



YOU'RE NOT ALONE

*Erectile Dysfunction
& Diabetes*

ED affects
35% to 90%
of men
with diabetes.¹

Welcome

This brochure is designed to help you learn more about the connection between erectile dysfunction (ED) and diabetes – and how you can find a solution to regain the **confidence**, **control** and **wholeness** you seek with an **active, satisfying sex life**.

“I was literally there, in my early 40s, thinking I’m just never going to have a conventional sex life again.”

– Benno Schmidt

The quotes featured throughout this brochure are from real men with diabetes, who have tried other treatment options for their ED and eventually received a penile implant. Their testimony is based on their own experience, and may not be typical for all patients.




ED & Diabetes

Over time, it's very common for people with diabetes to experience nerve damage due to high blood sugar levels. Diabetic nerve damage can lead to loss of sensation or feeling in the feet or hands. It can also cause problems with digestion, going to the bathroom or having sex.^{1,2}

If you're a man with diabetes experiencing ED – the inability to get or maintain an erection that's firm enough or lasts long enough to have successful sexual intercourse – you're not alone. Men with diabetes are 3 times more likely to experience ED than men without diabetes and it affects them 10-15 years earlier in life.¹

“I was 32, and the doctors told me all the things I could look forward to...problems with my eyes, heart, kidney, liver, circulation and eventually ED. Within the first year I started having problems with ED.”

– Tom Waters



"I wish my doctors had been more aggressive in asking about this particular complication of diabetes. I would not have waited so long to do something about it."

– Kerry Marino

The Emotional Connection

Finding a satisfying treatment for ED can be a life-changing event for many men and their partners, who may have struggled for years with a condition that can impact their self-esteem and affect their most intimate relationships.

"With ED, you're just not quite measuring up from a masculine standpoint. It works on you in very subtle ways."

– Dave Edson



“Dealing with ED really puts a huge emotional burden on you.”

– Tom Waters

Men with diabetes are 1.5 to 2 times more likely to proceed with **more advanced treatments for ED** than those without diabetes.³

Discover Hope

Fortunately, there are many ways to treat ED today. Oral medications are a common first step, but they don't work for everyone – especially those with diabetes: PDE5 inhibitors (the type of medications that include Viagra^{TM†}, Cialis^{TM†} and Levitra^{TM†}) are shown to be less effective in men with diabetes.¹ Men with diabetes and ED are more likely to be prescribed treatment beyond medications.³

92% of patients and
96% of their partners
reported sexual activity
with the implant
to be **excellent**
or **satisfactory**⁴

Know All Your Options

The important thing to know is that you are not alone – there is hope for nearly every man suffering from ED. Treatment options include oral medications, vacuum devices, suppositories, injections and penile implants. These treatments work differently for different people, and some may be more effective than others for you.

A penile implant is a unique solution because it allows you to have intimacy wherever, whenever, and for as long as you want. It lets you be spontaneous again, and is reliable with no medication side effects or ongoing cost.

Many patients and partners are highly satisfied with the penile implant. Penile implants have been in clinical use for over 40 years⁵ and over 400,000 patients have been treated with an AMS penile implant.⁶

*“Implants are hope to millions like me.
Most people with ED can be helped today.”*

– Benno Schmidt



Could a Penile Implant Be the Answer for You?

A penile implant is entirely contained within the body and is designed to be simple and easy to operate. It provides the ability to have an erection anytime you choose, and once activated, you can maintain an erection as long as you desire. It typically does not interfere with ejaculation or orgasm.^{4,7}

“What the penile implant does for a man is absolutely life-changing. It’s been a wonderful experience for both of us. 40 years of marriage and we’re having the best sex of our lives.”

– Dave Edson

Penile implants have helped hundreds of thousands of men return to an active satisfying sex life.⁸

Take the Next Step

- **Learn more about ED**

and its impact on men with diabetes at www.edcure.org

- **Talk with a urologist who specializes in ED**

and offers the full range of treatment options, including implants. Need help finding an experienced doctor near you?

Visit our “Find a Physician” feature at www.edcure.org or contact a Patient Education Coordinator at PatientEducation@ammd.com or 1-844-4ED-CURE.

- **Talk to someone who’s been there.**

Email us at PatientEducation@ammd.com or call 1-844-4ED-CURE and get connected with a patient who found a successful treatment for his ED.

- **dLife is the premiere platform** to inform, inspire, and connect with millions of diabetes patients and caregivers. For free tools and resources to help better self-manage your diabetes, go to www.dlife.com



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