Prepare

Prepare for your appointment

	List any medications and vitamin supplements you take, including the dose and frequency	
	It might be a good idea to have a family member or close friend go with you, if possible	
	The amount of information you receive during a visit might seem overwhelming, making it hard to remember everything. So write it down or log it in your favorite mobile device.	
	Tell your doctor about how your symptoms are affecting your quality of life. Can you do the same things with your family and friends that you've been able to do or are your symptoms from Coronary Artery Disease (CAD) slowing you down?	
	If your doctor is not familiar with the range of treatment options then ask for a referral to a specialized interventional cardiologist.	
Though it may seem obvious, bring a list of questions to ask your doctor. Here are some questions to get you started:		

During your appointment

Questions to ask your Cardiologist

- 1 What is the most common treatment for my diagnosis?
- 2 What are all of my treatment options to treat CAD?
- 3 What treatments haven't I tried? What are the benefits and risks?

If you haven't discussed PCI (also known as coronary angioplasty or coronary artery stenting) then here are additional questions to consider, some that can be answered by a General Cardiologist or an Interventional Cardiologist:

- 4 Is Coronary Angioplasty and/or stent placement an option for me? Am I considered a potential PCI candidate?
- 5 What happens if I wait to receive treatment?
- 6 How does the procedure work?
- 7 What is the recovery after the procedure?
- 8 How long will I be on medication after a procedure?
- **9** Based on my diagnosis, what is the best treatment for me?

