

## **ESOPHAGUS**

## Resolution™ Clip

Home

- > Hemoclipping of a Mallory-Weiss Tear
- > Closure of an Esophageal Laceration

Esophagus Stomach/Duodenum Colon Prophylactic Clipping

## Resolution™ Clip TECHNIQUE SPOTLIGHTS

## **Hemoclipping of a Mallory-Weiss Tear**

Case Presented by: MATHEW SERICATI, M.D.

Idaho Gastroenterology Associates and St. Luke's Regional Medical Center Boise, Idaho, USA



Figure 1



Figure 2

#### **HISTORY**

A 67-year-old man presented to the emergency room via ambulance with melanic stools and hematemesis. He was on a flight from Seattle to Denver when his flight was diverted to Boise after multiple bouts of hematemesis and a syncopal episode. Three days prior to the flight he reported melanic stools but was otherwise doing well. He became light-headed and was brought to his gate by wheelchair, but progressed to multiple episodes of hematemesis and a syncopal episode in the air. Past medical history was significant for osteoarthritis and gout for which he was taking indocin and allopurinol. Upon presentation to the emergency room, his blood pressure was 80/40 with a pulse in the 120s. His hemoglobin was 9.9, platelets 243, and INR was 1.0. After his blood pressure was stabilized with IVFs and blood transfusions, the patient underwent urgent EGD.

#### **PROCEDURE**

Multiple superficial ulcers were noted throughout the stomach. A 1cm ulcer with a visible vessel was present in the antrum of the stomach. The visible vessel (Figure 1) measured approximately 1.5mm and had evidence of recent bleeding. An injection of 3cc of 1:10,000 epinephrine into the visible vessel was performed. A Resolution Clip was placed on the visible vessel with excellent hemostasis (Figure 2). A 1cm Mallory-Weiss Tear was also noted at the GE junction with evidence of recent bleeding (felt to be the secondary bleeding site from retching). This was treated with bipolar electrocoagulation from a 7Fr Probe<sup>TM</sup> Electrohemostasis Catheter (Figure 3). After use of the Gold Probe Catheter, a Resolution Clip was placed to approximate the margins and provide good hemostasis (Figure 4).

### **POST PROCEDURE**

The patient was admitted to the intensive care unit overnight and placed on a Proton-Pump Inhibitor (PPI) drip. He clinically remained stable, had no further evidence of GI bleeding and did not require additional blood transfusions. He was discharged shortly after. Since being discharged from the hospital, he has not had any further bleeding and has not yet undergone his eight week follow up EGD.



Figure 3



Figure 4

Images provided courtesy of Dr. Sericati



Home

## Spiral Overtube-Related Esophageal Laceration Successfully Treated with the Application of Multiple Resolution Clips

## Case Presented by: JONATHAN M. BUSCAGLIA, M.D.

Director of Interventional Endoscopy
Assistant Professor of Medicine
Stony Brook University Medical Center
State University of New York at Stony Brook, USA



Figure 1

#### **HISTORY**

A 78-year-old female presented with melena and refractory iron-deficiency anemia requiring several blood transfusions. She had a history of valvular heart disease and hypertension. Upper endoscopy and colonoscopy were both negative. A wireless capsule endoscopy study was performed and revealed multiple bleeding angioectasias within the proximal and mid small intestine. Referral to our center was made for subsequent deep enteroscopy procedure.

#### **PROCEDURE**



Figure 2

An antegrade (per os) spiral overtube-assisted deep enteroscopy was performed under general anesthesia. The enteroscope was advanced into the proximal ileum. Several non-bleeding angioectasias were noted in the proximal and mid jejunum. Argon plasma coagulation was used to ablate all visible lesions, and the enteroscope and overtube were then both withdrawn. Upon inspection of the distal esophagus, a slightly less than 3cm mucosal laceration was noted which penetrated down to the circular muscle layer of the esophageal wall (Figure 1). Beginning at the most distal end of the laceration, a total of five Resolution Clips were readily deployed in longitudinal fashion in order to completely close the defect all the way to its most proximal edge (Figures 2-4).

### **OUTCOME**



Figure 3

The patient recovered from anesthesia without any discomfort or signs of perforation. She was discharged from the endoscopy unit on liquid diet for 24 hours and soft food for one week. During follow up at one week and three months after the procedure, the patient denied any complaints of dysphagia, painful swallowing, chest discomfort, or additional symptoms of concern. Her hemoglobin level remained stable for the first time in over two years.

### **DISCUSSION**



Figure 4

This case highlights the utility of the Resolution Clip for the treatment of gastrointestinal pathology which does not directly involve bleeding lesions such as ulcers or aberrant vessels. The flexibility of the Resolution Clip deployment catheter allowed for quick application of multiple clips even through the working channel of a long, 200cm enteroscope device. In addition, the Resolution Clip's wide jaw diameter enabled excellent apposition of the tissue margins despite the significant width of the mucosal defect.

Images provided courtesy of Dr. Buscaglia



# STOMACH/DUODENUM

## Resolution™ Clip

- > Closure of a Large Gastric Defect
- > Closure of a Gastrocutaneous Fistula
- > Gastric Hemostasis
- > Hemostasis of Post-EMR Bleeding

- > Management of a Large Gastic Polyp
- > Closure of a Gastric EMR Site
- > Hemostasis of Actively Bleeding Gastric Polyps
- > Closure of a Duodenal Perforation after ESD

Home Esophagus Stomach/Duodenum Colon Prophylactic Clipping

## Closure of a Large Gastric Defect with Resolution Clips After Endoscopic Submucosal Dissection in the Gastric Fundus

Case Presented by:

PING-HONG ZHOU, M.D., PH.D MING-YAN CAI, M.D.; LI-QING YAO, M.D.

Endoscopy Center, Zhongshan Hospital Fudan University, Shanghai, CHINA



Figure 1

## the tumor.

**HISTORY** 



Figure 2

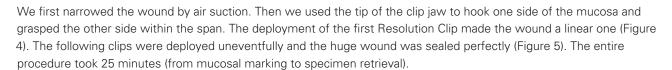


...... 2

A 59-year-old male came for an endoscopy examination with a complaint of six-month history of abdominal fullness. The exam revealed a submucosal tumor in the gastric fundus. Endoscopic ultrasonogarphy showed it originated from the muscularis propria (MP) layer, measuring 2.2×1.2cm in diameter. An abdominal CT scan with contrast was arranged. The lesion was mainly intraluminal growing (Figure 1). He was admitted to our endoscopy unit for endoscopic resection of the tumor.

#### **PROCEDURE**

A standard endoscopic submucosal dissection (ESD) was performed for this patient. After mucosal marking, submucosal injection, precutting of the mucosal and submucosal layers around the lesion were performed with a hook knife. A circumferential incision was made as deep as the MP layer using an insulated-tip knife (Figure 2). The submucosal tumor was carefully dissected en bloc from the serosa, leaving the serosal layer intact (Figure 3). The resulting large gastric defect (< 3cm) was successfully closed using Resolution Clips.



#### **POST PROCEDURE**

The patient was on nothing by mouth after surgery. Post procedure medication included a proton pump inhibitor, antibiotics and haemostatics. The patient was observed for signs of abdominal pain, abdominal distension and peritonitis. None were observed. The patient was on a postoperative fluid diet on day two and discharged uneventfully on day three.



Figure 4



Figure 5



Continued on Next Page

Images provided courtesy of Dr. Zhou, Dr. Cai and Dr. Yao



## Closure of a Large Gastric Defect with Resolution Clips After Endoscopic Submucosal Dissection in the Gastric Fundus

Case Presented by:

PING-HONG ZHOU, M.D., PH.D MING-YAN CAI, M.D.; LI-QING YAO, M.D.

Endoscopy Center, Zhongshan Hospital Fudan University, Shanghai, CHINA

#### **DISCUSSION**

The successful closure of gastric defect after ESD procedure for MP-derived lesions is crucial to prevent gastrointestinal (GI) leakage and leads to the earlier healing of the wound. In this case, the tumor was located in a very difficult place for ESD procedure, the gastric fundus. The re-open and re-close functions of the Resolution Clip enables the easier repositioning of the clips. The deployment of the first clip was very important in this case, because it made the wound a linear one which is much easier for the deployment of the following clips. Effective closure of the wound is required for submucosal lesions originating from deep layers of the gastric wall. The cost effectiveness of clips makes this a mainstream option for closure procedures. The jaw span of Resolution Clip is 11mm-wide, ensuring a strong and deep grasp of the tissue, thus preventing delayed perforation and GI leakage. This case illustrates the effectiveness of Resolution Clips for closing a large gastric defect after ESD procedure for an MP-derived submucosal tumor in the gastric fundus, allowing safe and rapid recovery for this patient.







## **Endoscopic Clip Closure of a Gastrocutaneous Fistula** in a Patient with History of Tucker Dilation via Gastrostomy

Case Presented by: KIMBERLY J. KOLKHORST, D.O. PATRICK BRADY, M.D.

Division of Digestive Diseases University of South Florida Tampa, FL, USA



Figure 1



Figure 2



Figure 3

#### **HISTORY**

A 56-year-old female with a history of laryngeal cancer (status post-neck radiation and total laryngectomy approximately 20 years prior), presented with complaints of dysphagia and was found to have a severe proximal esophagus radiation-induced stricture. A percutaneous radiological gastrostomy (PRG) was subsequently placed to improve nutrition.

Over the course of 17 months, the patient underwent 18 esophagogastroduodenoscopies (EGD) with Tucker dilation via the gastrostomy up to 38 Fr. Successful Savary dilation was eventually achieved and Tucker dilation was no longer required. The PRG was removed 10 months after placement. Fourteen days after PRG removal the patient was noted to have persistent leakage from a gastrocutaneous fistula (GCF) at prior gastrostomy (Figure 1). The EGD revealed a hole in the anterior wall of the stomach, approximating 8mm (Figure 2). Attempted closure of the fistula using internal and external interrupted silk sutures was unsuccessful.



An EGD with endoscopic clip placement using one Resolution Clip to approximate the margins of the fistulous tract was performed. A decreased fistula output was noted after clip placement but leakage persisted. An EGD was repeated one week later with placement of five endoscopic clips (Figure 3) resulting in immediate closure of the gastrocutaneous fistula.

#### **POST PROCEDURE**

Endoscopic evaluation four months after endoscopic clip placement revealed four clips in place and persistent closure of the GCF (Figure 4). A repeat EGD 16 months after endoscopic clip placement revealed one clip in place with a well-healed gastric mucosa (Figure 5).



Figure 4



Figure 5



Continued on Next Page

Images provided courtesy of Dr. Kolkhorst and Dr. Brady



## **Endoscopic Clip Closure of a Gastrocutaneous Fistula** in a Patient with History of Tucker Dilation via Gastrostomy

Case Presented by: KIMBERLY J. KOLKHORST, D.O. PATRICK BRADY, M.D.

Division of Digestive Diseases University of South Florida Tampa, FL, USA

### **DISCUSSION**

Refractory gastrocutaneous fistulas are a known consequence following gastrostomy removal that can be very difficult to manage. Conservative management of GCFs has had limited success. Surgical laparotomy and excision of the fistulous tract is often required but results in increased morbidity and mortality, especially in debilitated patients.

Endoscopic clipping of GCFs involves grasping the mucosal and submucosal tissue layers at the fistulous tract edges and approximating the opposite walls, thus leading to macroscopic closure of the fistula opening. This case illustrates that endoscopic clip placement is a valuable modality for closing refractory gastrocutaneous fistulas and is a promising alternative to surgery.







Colon

## Resolution™ Clip

## Resolution Clip Facilitates Endoscopic Hemostasis, Improving Visibility and Access to Bleeding Vessel

Case Presented by:

## SERGEY V. KANTSEVOY, M.D., PH.D

The Melissa L. Pozner Institute for Digestive Health and Liver Disease at Mercy Medical Center Baltimore, Maryland, USA



Figure 1

## revealed an ulcerated mass 2 by 3cm inside the stomach (Figure 1). Because the risk of recurrent bleeding from the ulcerated gastric lesion was high, she was referred to us for endoscopic resection of the lesion.

**HISTORY** 

### **PROCEDURE**



Figure 2

An endoscopic ultrasound was performed and demonstrated hypoechoic rounded gastric lesions located in the submucosal layer of the gastric wall with a clearly seen large vessel inside the lesion (Figure 2). To prevent the bleeding from this vessel, a PolyLoop<sup>TM</sup> Snare was applied to the base of the lesion. However, after the lesion was resected with a snare, the PolyLoop Snare fell off and a severe arterial bleed started (Figure 3).

A 74-year-old woman with multiple medical problems (hypertension, diabetes mellitus, coronary artery disease, chronic renal insufficiency on hemodyalysis) became weak, dizzy and lost consciousness at home. She was brought to the emergency room by ambulance and was found to have anemia (Hematocrit = 22). An emergency upper endoscopy

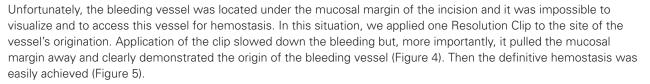




Figure 3

#### **POST PROCEDURE**

The pathological examination of the removed lesion (Figure 6) revealed a gastric carcinoid. The patient tolerated the procedure well and was discharged home two days after endoscopy in stable condition. An upper endoscopy was repeated in three months and demonstrated a well healed scar at the site of the endoscopic mucosal resection without any remaining carcinoid tissue (Figure 7). The patient did not have any other episodes of gastrointestinal bleeding.



Figure 4

### **CONCLUSIONS**

This case demonstrates additional value of the Resolution Clip in difficult cases of endoscopic hemostasis. If the bleeding vessel cannot be directly approached initially, application of the Resolution Clip can slow the rate of bleeding and may alter the local anatomy, providing favorable conditions for definitive endoscopic hemostasis.





Figure 5

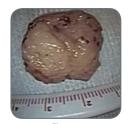


Figure 6



Figure 7



## **Treatment of Post-EMR Bleeding with Endoscopic Clips**

Case Presented by:
NESTOR CHOPITA, M.D., FRANCISCO TUFARE, M.D.,
NELSON CONDADO, M.D., BÁRBARA AMENDOLARA, M.D.

Gastroenterology Department, Hospital San Martín de La Plata, Buenos Aires, Argentina



Figure 1



Figure 2



Figure 3

### **HISTORY**

A 62-year-old male with cirrhosis (Child B) and a history of variceal bleeding was admitted to our hospital for gastric polyposis resection.

#### **PROCEDURE**

The endoscopy showed gastric polyposis and there was an abnormal area of mucosa on the gastric incisura. Biopsy taken from the site revealed intra-mucosal carcinoma and an endoscopic mucosal resection was performed (Figure. 1). The patient had hemodynamic instability, hematemesis and hematocrit dropped at 22% 12 hours after the procedure. Another endoscopy showed active bleeding in the EMR site (Figure 2). The bleeding was successfully managed with the use of 2 Resolution Clips (Figures 3 & 4).



During the follow up, the patient was in good condition and there were no complications (Figure 5). Histological results confirmed early gastric cancer (EGC).

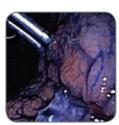


Figure 4



Figuro 5

Images provided courtesy of Dr. Chopita, Dr. Tufare, Dr. Condado and Dr. Amendolara





## **Management of a Large Gastic Polyp**

Case Presented by: **DAVID A. FLOREZ, M.D.** 

Medical Director,

Elms Endoscopy Center/Trident Gastroenterology,

Charlestown, South Carolina



Figure 1



Figure 2

#### **HISTORY**

An 81-year-old woman was referred for evaluation of weight loss and persistent nausea. Prior attempts at managing her symptoms with proton pump inhibitor therapy and promotility agents by her primary physician had failed. An EGD demonstrated a large gastric polyp at the pylorus (Figure 1), causing a functional gastric outlet obstruction. Radial Jaw™ 3 Standard Capacity Biopsy Forceps showed the polyp to be a benign hyperplastic inflammatory polyp. She was subsequently referred to me for endoscopic ultrasound evaluation (EUS) of the polyp and possible gastric polypectomy for definitive therapy.



The patient underwent EUS examination. The gastric polyp was scanned with a radial echoendoscope, revealing a large mucosal based lesion (Figure 2). There were no significant blood vessels within the polyp. Additionally, there were no malignant features and no evidence of invasion to deeper layers of the gastric wall. No significant celiac or peri-gastric lymphadenopathy was appreciated. A standard EGD scope was then passed and the polyp was removed in a piece-meal fashion with a Sensation<sup>TM</sup> Polypectomy Snare. The polyp fragments were then withdrawn through the mouth with a basket retrieval device.

The polypectomy ulcer was then re-inspected. There was mild, persistent oozing of blood at the site (Figure 3). Given the patient's advanced age and the fact that she lived in a rural area with considerable drive time to the nearest medical facility, I elected to attempt primary closure of the site with Resolution Clips (Figure 4). The defect edges were reapproximated with three Resolution Clips achieving adequate hemostasis. The patient tolerated the procedure well and there were no peri-operative complications. Twice daily proton pump inhibitor therapy was prescribed.

### **POST PROCEDURE**

Final pathologic diagnosis of the polyp revealed a benign inflammatory polyp without dysphagia. On follow up, the patient's nausea had resolved and her weight had normalized.



igure 3



Figure 4

Images provided courtesy of Dr. Florez





## **Closure of a Gastric EMR Site**

## Case Presented by: **KEVIN MCGRATH, M.D.**

Assistant Professor of Medicine
Director, Endoscopic Ultrasound, Medical Director, Gl Lab
University of Pittsburgh Medical Center, Pittsburgh, PA



Figure 1

Figure 2

### **HISTORY**

An 87 year old woman presented with fatigue and microcytic anemia. Colonoscopy within the previous 6 months had been normal, therefore endoscopy was performed. A 1.5cm mass was found in the gastric body; biopsies revealed high grade dysplasia with focal intramucosal carcinoma. The patient was referred for EMR.

#### **PROCEDURE**

Endoscopy revealed a large hiatal hernia and a 1.5cm sessile mass on the lesser curvature of the gastric body (Figure 1). The lesion was mucosal-based without evidence of invasion as assessed by high frequency EUS. A saline-assisted mucosal resection was successfully performed with a polypectomy snare, leaving a large defect (Figure 2). Minimal oozing was controlled with a 3 cc epinephrine (1:10,00) injection. The mucosal defect was successfully closed with four Resolution Clips (Figure 3).



Pathology revealed extensive high grade dysplasia with focal intramucosal carcinoma; all margins were free of dysplastic change.

Follow up endoscopy 3 months later revealed a focal scar without evidence of residual or recurrent mass (Figure 4).



Figure 3



Figure 4

Images provided courtesy of Dr. McGrath





## Hemostasis of Actively Bleeding Gastric Polyps Utilizing the Resolution Clip

Case Presented by:
JEREMY BARBER, DO
WILLIAM WEATHERHEAD, M.D.

McLaren Greater Lansing Hospital Lansing, Michigan, USA



Figure 1



Figure 2



Figure 3

### **HISTORY**

A 61-year-old with a history of Myocardial Infarction (MI) four months prior was treated with a drug-eluting stent as well as anti-platelet agents, aspirin and prasugrel. Two months later routine CBC demonstrated Hb 9.4 with MCV 70. An esophagogastroduodenoscopy (EGD) and colonoscopy were scheduled.

The colonoscopy was unremarkable. The EGD demonstrated two large proximal gastric polyps (approx. 3cm each with large peduncles); the surface of the polyps were ulcerated.

A repeat EGD was scheduled one week later after prasugrel was held. A six pack of platelets was given one hour before the case. The follow up EGD showed two large gastric polyps in cardia with 1cm peduncles which were actively bleeding upon scope entry (Figure 1).



A scope was maintained in the retroflexed position. A Resolution Clip was deployed on each side of the peduncle towards the center (Figure 2). There was evidence of loss of blood flow to the polyp as the polyp became dusky and shrunk in size (Figure 3). A Captivator™ II Polypectomy Snare was used to cut the polyp stalk leaving the clips in place for hemostasis on the peduncle. A third Resolution Clip was deployed in the center of the 1cm stalk for hemostasis. The polyp was then rinsed showing no further bleeding (Figure 4).

The second polyp was then treated in a similar fashion deploying two Resolution Clips across the stalk followed by a third Resolution Clip for hemostasis. This polyp was rinsed and the resected polyps were retrieved. Excellent hemostasis was noted upon scope withdraw (Figure 5). No further bleeding was noted and a repeat Hb was stable. The patient was restarted on prasugrel one day later.

It is not ideal to do polyp resections in patients that are on anti-platelet therapy; however, in this circumstance this patient was actively bleeding.



## Continued on Next Page

Images provided courtesy of Dr. Barber and Dr. Weatherhead



Figure 4



Figure 5



## Hemostasis of Actively Bleeding Gastric Polyps Utilizing the Resolution Clip

Case Presented by:
JEREMY BARBER, DO
WILLIAM WEATHERHEAD, M.D.

McLaren Greater Lansing Hospital Lansing, Michigan, USA

### **POST PROCEDURE**

Eight weeks post procedure the patient had a repeat hemoglobin drawn; it was 14.8. During the follow up EGD, a small amount of residual tissue was noticed at each previous polypectomy site. The residual tissue was removed with a hot snare. A clip was again placed on the base of each lesion as the patient was to be restarted on the prasugrel the next day.

#### DISCUSSION

Using two clips in opposing positions made clipping large polyp stalks feasible in the setting of this active bleed. Clipping in the retroflex position makes achieving hemostasis more complex than a typical en fosse position. Positioning hemostatic clips is always important but critical in this application. The ability to open and close the Resolution Clip, and therefore, making it repositionable, was very helpful in the success of this case. The Captivator™ II Snare is a very large, stiff-bodied 33mm snare that facilitated the proper positioning of the snare around the polyp before resection.

Colon







## Resolution™ Clip TECHNIQUE SPOTLIGHTS

## Resolution Clip Devices Used to Close Duodenal Perforation after Endoscopic Submucosal Dissection

## Case Presented by: ERIC C.S. LAM, M.D., FRCPC

Clinical Associate Professor
Division of Gastroenterology
University of British Columbia
Vancouver, British Columbia, Canada



Figure 1

## HISTORY

A 56-year-old man was found to have a 10mm subepithelial lesion in the junction between the first and second part of the duodenum when undergoing an upper endoscopy to screen for Barrett's esophagus. He had a history of diabetes mellitus that was controlled with oral hypoglycemic agents. A radial endoscopic ultrasound was performed showing a 10mm hypoechoic lesion in the submucosa consistent with a duodenal carcinoid (Figures 1 and 2). Endoscopic biopsies confirmed carcinoid tumor cells. Because of the potential risk of metastatic disease and the possibility of requiring a more extensive resection, he was referred for endoscopic submucosal dissection.



Figure 4



Figure 2

## PROCEDURE

The border of the endoscopic bulge in the duodenum was marked by applying superficial cautery to the mucosal surface. A solution of 1:10,000 epinephrine and methylene blue was injected into the submucosa. Using cap assistance, a submucosal dissection was carried out around the carcinoid tumor. Upon dissecting the proximal end of the carcinoid tumor, a 5mm duodenal perforation was identified (Figure 3).



Figure 5

The Sensation™ Single-Use 30mm Oval Polypectomy Snare was then used to resect the carcinoid tumor immediately after the perforation was identified. Unfortunately, the intraluminal air began to enter the peritoneal space and full distension of the duodenum could not be achieved. We then applied two Resolution Clip devices to the 5mm duodenal perforation and this re-established retention of intraluminal air. An additional five Resolution Clip devices were then used to close the remaining 2.5cm mucosal defect (Figure 4).



The pathology of the removed lesion showed complete excision of the carcinoid tumor. The patient was discharged two days post procedure. Repeat upper endoscopy three months after the resection showed a well epithelialized scar with no recurrence of tumor (Figure 5).

This case demonstrates the usefulness of Resolution Clip Devices in the closure of luminal perforations of the duodenum. The initial two Resolution Clip Devices with their wide jaws and closing pressure were able to take the opposing sides of the luminal perforation and to provide an adequate seal. By utilizing the Resolution Clip to close the perforation during the endoscopy, the patient was able to avoid surgery.





## Resolution™ Clip Portfolio

## COLON

## Resolution™ Clip

- > Hemostasis of Acute Polypectomy Bleeding
- > Prevention of Post-polypectomy Hemorrhage
- > Prevention of Post-polypectomy Hemorrhage
- > Closure of latrogenic Perforation
- > Hemostasis of Bleeding Diverticulum
- > Hemostasis of a Colon Tumor
- > Hemostasis of Post-polypectomy Hemorrhage

- > Closure of Post-polypectomy Perforation
- > Hemostasis of a Visible Vessel
- > Closure of Post-endoscopic Resection Defect
- > Hemostasis of Post-polypectomy Bleeding
- > Closure of Post-polypectomy Defect
- > Closure of Post-EMR Perforation
- > Closure of Post-EMR Defect

## Resolution 360™ Clip

- > Closure of a Complicated EMR
- > Closure of Post-polypectomy Defect

- > Closure of Broad-based Lesion in Ascending Colon
- > Closure of Post-polypectomy EMR

Home Esophagus Stomach/Duodenum Colon Prophylactic Clipping

## **Endoscopic Hemostasis of Acute Bleeding During Large Polypectomy Using Resolution Clips**

Case Presented by:
MARTIN L. FREEMAN, MD, FACG, FASGE

Professor of Medicine
Division of Gastroenterology,
Hepatology and Nutrition
University of Minnesota



Figure 1

## **HISTORY**

**PROCEDURE** 

A 59-year-old woman was referred for a colonoscopic polypectomy of a large (3cm) sigmoid colon polyp found during a colonoscopy by an outside referring physician. He was concerned about size of stalk and declined to snare it out because of concern of bleeding (Figure 1). He had removed a number of other smaller polyps, but left this one in for us to remove. The patient was about to undergo chemotherapy and radiation therapy for breast cancer, and needed this polyp removed as soon as possible.



igure 4



Figure 2

# The pictures tell the rest of the story. After clearing the rest of the colon to cecum, the sigmoid polyp was resected with snare cautery, after first injecting the base with epinephrine (Figure 2). Immediate severe arterial bleeding occurred after snare excision from a large artery in the base. The resected polyp can be seen at the left of the screen (Figure 3). Spurting bleeding was stopped with a single Resolution Clip (Figures 4 and 5). The clip is positioned around the base of the bleeding artery, rotated to be parallel to the base for maximum depth of apposition. Multiple additional clips were placed for "insurance." Note that the strangulated artery that had bled can be seen protruding from between the jaws of the clip second from the bottom of the screen (Figure 6).



Figure 5



Figure 3

### **POST PROCEDURE**

After bleeding was controlled, the polyp was retrieved. The patient was observed in a 23-hour short stay observation overnight, had no pain or bleeding, and has done well at long term follow-up. Histopathology showed tubulovillous adenoma with no carcinoma in situ or invasive cancer, and not extending to resection margin. Within one week of the colonoscopic polypectomy, the patient commenced chemotherapy for treatment of breast cancer.



iaure 6

Images provided courtesy of Dr. Freeman

## **Prevention of Post-Polypectomy Hemorrhage Using the Resolution Clip Device**

**Case Presented by:** ROBERT S. DEAN, M.D.

Vassar Brothers Medical Center Poughkeepsie, NY





### **HISTORY**

A 91-year-old man presented with a history of anemia and hematochezia. The patient was on chronic anticoagulation therapy with Coumadin® Pharmaceutical due to porcine mitral valve replacement. Other past medical history includes a two vessel CABG, TIA, and seizure disorder. A colonoscopy was deemed necessary to explore potential sources of hematochezia. Concern was given in particular to the need for continuing anticoagulation therapy. The patient was counseled to discontinue his Coumadin Pharmaceutical therapy five days prior to the scheduled colonoscopy. Lowmolecular-weight heparin was used to maintain anticoagulation until the evening prior to the procedure.

### **PROCEDURE**

A colonoscopy was performed, during which time a 2 cm polyp, on a thick stalk, was observed in the descending colon. This polyp was removed using a Captivator™ II Single-Use Snare and cautery techniques. Reinspection of the resection margin revealed pooling of fresh blood at the polyp stalk base (Figure 1). Two Resolution Clips were places at the polyp stalk base with good hemostasis (Figures 2 & 3).

#### POST-PROCEDURE

Low-molecular-weight heparin was resumed the morning after the procedure. There was no residual bleeding from the colon noted. Coumadin Pharmaceutical therapy was resumed 14 days post procedure and the patient has not had any further hematochezia.

Colon

Images provided courtesy of Dr. Dean





## **Prevention of Post-Polypectomy Hemorrhage**

Case Presented by: ROBERT D. FANELLI, M.D., F.A.C.S.

Director of Surgical Endoscopy,

Berkshire Medical Center and Surgical Specialists of
Western New England, P.C.



Figure 1

Figure 2



Figure 3



Figure 4

#### **HISTORY**

A 73-year-old man presented for outpatient consultation because of progressive dysphagia. During the consultation, it was discovered that he had not yet undergone screening colonoscopy. With his consent, he was scheduled for sequential esophagogastroduodenoscopy (EGD) and colonoscopy in the outpatient endoscopy unit.

#### **PROCEDURE**

The EGD revealed a distal esophageal reflux-related stricture. Biopsies were taken using Radial Jaw™ 3 Large Capacity Forceps and then the stricture was dilated using an 18-19-20 mm CRE™ Fixed Wire Balloon Dilator without incident.

Screening colonoscopy revealed, what appeared to be, seven adenomatous polyps distributed throughout the colon. One of the polyps was a long, slender, finger-like polyp in the proximal ascending colon (Figure 1). When cautery snare polypectomy was performed, the substance of the polyp was stripped off of the underlying arterial structure that was central to its stalk (Figure 2). The vessel was not bleeding or visibly pulsing, but was turgid and standing erect. It was felt that this vessel would definitely start bleeding at some point soon (Figure 3). A single Resolution Clip was placed across the vessel at the base of the polyp, closing and reopening the clip until the perfect location was identified to occlude the vessel. The Resolution Clip was then deployed. The artery was immediately deflated and collapsed as the blood pressure within the structure was reduced to zero, virtually eliminating the risk of delayed polypectomy site hemorrhage. The shriveled up artery collapsed at the base of the polyp, just above the Resolution Clip (Figure 4).

### **POST PROCEDURE**

Pathologic inspection of the polyps removed during this screening colonoscopy revealed three tubular adenomas and four tubulovillous adenomas. No postpolypectomy hemorrhage occurred, and the patient's dysphagia was completely abated after esophageal dilation and the institution of proton pump inhibitor therapy.

Images provided courtesy of Dr. Fanelli





## Resolution™ Clip

## Closure of an latrogenic Colon Perforation with Endoscopic Clips

Case Presented by: MARCO CARNIEL, M.D.

Head of Endoscopy, Landesklinikum Wiener Neustadt, Wiener Neustadt, Austria



Figure 1



Figure 2



Figure 3

### **HISTORY**

A 72-year-old female was referred to our center for an endoscopic mucosal resection (EMR). The patient has a history of coronary heart disease, st.p. myocardial infarction in 2000, arterial hypertension, hyperlipidaemia and osteoporosis.

In February 2005, the referring hospital performed a partial rectal polypectomy. In the last pre-colonoscopy examination, a recurrent flat polypoid formation was discovered in the rectum.



An approximately 2.5 cm flat adenoma could be seen in the rectum at 8 cm. In the enter of the lesion, scar tissue after the partial polypectomy in 2005 was readily distinguishable (Figure 1)

Fluid infiltration of the polyp revealed good lifting sign. Utilizing a straight suction cap, the lesion was totally resected in 4 fragments using a piecemeal technique with a cautery snare.

A 12 mm perforation was revealed upon retrieval of the last fragment (Figure 2). By applying seven Resolution Clips, the perforation edges could be properly aligned step-by-step and the perforation successfully closed (Figures 3, 4 and 5).

### **HISTOLOGICAL FINDINGS**

Flat tubular partially tubulovillous adenoma with low to moderate grade intraepithelial neoplasia, the muscularis mucosae overall intact – resection in toto.

### **POST-PROCEDURE**

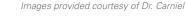
The patient was kept under clinical observation for several days. There was no increase of inflammatory parameters upon serological examination and no clinical signs of peritonitis. After 2 days, the patient was introduced to a dietary regimen which was well tolerated. A surgical intervention was not necessary and after 4 days the patient was discharged.



Figure 4



Figure 5







## **Bleeding Diverticulum Closure**

Case Presented by: HOUSSAM KHARRAT, M.D.

Gastroenterologist, Covenant Medical Center, Lubbock, TX



Figure 1



Figure 2

#### **HISTORY**

An 83-year-old man presented with shortness of breath, generalized weakness and had been passing bright, red blood from his rectum for 48 hours.

Past medical history was significant for Chronic Obstructive Pulmonary Disease (COPD), Chronic Heart Failure (CHF) and Hypertension (HTN). Patient was treated with blood pressure medication and ASA 81 MG daily. Vital signs and physical exam appeared normal at the time of admission. Labs showed: WBC 7.3, Hgb 9.2, hematocrit 26.8, platelets 211 and an INR of 0.97. The patient had a negative bleeding scan and was prepped for a colonoscopy the following day.

#### **PROCEDURE**

Patient prep was suboptimal. No active bleeding was seen, diverticulosis was observed up to the cecum, and bright-red blood was found in the right colon. An EGD was performed, to rule out an upper-GI source of the bleeding, which was unremarkable. Patient was transfused and a repeat colonoscopy was done the following day.

A bleeding diverticulum was noted in the sigmoid colon (Figures 1 & 2). An injection of epinephrine 1:10000 did not control the bleed. A Resolution Clip was used to approximate the diverticulum edge. A total of six Resolution Clips (Figures 3 & 4) were deployed successfully to close the edge of the diverticulum.

### **POST PROCEDURE**

Good hemostasis was established at the end of the procedure. The patient did not require any additional transfusion and he was discharged shortly after. A three month follow up did not show any evidence of bleeding.



iaure 3



Figure 4

Images provided courtesy of Dr. Kharrat





## **Resolution™ Clip** TECHNIQUE SPOTLIGHTS

## **Bleeding from a Colon Tumor after Biopsy with Forceps**

**Case Presented by:** LUIS F. LARA, M.D.

Assistant Professor of Internal Medicine Division of Digestive and Liver Diseases, The University of Texas, Southwestern Medical Center at Dallas





Figure 2

### **HISTORY**

A 42-year-old white male diagnosed with cystic fibrosis who had a bilateral lung transplant in 1997 with a single previous episode of rejection and diabetes mellitus was referred to evaluate episodic mild hematochezia and new onset constipation requiring intermittent laxative use. The patient had a previous spontaneous diverticular perforation for which he had a diverting colostomy that had been repaired three years earlier.

### **PROCEDURE**

The colonic anastomosis appeared normal. A circumferential, friable mass occluding the lumen to about 12 mm and measuring 4 cm in length was seen in the distal transverse colon. A standard biopsy forceps was used to biopsy the mass (Figure 1). Bleeding continued from one of the biopsy sites (estimated to be 8 mm in size), which did not stop after five minutes of irrigation and observation (Figure 2). A Resolution Clip was used to approximate the sides of the biopsy site, achieving hemostasis, which was confirmed before scope withdrawal (Figure 3). Follow-up confirmed there was no further bleeding (Figure 4).





Figure 4

Images provided courtesy of Dr. Lara





## Post-polypectomy "Spurting" Vessel

Case Presented by: SRI KOMANDURI, M.D., M.S.

Associate Professor of Medicine, Interventional Endoscopy Division of Gastroenterology and Hepatology Feinberg School of Medicine, Northwestern University



Figure 1

Figure 2



Figure 3

#### **HISTORY**

A 57-year-old male presented 36 hours after colonoscopy with profuse rectal bleeding and hypotension. During the colonoscopy the patient had seven polyps removed by snare, some with and some without cautery. Of note, a 1cm polyp had been removed from the rectum using a snare with cautery.

#### **PROCEDURE**

The patient was admitted to the ICU and blood volume restored. He was given a rapid GoLYTELY™ Solution purge and underwent urgent colonoscopy. During the colonoscopy, large amounts of red blood and clots to the splenic flexure and blood tinged mucosa to the cecum were observed. No active bleeding was noted on withdrawal until reaching the rectum. On the posterior wall of the rectum, at the site of polypectomy, there was a large visible "spurting" vessel that was vigorously bleeding. (Figure 1)

Hemostasis could not be achieved with 10 cc (1:10000) epinephrine or bipolar cautery. Bleeding was largely controlled with the application of the first two Resolution Clips. Subsequently, four Resolution Clips were deployed resulting in complete hemostasis. (Figure 2 & 3) The patient had no further bleeding at the site of the polypectomy and was discharged from the hospital 24 hours later.

Colon

Images provided courtesy of Dr. Komanduri





## **Post-polypectomy Perforation**

**Case Presented by:** 

### YOUSIF I. A-RAHIM, M.D., PH.D.

Assistant Professor of Medicine, University of Hawaii, John A. Burns School of Medicine, Honolulu, HI Case Performed at: Straub Clinic and Hospital, Honolulu, HI



Figure 1

Figure 2

#### **HISTORY**

A 77-year-old female presented with symptomatic rectal bleeding combined with changes in bowel habits. Colonoscopy revealed a 1cm polyp at the splenic flexure. The polyp was removed by snare polypectomy. Post-polypectomy, there was evidence of a cavity at the polypectomy site (Figure 1) where pericolic fat could be seen, consistent with a perforation.



The perforation was immediately sealed by means of four Resolution Clips (Figures 2 & 3). The colon was then decompressed and the colonoscope was carefully and safely withdrawn. The patient was made NPO and intravenous fluids, nasogastric suction and antibiotics were immediately initiated. The patient experienced mild sharp pain in the left lower quadrant following the procedure. Her vital signs immediately following the procedure were: temp – 99° F, blood pressure – 120/74, respirations – 16 and oxygen saturation at 97% on room air. Her physical examination was remarkable for a mildly tender and distended abdomen without bowel sounds. KUB and upright films were obtained (Figure 4) and showed large pneumoperitoneum and the Resolution Clips at the splenic flexure. The patient was admitted for observation.



The patient's bowel sounds returned to normal within a few hours after the procedure. Her abdominal distention was much improved and she was able to pass flatus. Approximately six hours after the procedure, she complained of mild pain in the left lower quadrant that was managed with a single dose of acetaminophen. Over the next 24 hours, she continued to do very well. The next morning, she was afebrile, denied pain and was passing flatus. Her white blood cell count at that time was approximately 6.9 k. Her diet was advanced to full liquids, which she tolerated well.

Forty-eight hours after the event, the patient was still without any abdominal pain and was tolerating the full liquid diet. She began having liquid yellowish bowel movements without any blood and was discharged home on oral antibiotics and a liquids-only diet for the next five days. She was seen in clinic one-week after the complication and a KUB was repeated showing minimal retroperitoneal air, at which time her diet was liberalized.

Colon



igure 3



Figure 4

Images provided courtesy of Dr. A-Rahim





## **Resolution™ Clip** TECHNIQUE SPOTLIGHTS

## **Clipping of a Visible Vessel After Initial Hemostasis**

**Case Presented by:** JOHN LIVERINGHOUSE, M.D.

Saint Cloud Hospital Gastrointestinal Department Saint Cloud, MN





Figure 2

### **HISTORY**

An 81 year old white male with a history of diverticular bleeding requiring a left hemicolectomy presented with three episodes of hematochezia. Examination revealed a soft, non-tender abdomen. Bright red blood was observed on rectal exam. At presentation, his hemoglobin and hematocrit were 11.6 and 35.3 respectively.

#### **PROCEDURE**

With aggressive fluid hydration a nadir of 7.9 and 23.4 for hemoglobin and hematocrit were reached. Colonoscopy revealed copious amounts of blood in the left side of the colon. Multiple diverticula were found throughout the colon. In the midtransverse colon, brisk bleeding was observed from one diverticulum (Figure 1). After flushing, hemostasis was achieved with injection of 2 ccs of 1:10,000 epinephrine. Examination of the diverticulum then revealed a raised visible vessel with a blood droplet forming (Figure 2). The Resolution Clip Devices were placed above and below the vessel in the diverticulum to provide tamponade (Figure 3 & 4). The patient received a total of three units of packed red blood cells during his hospital stay and no further bleeding occurred.

Colon





Figure 4

Images provided courtesy of Dr. Liveringhouse





## Resolution Clip Devices Closure of Muscularis Propria Injury during Colonoscopic Resection of a Large Serrated Polyp

Case Presented by:

## DAVID G. HEWETT, MBBS, MSC, PH.D., FRACP

Associate Professor, University of Queensland School of Medicine Deputy Director (Endoscopy), Queen Elizabeth II Jubilee Hospital Brisbane, AUSTRALIA



Figure 1

### **HISTORY**

**PROCEDURE** 

A 64-year-old female with serrated polyposis syndrome underwent a colonoscopy for endoscopic resection of the large proximal colon sessile serrated adenomas. This was her second colonoscopy for clearance of serrated lesions. Indigocarmine dye spray cap-fitted colonoscopy was used to facilitate detection, and a large sessile serrated adenoma/polyp (SSA/P) was identified at the hepatic flexure (Paris classification 0-IIa, 25mm, Figure 1).



Figure 4



Figure 2

# Colonoscopic resection of the 25mm sessile serrated adenoma at the hepatic flexure was performed. An en bloc resection was attempted (Figure 2) following a submucosal injection of succinylated gelatin (Gelofusine™ Expander) mixed with indigocarmine (80mg in 500mL solution), and using electrocautery (ERBE Vio 300D, EndoCut™ Device). Carbon dioxide is used routinely for insufflation. After resection, a large concentric defect (approximately 10-15mm) in the muscularis propria was evident (Figure 3, mirror target sign), with corresponding target sign on the resected specimen (Figure 4, resected specimen ex-vivo, with a central white disk of muscularis propria surrounded by indigocarmine-stained blue submucosal tissue).



Figure 5



Figure 3

The defect was closed using Resolution Clip Devices (Figures 5 and 6). A total of 16 clips were applied sequentially from one side of the defect to the other in a "zipper" fashion. Each clip was placed immediately adjacent to the last to ensure complete closure in case of full thickness perforation.

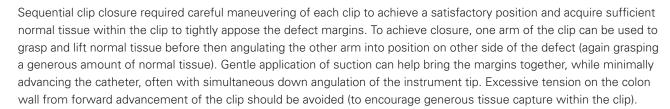




Figure 6



Continued on Next Page

Images provided courtesy of Dr. Hewett



## **Resolution**<sup>™</sup> Clip TECHNIQUE SPOTLIGHTS

## **Resolution Clip Devices Closure of Muscularis Propria Injury** during Colonoscopic Resection of a Large Serrated Polyp

**Case Presented by:** 

## DAVID G. HEWETT, MBBS, MSC, PH.D., **FRACP**

Associate Professor, University of Queensland School of Medicine Deputy Director (Endoscopy), Queen Elizabeth II Jubilee Hospital Brisbane, AUSTRALIA



### **POST PROCEDURE**

Intraprocedural intravenous antibiotics were administered, and the patient was admitted to hospital for observation on a clear fluid diet. The patient reported no post-procedure abdominal pain. A CT of the abdomen excluded full thickness perforation, and the patient was discharged within 24 hours. Histology confirmed muscularis propria resection without serosa. Follow-up colonoscopy at four months demonstrated complete resection of neoplastic tissue, with a single clip remaining embedded within the scar (Figure 7).

#### CONCLUSIONS

Resolution Clip Devices are effective tools for closure of endoscopic perforations and deep muscle injury. During endoscopic resection, recognition of muscularis propria injury is important, and careful inspection of the base of the specimen (in vivo) and the mucosal defect for target/mirror target signs is essential. Caution with an en bloc resection of >20mm serrated lesions is warranted despite large volume submucosal injection and careful technique.

Colon



Images provided courtesy of Dr. Hewett





## **Resolution**<sup>™</sup> Clip TECHNIQUE SPOTLIGHTS

## **Successful Management of Immediate and Delayed Post-polypectomy Bleeding with the Resolution Clip Device**

## **Case Presented by:** SHIVANGI KOTHARI, M.D. **VIVEK KAUL, M.D., FACG**

Center For Advanced Therapeutic Endoscopy University of Rochester Medical Center Rochester, NY, USA



Figure 1



### **HISTORY & PROCEDURE**

A 61-year-old male with past medical history significant for hypertension and diabetes mellitus was referred for screening colonoscopy (average risk). During colonoscopy, eight 5-6mm polyps were resected and retrieved from the ascending and transverse colon using a hot snare. An approximately 5cm polyp on a short, broad-based stalk measuring about 1.5 cm was seen in the sigmoid colon. EndoLoop™ Ligature was deployed at the base of the polyp and the polyp was resected in a piecemeal manner, in antegrade and retroflexed positions. The polyp base was then elevated with a submucosal saline injection and was resected with snare cautery (Figure 1). Since the stalk was very short and broad based, the base of the polyp with the stalk was resected with the snare below the endoloop to ensure clear margins, and was submitted separately to pathology.

Immediately post-resection, significant brisk bleeding was seen from an arterial vessel in the polypectomy base. Epinephrine (1:10,000 x 20cc total) was injected at the site followed by deployment of eight Resolution Clip Devices (Figure 2). Direct application of the endoclips at the site of arterial bleeding (slightly less than 2mm) was done to achieve hemostasis and approximation of the edges of the 2.5cm resection site also was accomplished. Complete hemostasis was achieved at the end of the procedure (Figure 3). The patient was admitted for overnight observation. He remained stable with no further bleeding and he was discharged home the following day.

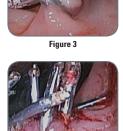


Figure 4

### **POST PROCEDURE**

Two days after the procedure, the patient presented to the emergency room with hematochezia. His hematocrit had dropped from 34 to 31. He was hemodynamically stable. Flexible sigmoidoscopy revealed a small amount of persistent bleeding from the arterial site where one clip appeared to have been dislodged (Figure 4). The remaining endoclips were still in place and there was no bleeding from those parts of the polypectomy site. Epinephrine (1:10,000 x 10 cc) was injected into the bleeding area and two additional clips were placed at the site of bleeding with complete hemostasis at the end of the procedure. The patient remained stable with no further episodes of bleeding. Pathology revealed the



Continued on Next Page

Images provided courtesy of Dr. Kothari and Dr. Kaul





**Prophylactic Clipping** 

## Resolution™ Clip

## Successful Management of Immediate and Delayed Post-polypectomy Bleeding with the Resolution Clip Device

Case Presented by: SHIVANGI KOTHARI, M.D. VIVEK KAUL, M.D., FACG

Center For Advanced
Therapeutic Endoscopy
University of Rochester Medical Center
Rochester, NY, USA



Figure 5

lesion to be a tubulovillous adenoma, completely resected with clear margins. A follow-up colonoscopy was performed three months after the initial procedure and no recurrence or residual adenoma was seen at the resection site or on surveillance biopsies of the healed polypectomy site (Figure 5).

#### **DISCUSSION**

Immediate post-polypectomy bleeding can occur in up to 1.5 to 3 percent of cases. Endoclips are being increasingly used to manage post-polypectomy bleeding. The clip can be placed across the base of the stalk of a pedunculated polyp prior to resection to minimize risk of post-polypectomy bleeding.

In our practice, we are placing endoclips for hemostasis when we feel there is an elevated risk of post-polypectomy bleeding. This could be patients with other co-morbidities and/or coagulopathy, defect sites with exposed blood vessels, or patients on anticoagulation.

When bleeding is encountered after resection of a pedunculated polyp, placing a clip across the stalk can help achieve durable hemostasis. In case of bleeding after resection of sessile polyps, the clip can be placed directly over the bleeding site, as in the above case. Additional clips can be placed to approximate the edges of the resection site in high risk situations, but the benefit of doing that has not been studied in a randomized trial design. Delayed post-polypectomy bleeding can occur from ulceration at the polypectomy site. In our patient, the relatively large caliber of the bleeding vessel, ulceration at the site and possible clip displacement led to recurrent bleeding. However, this was managed successfully with placement of additional endoclips at the site of the bleeding vessel. Our case illustrates successful management of immediate and delayed post-polypectomy arterial bleed with the use of the Resolution Clip Device.



Images provided courtesy of Dr. Kothari and Dr. Kaul





## **Resolution**<sup>™</sup> Clip TECHNIQUE SPOTLIGHTS

## **Endoscopic Mucosal Resection is Used for Polypectomy**; **Resolution Clips Close the Defect**

**Case Presented by:** RAJESH N. KESWANI, M.D. DAVID J. BENTREM, M.D., M.S.

Associate Professors Northwestern University Feinberg School of Medicine Chicago, Illinois, USA

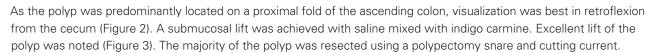


Figure 1

## **HISTORY**

A 55-year-old female presented for a surveillance colonoscopy to her primary gastroenterologist. During the surveillance colonoscopy, a 25mm non-polypoid (Paris O-la) lesion was seen in the mid-ascending colon and was biopsied to be a tubular adenoma (Figure 1). She was referred to a therapeutic endoscopist for an endoscopic mucosal resection (EMR).





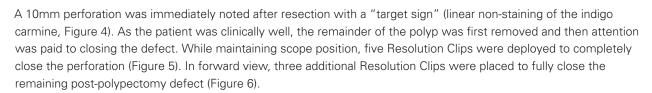
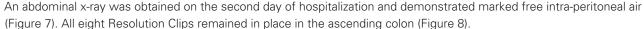


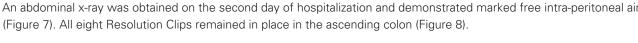


Figure 2

### **POST PROCEDURE**

The patient was admitted to the hospital and was made nil per os (NPO) with intravenous antibiotics. Surgical consultation was obtained with an agreement for an attempt at non-operative management. She experienced mild pain that did not require analgesia on the first day.





A computed tomography scan with oral contrast was performed on day three and showed no leakage of contrast at the polypectomy site and a slight reduction in intra-peritoneal air. Based on these findings and her clinical wellness, an oral diet was resumed and she was discharged.

Colon

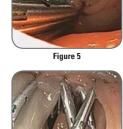


Figure 6





Figure 8



Figure 4

Images provided courtesy of Dr. Keswani and Dr. Bentrem



## **Resolution™ Clip** TECHNIQUE SPOTLIGHTS

### **Case Presented by:** MANKANWAL SACHDEV, M.D.

Mercy Gilbert Medical Center Gilbert, Arizona, USA

## **Endoscopic Mucosal Resection for a Large Polyp Removal**





Figure 2



Figure 3



#### **HISTORY**

A 55-year-old male with a prior history of colon polyps underwent a recent colonoscopy, which revealed a 2.5cm flat polyp (Figure 1). Biopsies showed a tubulovillous adenoma. Surgery was recommended but the patient sought a second opinion in regard to endoscopic mucosal resection (EMR).

#### **PROCEDURE**

The patient underwent a repeat colonoscopy with the intent to perform an EMR. As previously noted, the polyp was flat and large. Normal saline was prepared with a few drops of methylene blue added to achieve a light-aqua blue color. Using 20cc of this solution, the polyp was lifted (Figure 2). Following this, a 33mm Captivator™ II Snare was used to grasp the polyp in one piece (Figure 3). Using standard electrocautery settings, the polyp was resected in one piece (Figures 4 and 5). Argon plasma coagulation was then used to cauterize the edges of the polyp so that the chances for regrowth would be diminished (Figure 6). Four Resolution Clips were applied to the resulting mucosal defect, which was approximately 2cm in size (Figure 7). Finally, the polyp was recovered using a basket retrieval device (Figure 8).

### **POST PROCEDURE**

Following the procedure, the patient did well with no post-polypectomy bleeding or signs of perforation. He was discharged the same day, and a relook endoscopy was done three months later, which showed healing of the polyp site.

### CONCLUSION

Endoscopic mucosal resection is fast becoming the treatment of choice for large polyp resection, and is a good and less expensive alternative to surgery. Because the risk of bleeding was high, I decided to place Resolution Clips. The Resolution Clip is ideal for this scenario due to its 11mm jaw opening and the fact that it can open and close prior to being deployed.

Colon





Figure 6



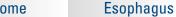
Figure 7



Figure 8

Images proved courtesy of Dr. Sachdev





## Resolution 360™ Clip TECHNIQUE SPOTLIGHTS

## **Using Hemoclips for Closure of a Complicated Endoscopic Mucosal Resection**

**Case Presented by:** STEPHEN KIM, M.D.

Clinical Instructor of Medicine David Geffen School of Medicine at UCLA Los Angeles, California, USA



Figure 2





Figure 4

### **PATIENT HISTORY**

A 63-year-old man underwent routine colonoscopy for colorectal cancer screening. During the colonoscopy, a 2cm laterally spreading sessile polyp (Paris 0-IIa) was seen in the cecum adjacent to the appendiceal orifice (Figure 1). Biopsies of the polyp were consistent with a tubular adenoma. The patient was referred for endoscopic mucosal resection (EMR).



The previously identified large 2cm polyp was seen in the cecum. One edge of the polyp appeared to be encroaching on the appendiceal orifice (Figure 2). The polyp was circumferentially lifted with submucosal injections of methylene blue and saline (Figure 3). The Captivator™ II Single-Use Snares, 15 and 20 mm stiff round snares, were then used to remove the polyp in two pieces (Figure 4). The final endoscopic mucosal resection defect was 2.5cm and showed no evidence of residual polyp and no bleeding or perforation was seen (Figure 5). Due to the orientation of the polyp and difficult scope position, the hemoclip closure of the endoscopic mucosal resection site was an arduous task. Ultimately, the EMR site was completely closed using careful placement of three Resolution 360™ Clips (Figure 6).

### **POST PROCEDURE**

The patient tolerated the procedure without any complications. The final pathology of the polyp confirmed a tubular adenoma with no high grade dysplasia. The patient will return in 12 months for a surveillance colonoscopy to ensure that there is no recurrent or residual polyp at the resection site.

### **DISCUSSION**

This case demonstrates the ability to effectively close a complicated EMR site using the new Resolution 360™ Clip. Although the size of the polyp was only 2cm, the polyp was located in the cecum where there is an increased risk of post-procedural bleeding. However, closing this EMR defect was more complicated than initial appearance due to the orientation of the polyp and the difficult scope position. The Resolution 360 Clip was pivotal in providing one-to-one control in order to position the clips in the exact alignment needed to close the defect. Three clips were placed in zipper fashion to completely close the resection site. The patient did not experience post-polypectomy bleeding.

Colon



Figure 5

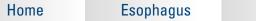


Figure 6

Images provided courtesy of Dr. Kim







## Resolution 360™ Clip

## Clinical Efficacy and Efficiency of the Resolution 360 Clip

Case Presented by: JONH PINEDA, M.D.

Lewis Gale Medical Hospital Salem, Virginia, USA



Figure 1



Figure 2



r: 0

#### **PATIENT HISTORY**

A 68-year-old woman with a history of constipation and intermittent diarrhea underwent surveillance colonoscopy. During the colonoscopy, a large, laterally spreading flat polyp consistent with a sessile serrated adenoma was seen in the cecum.

#### **PROCEDURE**

The polyp was lifted and demarcated with a 20 ml mixture of hetastarch, methylene blue and epinephrine. The lesion was removed by endoscopic mucosal resection (EMR) technique, piecemeal fashion with a Captivator™ Single-Use Stiff Snare. The edges of the lesion were ablated with soft coagulation using the tip of the snare. Visible vessels and a bleeding spot were ablated with a coagulation grasper (Figure 1).

The 2.9 cm defect was closed with placement of twelve Resolution 360 Clips (Figures 2 through 5).

### **POST PROCEDURE**

The patient tolerated the procedure well. The polyp was a sessile serrated adenoma without high grade dysplasia. A surveillance colonoscopy will be done in six months.

#### DISCUSSION

This case demonstrated the ability to effectively close a large post EMR defect using the new Resolution 360 Clip. The one-to-one physician control to rotate the clip afforded fast and easy placement of the clips in the exact alignment needed to close the defect. The jaw strength of the clip allowed for the edges of the lesion to be brought together reliably. There were no clip misplacements contributing to a shorter procedure time and cost effectiveness.

Colon



Figure 4



Figure 5

Images proved courtesy of Dr. Pineda





## Resolution 360™ Clip

## **Endoscopic Mucosal Resection of Ascending Colon Polyp**

Case Presented by: MIHIR S. WAGH, M.D., FACG, FASGE

Head of Endoscopic Surgery and Tissue Apposition Interventional Endoscopy University of Colorado Denver Aurora, CO, USA



Figure 1



Figure 2



Figure 3

### **PATIENT HISTORY**

A 75 year-old female was referred for endoscopic resection of an ascending colon polyp that was found during routine colonoscopy performed by her local gastroenterologist. A 25mm flat polyp was found in the proximal ascending colon at the cecal inlet opposite the ileo-cecal valve (Figure 1).

#### **PROCEDURE**

Preparations were made for endoscopic mucosal resection (EMR) by injecting 20ml of saline with methylene blue to raise the lesion, creating a submucosal cushion. The entire lesion lifted well. Snare mucosal resection was successfully performed and the polyp was removed completely (Figure 2). Five Resolution 360<sup>TM</sup> Clips were placed to close the 25mm defect and to prevent post procedure bleeding (Figure 3). The patient tolerated the procedure well without any adverse events. There was no bleeding during or at the end of the procedure. Final pathology showed tubular adenoma that was completely resected.

### **CONCLUSION**

The Resolution 360 Clip can be accurately placed across the edges of the defect either by the physician rotating near the accessory channel or by asking the assisting nurse to rotate the clip at the handle. The Resolution 360 Clip's one-to-one rotation allowed for accurate positioning and the clips engaged both edges of the defect without slipping. The Resolution 360 Clip is very useful for treating GI bleeding and for endoscopic closure of defects.

Images proved courtesy of Dr. Wagh





## Resolution 360™ Clip

## Clinical Efficacy and Efficiency of the Resolution 360 Clip

## Case Presented by: ARA SAHAKIAN, M.D.

Assistant Professor of Clinical Medicine Interventional Endoscopy Keck Hospital of USC Los Angeles, California, USA



Figure 1

Figure 2



Figure 3

### **PATIENT HISTORY**

A 65-year-old female with a history of diabetes and aortic stenosis was referred for endoscopic mucosal resection (EMR) of a 28 mm polyp which was found during a routine colonoscopy by her local gastroenterologist. The sessile tubulovillous adenoma was located in the ascending colon partially overlying the ileo-cecal valve (Figure 1).

#### **PROCEDURE**

EMR was initiated by raising the lesion with submucosal injection of approximately 30 ml saline diluted with epinephrine and methylene blue dye. The lesion was then successfully resected in piece-meal fashion using a 15 mm stiff snare (Figure 2). The 28 mm mucosal defect was closed using ten Resolution 360™ Clips (Figure 3).

#### **POST PROCEDURE**

The patient tolerated the procedure with no complications and was discharged the same day. Pathology results demonstrated tubulovillous adenoma without signs of high-grade dysplasia or invasive cancer.

#### **DISCUSSION**

The ability to accurately rotate the Resolution 360 Clip proved invaluable for the closure of the broad-based lesion in an anatomically challenging location. The true one-to-one rotation of the clip allowed for exact orientation when positioning each clip providing a robust zipper-like closure and helping to reduce procedure time. Clipping the defect reduced the risk of delayed hemorrhage.

Images proved courtesy of Dr. Sahakian



# PROPHYLACTIC CLIPPING

## Resolution™ Clip

- > Prophylactic Clipping to Manage Potential Post-polypectomy Bleeding for Patients Using Antiplatelet Agents
- > Prophylactic Application of Resolution™ Clips after Gastric Polypectomy in Patient on Anticoagulation

Home Esophagus Stomach/Duodenum Colon Prophylactic Clipping

## Case Presented by: ARTHUR YAN, M.D.

Core Gastroenterology
Exeter, New Hampshire, USA

## Prophylactic Clipping to Manage Potential Post-polypectomy Bleeding for Patients Using Antiplatelet Agents



Figure 1



Figure 2

### **HISTORY**

A 61-year-old male presented for a screening colonoscopy. He had an extensive cardiac history including type 2 diabetes, hypertension, hyperlipidemia, sick sinus syndrome with permanent pacemaker implantation, and coronary artery disease requiring placement of a drug-eluting stent seven years ago. He takes concomitant aspirin and clopidogrel, for which the latter has been held for seven days prior to the procedure. He denies any hematochezia, melena or abdominal pain. He has no family history of colonic neoplasms. His last colonoscopy was more than ten years ago for which he had an inadequate bowel preparation.



The colonoscopy revealed small non-bleeding internal hemorrhoids, a normal terminal ileum, and diverticulosis extending from the ascending colon to the sigmoid colon. A total of six presumed adenomatous polyps were found during the procedure. One of these polyps in the ascending colon was friable on contact (Figure 1). The 7mm polyp was resected with a Captiflex™ Oval Snare using cautery. Given concurrent use of aspirin and clopidogrel and the risk for delayed post-polypectomy bleeding due to thermal injury in the right colon, a Resolution™ Clip was successfully deployed at the polypectomy site (Figure 2). A second 7mm polyp in the ascending colon was encountered (Figure 3). This was also resected with the Captiflex Oval Snare using thermal cautery, and followed by placement of a Resolution Clip (Figure 4). A third pedunculated polyp measuring 12mm was similarly resected and retrieved from the proximal transverse colon with a Captiflex Oval Snare using electrocautery (Figure 5). A Resolution Clip was also placed the base of the polypectomy site (Figure 6).

#### **OUTCOME**

The patient resumed his clopidogrel that evening and continued to take his aspirin. The results from the pathology laboratory confirm the resected polyps to be tubular adenomas. No post-polypectomy bleeding was encountered. On one week follow-up, the patient reported feeling well with no melena or hematochezia.



## Continued on Next Page

Images provided courtesy of Dr. Yan.



Figure 3



Figure 4



## Resolution Clip

Case Presented by: ARTHUR YAN, M.D.

Core Gastroenterology Exeter, New Hampshire, USA

## Prophylactic Clipping to Manage Potential Post-polypectomy Bleeding for Patients Using Antiplatelet Agents



Figure 5



Figure 6

### **CONCLUSION**

Delayed post-polypectomy bleeding can occur in up to 2% of patients, and is significantly higher in patients on dual antiplatelet agents. Post-polypectomy ulceration and thermal necrosis from electrocautery may injure the deeper layers of the colonic wall, resulting in delayed hemorrhage from blood vessels of the submucosa. The resection of large polyps as well as removal of polyps from the right colon can carry an increased risk of post-polypectomy hemorrhage. As bleeding complications can occur anytime from one week to one month post-procedure, prophylactic placement of the Resolution Clip may help minimize this risk.



Images provided courtesy of Dr. Yan.



**Prophylactic Clipping** 

## Resolution™ Clip TECHNIQUE SPOTLIGHTS

## Prophylactic Application of Resolution™ Clips after Gastric Polypectomy in Patient on Anticoagulation

## Case Presented by: PETER V. DRAGANOV MD

Professor of Medicine University of Florida Gainesville, FL



Figure 1



Figure 2



Figure 3

### **HISTORY**

Benign gastric polyps can cause chronic gastrointestinal bleeding and lead to anemia. Removal of gastric polyps has been known to be associated with increased risk of post-polypectomy bleeding. This is a 64-year old male who was found to have iron-deficiency anemia. Hemoccult test was positive but there was no evidence of overt bleeding. Colonoscopy was unremarkable. The patient underwent upper endoscopy and was found to have two 6 mm polyps in the cardia that were oozing blood on contact. Biopsy of the polyps showed hyperplastic changes. The patient was referred to our institution for polyp removal since he was considered a high-risk for post-polypectomy bleeding due to the location of the polyps and the fact that he needed ongoing anticoagulation for coronary stent placed six months ago.



Upper endoscopy was done with Enoxaparin SQ bridge after discontinuing Coumadin for 5 days prior to the procedure. Two 6 mm polyps were noted in the cardia. The polyps were spontaneously oozing blood (Figure 1 and Figure 2). A standard snare polypectomy was performed and there was no immediate bleeding after the polypectomy (Figure 2, Figure 3, and Figure 4). A prophylactic application of two Resolution Clips at the polypectomy site was done in retroflex endoscope position (Figure 5). Coumadin was restarted the evening after the procedure. No delayed post-procedure bleeding was observed.

### **CONCLUSION**

Gastric polyps are known to be associated with a high rate of post-polypectomy bleeding. Furthermore, in this particular patient anticoagulation was needed to be restarted immediately after the procedure due to the presence of a cardiac stent. Therefore, after performing the polypectomy we placed two Resolution clips as a prophylactic measure to decrease the risk of post-polypectomy bleeding. Placement of the clips was easily accomplished, even in what is considered a difficult location in the cardia working in the retroflex view. Coumadin was restarted the day of the procedure and the patient had no further episodes of bleeding after the procedure.



Figure 4



Figure 5

Images provided courtesy of Dr. Draganov.



Results from case studies are not predictive of results in other cases. Results in other cases may vary.

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