SpyGlass® Direct Visualization System

FINAL RESULTS FROM LARGEST PROSPECTIVE INVESTIGATION OF PERORAL CHOLANGIOSCOPY

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Two gifted physicians, two extraordinary men

For years, many of us at Boston Scientific had the privilege to know and work with Dr. Yang Chen and Dr. Pete Stevens, two gifted physicians with a passion for patient care and a deep commitment to clinical research, particularly in the area of developing and evaluating new endoscopic technologies. Along with this team of investigators, their pioneering work with single operator cholangioscopy helped establish and expand its use in gaining acceptance as a new standard of care in the management of biliary stricture and stone disease.

As gifted physicians, Dr. Chen and Dr. Stevens will be remembered for their vision, leadership and tireless dedication to improving patient care. As extraordinary men, they will be remembered for the strength of their relationships – as teachers, mentors, colleagues and friends – and their passion for life and learning.

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Conclusions

Evaluation of bile duct disease and biliary stone therapy can be safely performed with a high success rate using the SpyGlass single-operator cholangioscopy (SOC) System. In this study, this technology demonstrated its adaptability for use by a wider group of skilled endoscopists and referral centers in the United States and Europe.

Abbreviations: EHL, electrohydraulic lithotripsy; IQR, interquartile range; SOC, single-operator cholangioscopy
History of Cholangioscopy
Development of the SpyGlass® System

HISTORY OF CHOLANGIOSCOPY

With over 300 articles published to date, it is well documented that direct visualization of the bile ducts by peroral cholangioscopy can be of value in the diagnosis of biliary abnormalities, obtaining biopsy specimens, and guiding stone therapy. And, although the first use of peroral cholangioscopy was reported in the 1970s, its adoption has been significantly hampered by the technical limitations of traditional cholangioscopes – fragility that resulted in high repair costs, limited steerability, poor irrigation capabilities and the need for two operators.

SpyGlass Direct Visualization System

The SpyGlass System was developed to overcome the limitations of traditional cholangioscopes and provide optically-guided therapeutics for targeted stricture and stone management. It is the first single-use, single-operator cholangioscopy (SOC) system with two dedicated irrigation channels, an optic channel and a 1.2mm diameter therapeutic channel – all within the 10Fr SpyScope® Access and Delivery Catheter that also provides 4-way tip deflection to facilitate steerability and maneuverability through small ducts.

The irrigation channels of the SOC system permit irrigation fluid flow rates four- to five-fold those achievable through the working channel of conventional systems. In bench simulations with the SpyBite® Biopsy Forceps loaded, the SOC system was successful twice as often in gaining access to target sites compared with a conventional choledochoscope limited to 2-way deflection.

SPYGLASS SYSTEM TODAY

Since its launch in July 2007, the SpyGlass SOC System has been utilized in more than 30,000 patient procedures and has been installed in over 700 medical facilities worldwide. Clinical data have been published in more than 100 abstracts and articles in medical journals.

Expanding Therapeutic Applications

Although this clinical registry focused on tissue acquisition and large stone management in the bile ducts, there are now many other documented applications of the SpyGlass System throughout the pancreatico-biliary system that continue to reaffirm its expanded utility and versatility.

*Through January 2012

SpyGlass System Intraductal Images

- Biopsy of IPMN with SpyBite Forceps
- Stone Therapy with Holmium Laser
- Biliary Variceal
- Biliary Leiomyoma
STUDY OBJECTIVES

A feasibility study at two tertiary centers previously reported that this system can provide adequate samples for histological diagnosis and successfully facilitate stone therapy. The objective of this study (the largest ever to report on peroral cholangioscopy) was to confirm the utility of this system in more widespread clinical use.

Design/Setting/Patients/Limitations

This was a prospective clinical cohort study of 15 endoscopic referral centers in the U.S. and Europe, with 297 patients requiring evaluation of bile duct disease or biliary stone therapy. The study was observational in design with no control group.

Outcome Measurements/Endpoints

Procedural success was defined as the ability to: (1) visualize target lesions and, if indicated, collect biopsy specimens adequate for histological evaluation; or (2) visualize biliary stones and initiate fragmentation and removal.

Summary of Evaluation Criteria

All patients were evaluated before the SOC procedure and 48 to 72 hours and 1 month thereafter. At baseline, a medical history was taken and demographic characteristics and the indication for ERCP were recorded. After completion of ERCP, a diagnosis and patient management plan were assigned based on the cholangiographic findings associated with impressions (benign, malignant or indeterminate), and the indication for the immediately succeeding SOC procedure was noted.

Based on the findings at cholangioscopy, associated with SOC impressions (benign or malignant), the diagnosis and management plan were updated. On review of the histopathological findings, the diagnosis and management plan were again updated. In biopsy patients without tissue evidence of malignancy, follow-up was scheduled for 6 and 12 months unless a definitive diagnosis was established sooner.

**BASELINE PATIENT DATA**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>N – 297</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y, mean (SD)</td>
<td>62.9 (16.2)</td>
</tr>
<tr>
<td>Body mass index, kg . m^2, mean (SD)</td>
<td>26.6 (5.8)</td>
</tr>
<tr>
<td>Sex, no. (%)</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>145 (48.8)</td>
</tr>
<tr>
<td>Female</td>
<td>152 (51.2)</td>
</tr>
<tr>
<td>Admission, no. (%)</td>
<td></td>
</tr>
<tr>
<td>Inpatient</td>
<td>107 (36.0)</td>
</tr>
<tr>
<td>Outpatient</td>
<td>190 (64.0)</td>
</tr>
<tr>
<td>Previous ERCP procedures, no. (%)</td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>41 (13.8)</td>
</tr>
<tr>
<td>1</td>
<td>90 (30.3)</td>
</tr>
<tr>
<td>2</td>
<td>77 (25.9)</td>
</tr>
<tr>
<td>≥ 3</td>
<td>89 (30.0)</td>
</tr>
<tr>
<td>History of post-ERCP pancreatitis, no. (%)</td>
<td>23 (7.7)</td>
</tr>
<tr>
<td>Pre-existing hepatobiliary &amp; pancreatic conditions, * no. (%)</td>
<td></td>
</tr>
<tr>
<td>Cholangitis (&lt; 4 wks before)</td>
<td>48 (16.2)</td>
</tr>
<tr>
<td>Cirrhosis</td>
<td>19 (6.4)</td>
</tr>
<tr>
<td>Chronic pancreatitis **</td>
<td>7 (2.4)</td>
</tr>
<tr>
<td>Acute pancreatitis (&lt; 4 wks before)</td>
<td>4 (1.3)</td>
</tr>
<tr>
<td>Sphincter of Oddi dysfunction</td>
<td>2 (0.7)</td>
</tr>
</tbody>
</table>

SD, Standard deviation.

* In 3 patients, both cholangitis and cirrhosis were present, and in one of them, chronic pancreatitis also. In no other case were there more than 2 reported pre-existing hepatobiliary or pancreatic conditions. No patient exhibited coagulopathy at baseline.

** Based on objective evidence.
### Disposition of Diagnostic Cases (297 total cases)

- 226 underwent single-operator cholangioscopy (SOC) for diagnostic purposes
  - 140 cases with biopsy (87% success rate)
  - 86 cases without biopsy (93% success rate)

### Overview of Results

- 88% of SOC-directed biopsies obtained adequate tissue for histological evaluation
- 75% of investigators rated the utility of SOC-directed biopsy as Good or Excellent
- 64% of diagnostic SOC procedures altered clinical management of those patients (including changes to stricture management in 69% of patients and the decision to perform surgery in 25%)

### Targeted Sites of Interest – Biopsy

- Hilar area: 50 (35.7%)
- Common Hepatic Duct (CHD): 40 (28.2%)
- Common Bile Duct (CBD): 49 (35.3%)

\[N = 140 \text{ Biopsy patients}^*\]

*139 patients with available data

### Number of Biopsy Bites

- Median no. of biopsy bites attempted (IQR, Interquartile range): 4 (3-5)
- Median no. of biopsy attempts successful (IQR, Interquartile range): 3 (3-4)

### Sensitivity Data for Intrinsic Malignancy*

- 56% sensitivity for ERCP impression
- 84% sensitivity for SOC impression
- 66% sensitivity for SOC-directed biopsy histology

### Conclusions

Evaluation of bile duct disease can be safely performed with a high success rate using the SpyGlass SOC System in diagnostic procedures. In this study, this technology demonstrated its adaptability for use by a wider group of skilled endoscopists and referral centers in the United States and Europe.

*The study also evaluated extrinsic malignancy data which had much lower sensitivity rates. An inherent limitation of cholangioscope-guided biopsy with miniaturized biopsy forceps is the inability to reach tumor tissue associated with extrinsic tumors.

### Adverse Events

- 7.5% (17 patients) experienced a serious ERCP- or SOC-related adverse event within 30 days
- Sixteen of the events resolved without sequelae. The remaining event, an episode of ERCP-related cholangitis, was managed with medication and stenting.
Disposition of Stone Therapy Cases (297 total cases)

66 underwent EHL (electrohydraulic lithotripsy) or laser stone therapy

- The majority of patients who underwent SOC-directed stone therapy were referred after ERCP with failed or incomplete conventional stone removal (see Baseline Data Table)

Overview of Results

- 92% success rate (61/66 patients) for stone therapy by EHL or laser lithotripsy*
- 85% of cases were rated Good or Excellent for quality of stone visualization by investigators
- 71% of patients achieved complete stone clearance in one session
- 11% had one or more stones identified only by SOC but not ERCP**

Targeted Sites of Interest – Stone Therapy

Intrahepatic area: 6 (9.1%)
Common Hepatic Duct (CHD): 15 (22.7%)
Cystic Duct Confluence: 7 (10.6%)
CBD: 38 (57.6%)

N = 66 Stone Therapy patients

Size of Stones

- Stones ranged from 5mm to a maximum of 60mm with a median stone size of 19mm
- 65% of patients had impacted stones

Conclusions

Biliary stone therapy can be safely performed with a high success rate using the SpyGlass SOC System. In this study, this technology demonstrated its adaptability for use by a wider group of skilled endoscopists and referral centers in the United States and Europe.

*Procedural success for SOC-directed stone therapy was defined as visualization of biliary stones and initiation of stone fragmentation and removal

**The ability to detect stones missed by ERCP is consistent with the results of 3 earlier studies on peroral cholangioscopy and can be ascribed in large part to the quality of stone visualization with the SOC system.1 The quality of stone visualization also aided in accurately targeting stones, for instance, allowing precise placement of the EHL or laser probes on the surface of difficult stones.

Adverse Events

- 6.1% (4 patients) experienced a total of 5 serious ERCP- or SOC-related adverse events, all within the first 5 days after therapy
- The duodenal perforation was treated surgically, whereas the other 4 events resolved without sequelae.
SELECT BIBLIOGRAPHY OF PUBLISHED OR PRESENTED DATA

Stone Therapy Articles


Diagnostic Articles


Other Related Articles


Dwyer LK, Polavarapu N, Hood S, Sheard J, Sturgess R; Peroral cholangioscopy – systematic evaluation in clinical practice. Digestive Diseases, Pathology, University Hospital Aintree, Liverpool, United Kingdom.