



# Rezūm™

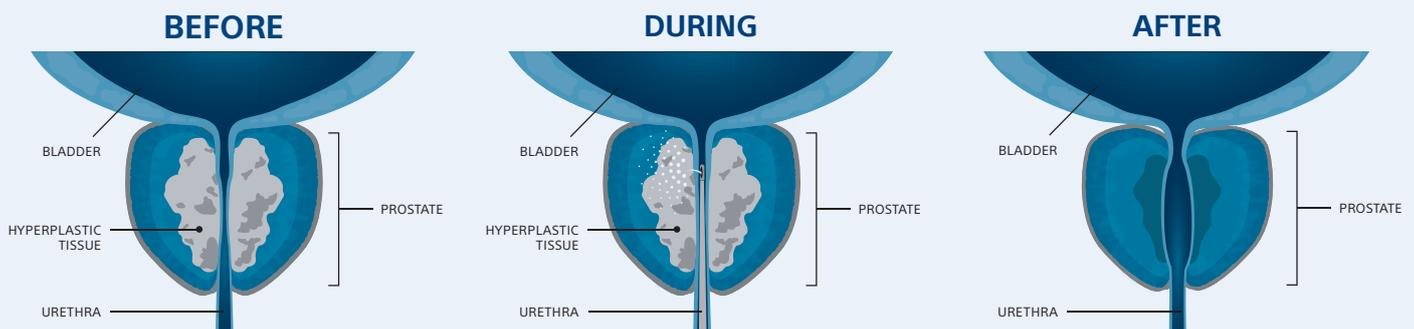
## Water Vapor Therapy

Transform the BPH treatment experience for your patients with a durable, minimally invasive alternative to medical management

- First-line therapy option<sup>1</sup>
- Low retreatment rate<sup>2</sup>
- Preserves sexual function<sup>3</sup>
- Doesn't require a permanent implant
- Able to treat prostates with hyperplasia of the lateral lobes, central zone and/or median lobe

### How does the Rezūm System work?

The Rezūm System is a transurethral thermal therapy that uses sterile water vapor (steam) to treat BPH by delivering targeted, controlled doses of thermal energy directly to the prostate gland, targeting and reducing the obstructive tissue that causes BPH.



# Study results show that Rezūm™ Water Vapor Therapy demonstrates durability and significant, sustained BPH symptom relief through 4 years

## Rezūm Water Vapor Thermal Therapy for Lower Urinary Tract Symptoms Associated with Benign Prostatic Hyperplasia: 4-Year Results from Randomized Controlled Study

In Press: *Urology*, January 2019 | Authors: McVary KT, Rogers T, Roehrborn CG

The latest published analysis offers evidence that Rezūm Water Vapor Therapy demonstrates significant, sustained improvement of lower urinary tract symptoms (LUTS) and QOL for patients treated for benign prostatic hyperplasia (BPH) through 4 years post-procedure. Improvements as measured by IPSS, QOL, Qmax and BPHII show durability with consistent improvement from initial reporting at 3 months.

### 4-Year Study Data by the Numbers<sup>4</sup>

 <b>135 Subjects</b> <b>15 Sites</b>	Durable	Sustained Results	
	Surgical Retreatment Rate <b>4.4%</b>	International Prostate Symptom Score (IPSS)  <b>10.1 pts</b> (46.7%)	Quality of Life Impact (QOL)  <b>2.0 pts</b> (42.9%)
		Maximum Flow Rate (Qmax)  <b>4.2 mL/sec</b> (49.5%)	BPH Impact Index (BPHII)  <b>3.5 pts</b> (52.2%)

In addition to symptom and QOL improvements, surgical retreatment was low, with surgical intervention performed on just 4.4% of subjects through 4 years. Study results show a positive safety profile with preservation of sexual function, and no late-occurring related adverse events or de novo erectile dysfunction reported at 4 years.

To learn more about Rezūm Water Vapor Therapy or our portfolio of BPH treatment options, contact your Boston Scientific representative or visit [bostonscientific.eu/bph](http://bostonscientific.eu/bph)

1. Roehrborn CG, Gange SN, Gittelman MC, et al. Convective water vapor energy (WAVE) ablation therapy: durable two-year results and prospective blinded crossover study for treatment of lower urinary tract symptoms due to benign prostatic hyperplasia. *J Urol*. 2017 Jun;197(6):1507-1516
2. McVary KT, Roehrborn CG. Three-year outcomes of the prospective, randomized controlled Rezūm system study: convective radiofrequency thermal therapy for treatment of lower urinary tract symptoms due to benign prostatic hyperplasia. *Urology*. 2018 Jan;111:1-9.
3. McVary KT, Gange SN, Gittelman MC, et al. Minimally invasive prostate convective water vapor energy ablation: a multicenter, randomized, controlled study for the treatment of lower urinary tract symptoms secondary to benign prostatic hyperplasia. *J Urol*. 2016 May;195(5):1529-1538.
4. McVary KT, Rogers T, Roehrborn CG. Rezūm water vapor thermal therapy for lower urinary tract symptoms associated with benign prostatic hyperplasia: 4-year results from randomized controlled study. *Urology Gold Journal*. 2019 Jan 23. [Epub ahead of print]

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