

Sexual Health Inventory for Men (SHIM)¹

Discuss your answers with your doctor today.

Over the Past 6 Months: *(Circle one response per question)*

1. How do you rate your confidence that you could get and keep an erection?

Very Low	1
Low	2
Moderate	3
High	4
Very High	5

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?

No sexual activity	0
Almost never or never	1
A few times <i>(much less than half the time)</i>	2
Sometimes <i>(about half the time)</i>	3
Most times <i>(much more than half the time)</i>	4
Almost always or always	5

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?

Did not attempt intercourse	0
Almost never or never	1
A few times <i>(much less than half the time)</i>	2
Sometimes <i>(about half the time)</i>	3
Most times <i>(much more than half the time)</i>	4
Almost always or always	5

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

Did not attempt intercourse	0
Extremely difficult	1
Very difficult	2
Difficult	3
Slightly difficult	4
Not difficult	5

5. When you attempted sexual intercourse, how often was it satisfactory for you?

Did not attempt intercourse	0
Almost never or never	1
A few times <i>(much less than half the time)</i>	2
Sometimes <i>(about half the time)</i>	3
Most times <i>(much more than half the time)</i>	4
Almost always or always	5

Add the numbers corresponding to questions 1-5:

TOTAL: _____

The Sexual Health Inventory for Men further classifies ED severity with the following breakpoints:

1-7	Severe ED
8-11	Moderate ED
12-16	Mild to Moderate ED
17-21	Mild ED

| www.auanet.org/content/education-and-meetings/med-stu-curriculum/pdf/ed.pdf
