

# Becoming Whole Again

Veterans deserve every opportunity to live a healthy, active lifestyle. You have served our country. But no matter the length or branch of service, veteran or civilian, men can experience erectile dysfunction (ED) and stress urinary incontinence (SUI) in association with other diseases (diabetes, cardiovascular disease) or as a result of prostate cancer treatment.<sup>1,2</sup>

These conditions can impact your relationships and affect your self-confidence. The good news is that there are treatment options that can help.



Erectile dysfunction and urinary incontinence **can take a mental and physical toll.**<sup>3,4</sup>

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#### AMS 700™ Series Inflatable Penile Prosthesis

Caution: Federal (U.S.) law restricts this device to sale by or on the order of a physician.

Your doctor is your best source for information on the risks and benefits of the AMS 700™ with MS Pump™ Inflatable Penile Prosthesis. Talk to your doctor for a complete listing of risks, warnings and important safety information.

The AMS 700™ with MS Pump™ Inflatable Penile Prosthesis is intended for use in the treatment of male erectile dysfunction (impotence). Implanting a penile prosthesis will damage or destroy any remaining ability to have a natural erection, as well as make other treatment options impossible.

Men with diabetes, spinal cord injuries or skin infections may have an increased risk of infection. Implantation may result in penile shortening, curvature or scarring. Some AMS 700 devices contain an antibiotic (InhibiZone™ Antibiotic Surface Treatment). The device may not be suited for patients who are allergic to the antibiotics contained within the device (rifampin, minocycline or other tetracyclines) or have systemic lupus.

Potential risks may include: device malfunction/failure leading to additional surgery, device migration potentially leading to exposure through the tissue, wearing away/loss of tissue (device/tissue erosion) infection, unintended-inflation of the device and pain/soresness. MH-545411-AA

#### AMS 800™ Urinary Control System

Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

Your doctor is your best source for information on the risks and benefits of the AMS 800 Urinary Control System. Talk to your doctor for a complete listing of risks, warnings and important safety information.

The AMS 800 Urinary Control System is intended for use in the treatment of male stress urinary incontinence (intrinsic sphincter deficiency) following prostate surgery.

Men with diabetes, spinal cord injuries or skin infections may have an increased risk of infection. Some AMS 800 devices contain an antibiotic (InhibiZone™ Antibiotic Surface Treatment). The device may not be suited for patients who are allergic to the antibiotics contained within the device (rifampin, minocycline or other tetracyclines) or have systemic lupus.

Potential risks may include: device malfunction/failure leading to additional surgery, wearing away/loss of tissue (device/tissue erosion), inability to urinate (urinary retention), infection, and pain/soresness. MH-545611-AA

#### AdVance™ Male Sling System

Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

Your doctor is your best source for information on the risks and benefits of the AdVance Male Sling System. Talk to your doctor for a complete listing of risks, warnings and important safety information.

The AdVance Male Sling System is intended for the treatment of male stress urinary incontinence (SUI).

Potential risks may include inability to urinate (urinary retention), return to incontinence and pain. MH-547816-AA

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# Erectile Dysfunction and Male Incontinence

Treatment options for veterans



# Erectile Dysfunction

## What is erectile dysfunction?

Erectile dysfunction (ED) is defined as the persistent inability to achieve or maintain a penile erection sufficient for satisfactory sexual performance.<sup>5</sup> It can affect men of all ages and is a growing problem among veterans.<sup>6</sup>

## What causes ED?

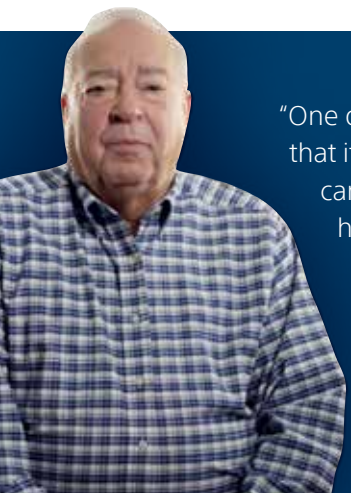
ED happens when blood flow to the penis is limited or nerves are damaged. The cause can be physical, psychological or a combination of both. Physical causes include diabetes, vascular disease, side effects of medications and prostate cancer treatment.<sup>1</sup>

## What are my treatment options?

Whatever is causing your ED, there is a treatment option that can provide a satisfying solution.<sup>7</sup> Oral medications are a common first step, but they don't work for everyone or may stop working. Other treatments include vacuum erection devices, injections and intraurethral suppositories. A penile implant, like the AMS 700™ Implant, is designed to be a permanent solution for men suffering from ED and can provide an erection whenever desired, for as long as the man and his partner desires.



To learn about all treatment options and find a Veterans Choice provider specialist in your area, visit [EDCure.org](http://EDCure.org)



“One of the great benefits of the implant is that it’s natural; you control the erection, it can last as long as you want, and you can have it whenever you want. My biggest regret is that I waited eight years from the time I had a prostatectomy until I got the implant.”

— Danny, US Marine Corps, Vietnam

# Stress Urinary Incontinence

## What is stress urinary incontinence?

Incontinence is defined as any involuntary leakage of urine.<sup>8</sup> Male stress urinary incontinence (SUI) is usually caused by a damaged or weakened sphincter. The sphincter is the circular muscle that controls urine flow out of the bladder. When damaged, this muscle cannot squeeze and close off the urethra; the result is urine leakage.

## What causes male SUI?

SUI is a common side effect of prostate cancer treatment, such as surgery (radical prostatectomy) or radiation. It can also be a symptom from enlarged prostate (BPH) surgery, pelvic trauma or a neurological condition such as spina bifida.<sup>2</sup>

## What are my treatment options?

Most cases of stress urinary incontinence can be cured or improved.<sup>9</sup> Your doctor may recommend changes to your daily routine, such as avoiding caffeine and alcohol, limiting fluid intake and following a voiding schedule.<sup>10</sup> Some men cope by using absorbent pads and protective undergarments. Others use penile clamps or catheters to try to prevent urine leakage. Long-term treatment options, such as the AMS 800™ Urinary Control System and the AdVance™ Male Sling System, can provide proven, discreet bladder control.<sup>11,12</sup>



To learn about all treatment options and find a Veterans Choice provider specialist in your area, visit [FixIncontinence.com](http://FixIncontinence.com)

Over the last 40 years, **more than 180,000 patients around the world** have received an artificial urinary sphincter like the AMS 800 System.<sup>13</sup>

# Veterans Choice Program

## With the Veterans Choice Program, no man is left behind

The Veterans Choice Program (VCP) allows eligible veterans to receive care in their own communities, or at a facility that specializes in treating SUI and ED. This is great news for veterans who can't access a specialist, face long wait times or have difficulty traveling to the nearest VA medical center.

## Eligibility requirements

If one or more of the following conditions apply, you may be eligible to receive care through VCP.

- VA can't provide the services required
- VA can't provide an appointment within 30 days
- You live more than 40 miles (driving distance) from the nearest VA medical facility
- You have to travel by air, boat or ferry to get to the nearest VA medical facility
- You face an excessive burden in traveling to the nearest VA medical facility

## Take the next steps

You must receive prior authorization from the VA to receive care from a VCP provider. To find out if you are eligible, call **866-606-8198** or visit [www.va.gov/opa/choiceact](http://www.va.gov/opa/choiceact).

- Go to [EDCure.org](http://EDCure.org) or [FixIncontinence.com](http://FixIncontinence.com) to find a VCP participating specialist in your area. More than 250 Veterans Choice providers are listed on [EDCure.org](http://EDCure.org), and over 150 are listed on [FixIncontinence.com](http://FixIncontinence.com).
- Call the VA to schedule an appointment and request the VCP specialist found on [EDCure.org](http://EDCure.org) or [FixIncontinence.com](http://FixIncontinence.com). The VA makes the final decision about who can provide care.