Chronic Pain
A brief history of treating pain


13. How do you define chronic pain? What causes chronic pain?

Chronic pain is a persistent problem with multiple causes,

• Nociceptive pain: Pain resulting from damage to tissues such as tissues of the arteries resulting in long-term pain and scarring.
• Neuropathic pain: Pain following nerve injury, caused by a problem with the nerve itself.

14. Prevance of chronic pain in Europe

100 million

15. The personal impact of chronic pain

Chronic pain can disrupt daily activities in many different ways,

• Feeling tired all the time
• Difficulty sleeping
• Eating less
• Struggling to concentrate
• Feeling irritable
• Having problems with sex

16. The increasing economic and societal burden of chronic pain

300 million days

500 million

17. Better chronic pain management is urgently needed

• 38% of patients suffering from chronic pain are not managed adequately

400,000

50%