

AdVance™ XP Male Sling System

Post-procedure instructions

Congratulations, you have taken this important step to improve your quality of life!

The AdVance XP Male Sling is a proven, reliable treatment for male stress urinary incontinence. To ensure continued success with this treatment, carefully review and follow these instructions.

Follow these instructions **post-procedure weeks 1-2** or based on your urologist's recommended timeline.

1. No bath or hot tubs; however, you may shower 24 hours after your procedure.

Follow these instructions **post-procedure for a minimum of 6 weeks** or based on your urologist's recommended timeline.

1. No heavy lifting.
2. No strenuous exercise.
3. No intercourse.

Additional expectations following your procedure:

1. Your urologist may prescribe a stool softener, pain medication and antibiotic for you following your procedure.
2. It is not uncommon to experience some pain at the procedural site. This is typically controlled with pain medication prescribed by your urologist.
3. Initially, you may have to strain a bit to void, and it is not uncommon for your urine stream to slightly decrease following your procedure. This will usually resolve. If you are unable to urinate following your procedure, you may need a catheter for a short period of time.

Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

Your doctor is your best source for information on the risks and benefits of the AdVance™ XP Male Sling System. Talk to your doctor for a complete listing of risks, warnings and important safety information.

The AdVance™ XP Male Sling System is intended for the treatment of male stress urinary incontinence (SUI). Potential risks may include inability to urinate (urinary retention), return to incontinence and pain. MH-557011-AA

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