Today's Date	
Name	
Birthdate	
Phone	
Doctor	

## Your IPSS Score

The International Prostate Symptom Score (IPSS) is used to assess the severity of BPH symptoms. To calculate your score, rate your symptoms based on your experience during the last month.

During the last month how often have you	NOT AT ALL	LESS THAN 1 IN 5 TIMES	LESS THAN HALF THE TIME	ABOUT HALF THE TIME	MORE THAN HALF THE TIME	ALMOST ALWAYS	SCORE
Had a sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5	
Had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5	
3. Found you stopped and started again several times when you urinated?	0	1	2	3	4	5	
4. Found it difficult to postpone urination?	0	1	2	3	4	5	
5. Had a weak urinary stream?	0	1	2	3	4	5	
6. Had to push or strain to begin urination?	0	1	2	3	4	5	
	NONE	1 TIME	2 TIMES	3 TIMES	4 TIMES	5+ TIMES	SCORE
7. During the last month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	0	1	2	3	4	5	
	1	ı	Т	OTAL SYI	MPTOM S	CORE	

Quality of life due to urinary symptoms	DELIGHTED	PLEASED	MOSTLY	MIXED	MOSTLY DISSATISFIED	UNHAPPY	TERRIBLE
8. If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?	0	1	2	3	4	5	6

## BPH Medication Satisfaction Survey

Current B	3PH medica	tion:													
How long	ı have you b	een on l	3PH med	dications	?										
□ 0-3 months □ 3-6 months □ 6-12 months									□ 1 year or more						
	rting your B Il that apply		ication h	ave you	experier	nced any	of the f	foll	lowing s	ide effe	ects?				
	Symptom							Nε	ew or Co	ntinuir	ıg?				
	Intermittent urination (starting & stopping)								<ul><li>☐ New since starting BPH meds</li><li>☐ Continuing since starting BPH meds</li></ul>						
	Poor strea		<ul><li>☐ New since starting BPH meds</li><li>☐ Continuing since starting BPH meds</li></ul>												
	Unable to completely empty your bladder (feels like there is more even after going to the bathroom)								<ul><li>□ New since starting BPH meds</li><li>□ Continuing since starting BPH meds</li></ul>						
	Painful uri	I	<ul><li>□ New since starting BPH meds</li><li>□ Continuing since starting BPH meds</li></ul>												
	Need for frequent urination: day, night or both								<ul><li>□ New since starting BPH meds</li><li>□ Continuing since starting BPH meds</li></ul>						
	Sudden or			New since Continuino											
	Leakage - unable to			New since Continuino											
	Nausea							<ul><li>□ New since starting BPH meds</li><li>□ Continuing since starting BPH meds</li></ul>							
	Headache	s						<ul><li>☐ New since starting BPH meds</li><li>☐ Continuing since starting BPH meds</li></ul>							
	Dizziness						_	<ul><li>☐ New since starting BPH meds</li><li>☐ Continuing since starting BPH meds</li></ul>							
	Decrease or stoppage in ejaculatory fluid								New since Continuino						
symptom 0	le of 0 to 10 relief have 1		-				-	-	3	nptom 9 Complete	10	now muc	h		
On a sca	le of 0 to 10	ur BPH s	symptom	s? Circle	e a numb	er.			emely fro	ustrate	d, what	t is your	level		
0 No f	1 rustration	2	3	4	5	6	7	8	B Extrer	9 ne frustr	10 ation				
-	nterested in Yes □	-	j about a	new the	erapy to t	reat your	BPH?								
-	u like your o Yes □	doctor to No	make a	recomm	endatior	1?									