



Cryoablation of a 6mm Retro Mamillar Lesion

Dr. Meindl

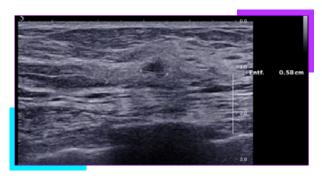
Results from case studies are not necessarily predictive of results in other cases. Results in other cases may vary.

Cryoablation is a feasible option to treat breast cancer if patient condition does not favour surgery.



PRESENTATION

- 87-year-old female with history of chronic leukemia presents for routine mammography and sonography
- Discovered an inconspicuous retro mamillary 6mm left breast lesion
- ▶ Biopsy taken and pathologic results confirm a breast carcinoma (Estrogen Receptro (ER) +++, Progestrone Receptor (P) +++, Human Epidermal Growth Factor Receptor (HER2) ++

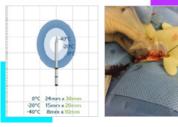


Live tumour measurements via ultrasound before the treatment



TREATMENT PLAN

- Tumour board opt for cryoablation treatment after the patient vehemently refuses surgery owing to personal circumstances. Patient open to a local therapy option.
- Outpatient treatment with cryoablation was planned
- Treatment planning was done with 1 IceSeed™ 1.5mm needle



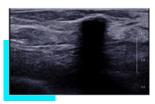
Isotherm data of the IceSeed needle with guidance

Needle placement



TREATMENT AND FOLLOW UP

- Local anesthesia with superficial Lidocaine
- Based on ultrasound guidance 1 needle was positioned centrally into the tumour mass using a lateral approach
- The freeze-thaw cycle used can be seen below
- Straightforward easy cryoablation treatment was performed without complications and the patient did not feel any pain
- The 1 week sonographic follow up shows an uncharacteristic hyporeflective lesion
- After 4 weeks and during the further quarterly checks, no more focal findings could be detected



Iceball size after 3 min. of freezing



Iceball size after the first freezing cycle



Iceball size with measurement of the 0° zone after the second freezina cvcle

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CONCLUSION

- Cryoablation therapy can be considered for elderly patients with co-morbidities that contraindicate surgery or patients that refuse breast surgery
- The treatment can be performed as 30- minute outpatient treatment
- Cryoablation was in this case a good alternative to surgery, with a satisfactory clinical outcome



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