

A Guide for Patients Living with a Biliary Metal Stent

Physician Name:

Phone Number:

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Warning: The safety and effectiveness of Metal Biliary Stents for use in the vascular system has not been established.

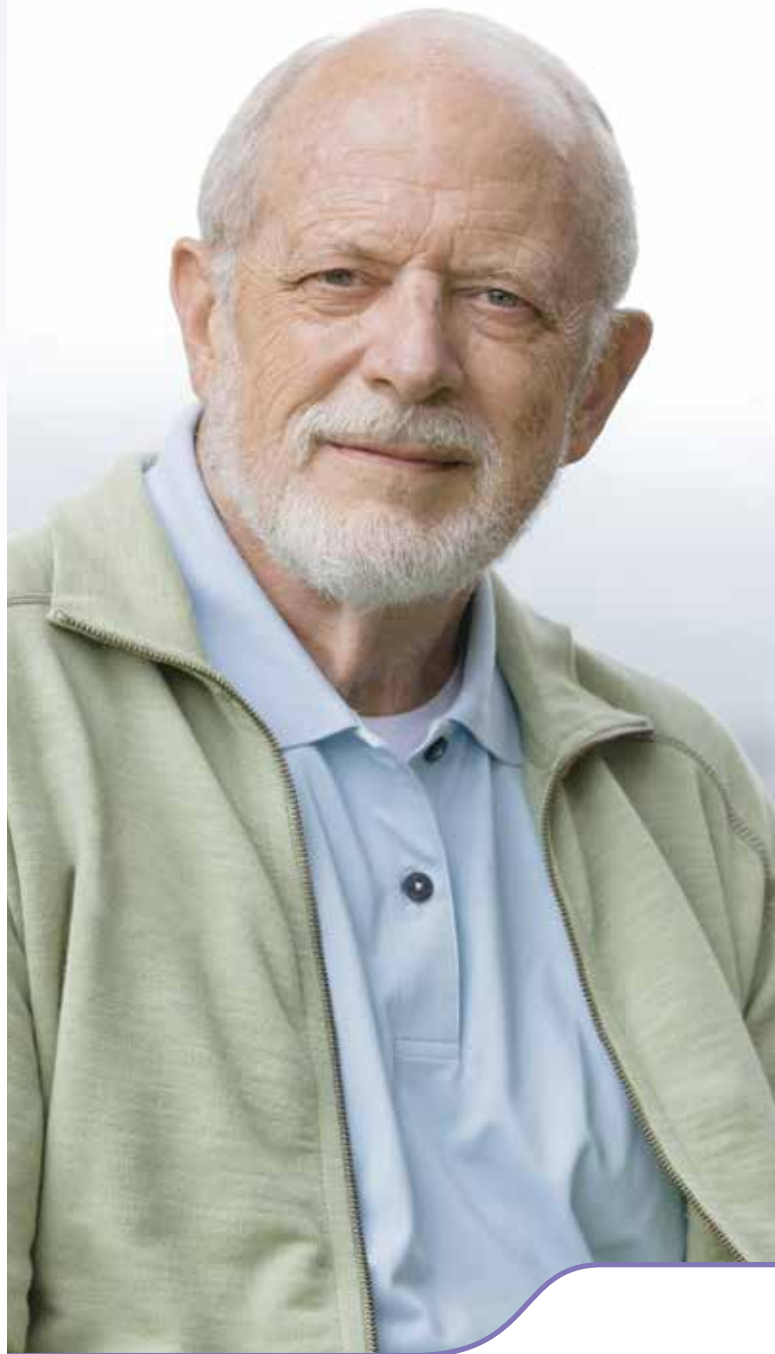
Illustrations are for informational use only – not indicative of actual clinical outcome.

Indications, Contraindications, Warnings and Instructions for Use can be found in the product labeling supplied with each device.

CAUTION: Federal (USA) law restricts this device to sale by or on the order of a physician.

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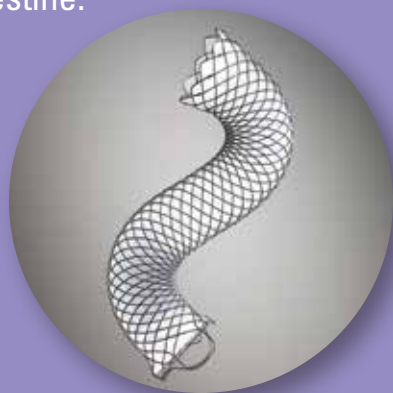


What is a biliary metal stent?

A biliary metal stent (also known as a “bile duct stent”) is a flexible metallic tube specially designed to hold your bile duct open, which has been blocked or partially blocked.

When a blockage occurs in the bile duct, fluids like bile (bilirubin) are unable to flow into the duodenum to aid in digestion. This may cause bile to build up in the liver and produce symptoms such as jaundice (yellow coloring of the skin), abdominal pain and nausea.

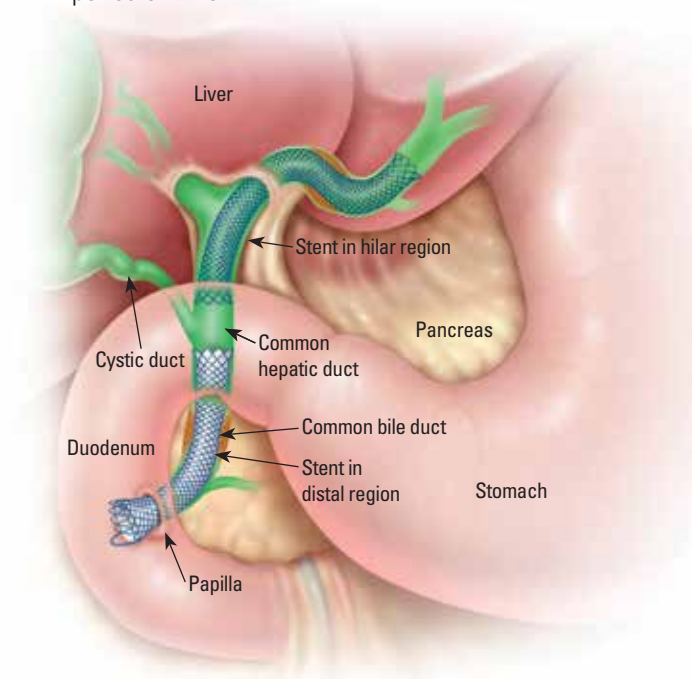
A biliary stent is inserted to reduce or eliminate this blockage. Once it is in place in the obstructed area, the stent is designed to expand and open the channel so that fluids can continue to move to the intestine.



What should I expect during the procedure?

Your metal stent will be implanted in the distal region or the hilar region of the bile duct by a doctor who is specially trained in this procedure. The endoscopic retrograde cholangiopancreatography (ERCP) procedure is typically performed under general anesthesia.

During the ERCP procedure, an endoscope will be inserted into your esophagus through your mouth. An endoscope is a flexible thin lighted tube designed to allow your doctor to see your GI tract. The endoscope is advanced through your stomach into your duodenum. The physician will then advance a thin wire (called a guidewire) through the papilla and into the bile duct. The stent is placed over the wire and guided into position. Once in place, your doctor will open the stent in the obstructed area. The stent is designed to stay in place and maintain the opening for a period of time.



Questions for your doctor

Below are some questions to ask your doctor, as well as space to write your own questions. Your doctor is the best source of information regarding your condition.

What should I expect in terms of recovery?

After my biliary metal stent is placed, will I need further treatment?

Questions for your doctor

Should I restrict my activity?

When may I resume normal activity and eating?

Additional Questions/Notes

Resources:

- › **www.bostonscientific.com**
- › Lustgarten Site: **www.lustgarten.org**
- › National Pancreas Foundation:
<https://pancreasfoundation.org/>
- › PanCan: **<https://www.pancan.org/>**

This card has important information about your biliary metal stent that healthcare providers will need to know in order to care for you. This card is conveniently sized to fit in a wallet.

