

# Managing Chronic Pain

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## Alternatives to Opioids





# CHRONIC PAIN



**1 in 3**

Americans suffer from chronic pain<sup>1</sup>

More than just a physical toll, chronic pain can have a devastating impact with<sup>2</sup>:



Strained personal relationships



Loss of productivity or inability to work



Increased financial burden



Feeling depressed or withdrawing from others



Nearly 2 million people either abused or were dependent on prescription opioids in 2014<sup>3</sup>



The amount of opioids prescribed and sold in the US since 1999, but the overall amount of pain reported hasn't changed.<sup>3</sup>

Many people rely on pain medication to manage chronic pain, but it can cause drowsiness, hallucinations or lead to addiction<sup>4</sup>



"Evidence of long-term efficacy of opioids for chronic pain is limited. Opioid use is associated with serious risks, including opioid use disorder and overdose... Of primary importance, nonopioid therapy is preferred for treatment of chronic pain."  
—JAMA<sup>5</sup>

## AN INTERVENTIONAL PAIN SPECIALIST CAN HELP WHEN:

- Chronic pain lasts longer than 3 months with little improvement
- A procedure may be needed to treat pain
- A significant amount of medication may be required to relieve pain

## AN INTERVENTIONAL PAIN MANAGEMENT PHYSICIAN MAY SPECIALIZE IN THE FOLLOWING PROCEDURES:

- Trigger Point Injections
- Nerve Blocks
- Steroid Injections
- Radio Frequency Ablation
- Disc Procedures
- Spinal Cord Stimulators
- Intrathecal Pump Therapy

TO FIND PAIN MANAGEMENT PHYSICIANS IN YOUR AREA VISIT:  
**WWW.CONTROLYOURPAIN.COM**

### SOURCES

1. Institute of Medicine ([http://books.nap.edu/openbook.php?record\\_id=13172&page=1](http://books.nap.edu/openbook.php?record_id=13172&page=1))
2. The impact of chronic pain in the community (<http://fampra.oxfordjournals.org/content/18/3/292.full>)
3. [http://www.cdc.gov/drugoverdose/pdf/infographic-cdc\\_guideline\\_for\\_prescribing\\_opioids\\_for\\_chronic\\_pain-a.pdf](http://www.cdc.gov/drugoverdose/pdf/infographic-cdc_guideline_for_prescribing_opioids_for_chronic_pain-a.pdf)
4. National Survey on Drug Use and Health <http://www.samhsa.gov/data/NSDUH/2k10NSDUH/2k10Results.htm#Ch7>
5. <http://jama.jamanetwork.com/mobile/article.aspx?articleid=2503508>



US Indications for Use: The Boston Scientific Neuromodulation Spinal Cord Stimulator (SCS) Systems are indicated as an aid in the management of chronic intractable pain of the trunk and/or limbs, including unilateral or bilateral pain associated with the following: failed back surgery syndrome, intractable low back pain, and leg pain. Contraindications, warnings, precautions, side effects. The SCS Systems are contraindicated for patients who: are unable to operate the SCS System, have failed trial stimulation by failing to receive effective pain relief, are poor surgical risks, or are pregnant. Refer to the Instructions for Use provided with the SCS System or [ControlYourPain.com](http://ControlYourPain.com) for potential adverse effects, warnings, and precautions prior to using this product. Caution: Federal (U.S.) law restricts this device to sale by or on the order of a physician.

More information for health care professionals can be found at [HCP.ControlYourPain.com](http://HCP.ControlYourPain.com)

Outside of US Indications for Use: CAUTION: The law restricts these devices to sale by or on the order of a physician. Indications, contraindications, warnings and instructions for use can be found in the product labeling supplied with each device. Information for use only in countries with applicable health authority registrations. Material not intended for use in France.

More information for health care professionals can be found at <http://www.bostonscientific-international.com/>

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