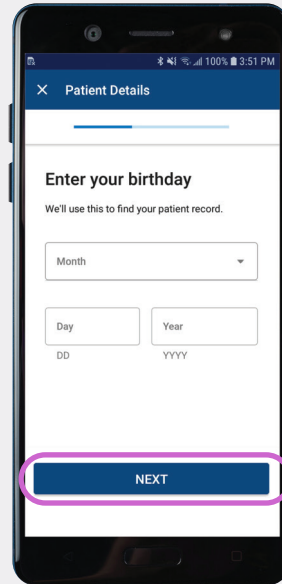
5

Enter your birth date and tap **Next**.

6

Hold the magnet on the back of the mobile device over your cardiac monitor and wait for a vibration. It should take just a couple of minutes. After you feel the vibration, you can move the mobile device away from your chest. Tap **OK**.

Provided device



7

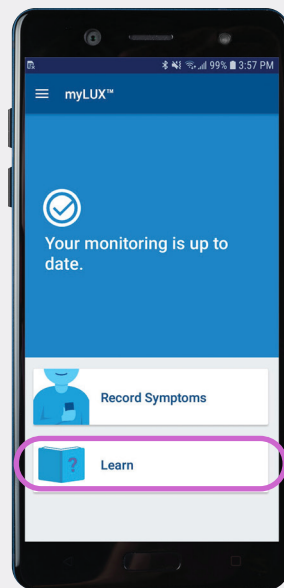
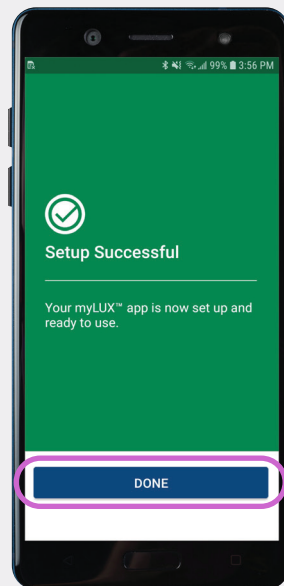
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Additional resources

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Provided device





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Important things to remember

Once you've completed the setup process, the LUX-Dx™ ICM System can begin monitoring your heart for arrhythmias.

To ensure your clinic has the most up-to-date information needed to monitor your heart rhythm, it is very important to:



Keep the mobile device charged and powered on.



Have a cellular signal or Wi-Fi connection for the mobile device to work.



Keep the mobile device within 6 feet of you as much as possible.



Check the myLUX™ Patient App often. Always look for a blue screen and a check mark icon after you open the app. This confirms that your monitoring is up to date.



If you're using your personal smartphone, don't quit the myLUX Patient App. Keep the app running in the background and be sure to reopen it every time you restart your smartphone.

myLUX™ Patient App and Insertable Cardiac Monitor System Important Information

The ICM system consists of the following: Insertable Cardiac Monitor (“ICM device”); Magnet; and myLUX patient app (“app”). The myLUX™ Patient App is for use with a BSC Insertable Cardiac Monitor (ICM) system which is a small device designed to monitor and record your heart rhythm once it has been placed under your skin. This information is shared via an automatic transmission to the clinic and your doctor for medical evaluation. The ICM and app are not intended to assist with medical emergencies; this means that it doesn't provide any treatment to the potential rhythms that could be recorded. Your myLUX™ Patient App is designed to work only with the ICM that your doctor has prescribed and implanted in you.

The ICM system does not treat cardiac arrhythmias (abnormal heartbeats that are too fast, too slow, or irregular), but rather it collects information for your health care provider to use to support their medical evaluation of your symptoms or condition. The ICM device's monitoring of your heart will not cause any noticeable sensations. Your ICM system is set up to automatically collect data stored on your ICM device and send it to your clinic to review according to the schedule your healthcare provider has set up. Your health care provider may also ask you to manually transmit data, however additional instruction will be provided if you need to do this as it should only be done on a limited basis.

Electromagnetic fields are created by devices which use electricity, including those which are plugged into a wall outlet or battery operated. Devices which emit strong electromagnetic fields may have the potential to temporarily interfere with your ICM device's ability to detect and monitor your heart rhythm. They could also delay or prolong communication between your ICM device and your myLUX™ Patient app.

The magnet when provided with the ICM system may cause interference with devices sensitive to magnetic fields such as hearing aids, pacemakers, and other implanted devices. It can also permanently disable some magnetic strip cards.

Ask your health care provider if you have questions about any risks with using the myLUX™ App, the magnet or your ICM device.

Please refer to the Patient Handbook for the full warnings, precautions and important safety information.

Rx only

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**Boston
Scientific**
Advancing science for life™

Cardiology

300 Boston Scientific Way
Marlborough, MA 01752-1234
www.bostonscientific.com

Medical Professionals:
1.800.CARDIAC (227.3422)
Patients and Families:
1.866.484.3268

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