

Uncovering Asthma Survey – National Results



200 people in the UK participated in the Uncovering Asthma Survey

The personal impact of severe asthma

- Severe asthma impacts 71% of UK asthma sufferers on a weekly basis and in some cases it can be more frequent than this
- Severe asthma prevents more than a third (35%) of UK asthma sufferers from seeing friends or family
 - Among those surveyed, 31% experience this weekly or more frequently
- The survey showed that severe asthma prevents 10% of UK asthma sufferers from looking after their children or dependent family members
- 35% of people surveyed said severe asthma prevents them from socialising with their friends
- 31% surveyed said they are prevented from seeing friends and family on a weekly or more frequent basis
- 55% of people surveyed in the UK said better controlled asthma symptoms would allow them to be more active
 - A fifth said it would allow them to be more sociable
- Nearly a fifth (18%) said their sex life was affected by severe asthma

Societal burden of severe asthma

- Over a quarter of UK severe asthma sufferers (28%) have been hospitalised or had to visit A&E due to their asthma symptoms in the last 12 months
- On average UK asthma sufferers surveyed, spent 3.2 days for *each* inpatient stay due to their severe asthma
- On average UK asthma sufferers spent 5 days per year as an inpatient in hospital¹
- For those in work or education, nearly half (45%) of those surveyed in the UK have had to reduce their working/studying hours or take days off due to their asthma symptoms
- Nearly half (45%) of those in work or education have had to reduce their working hours or taken days off due to their asthma symptoms
- Nearly a quarter (22%) of people surveyed have had to change role or leave a job due to their asthma symptoms

Treatment experiences

- 56% of UK asthma sufferers surveyed are currently prescribed at least two medications for their asthma
- Nearly a third, (32%) are currently prescribed three treatments
- 67% of UK asthma sufferers surveyed have two different inhalers for their asthma

¹ Small sample size of 59

- Almost three quarters of UK asthma sufferers (71%) say they would be interested in finding out about a non-drug based procedure to help manage their condition if they were eligible