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ROTABLATION AND CUTTING BALLOON™ AS COMPLEMENTARY **TECHNIQUES IN TREATMENT** OF HEAVILY CALCIFIED LESIONS

Hospital de la Santa Creu Sant Pau, Barcelona, Spain

Serra, A. Jimenez, M., Millan X., Gheorghe L., Bajo E., Delgado, J.



Right coronary angiography

Stent without restenosis

LAD proximal segment



First OM stenosis



Patient History

- Male 72 year-old.
- Risk factors: hyperlipidaemia, former smoker.
- Prior cardiac history: STEMI (2011): 3 vessel disease: 2nd marginal 100% (culprit lesion), distal RCA 60%, Mid LAD 85%.
- PPCI of 2nd marginal: 2,5 x 15 mm DES.
- Staged PCI of proximal-mid LAD: Rotational Atherectomy and 2,75 x 15 mm DES.
- Recent admission for chest pain (Stable angina CCS2) with optimal medical treatment - ETT: LVEF 50%, with inferior and anterior hypokinesia.

Clinical Presentation

CORONARY ANGIOGRAPHY:

- Right coronary artery showed significant stenosis in the proximal segment (70%), severe calcification of the proximal and mid segments, and critical stenosis in the distal segment (95%) (Click on video 1).
- LAD with stent in the proximal segment without restenosis. Mid LAD showed severe calcification with a significant stenosis - 85% (Medina 1-0-1) involving the diagonal ostium (Click on video 2).
- Circumflex artery: first obtuse marginal, 70% stenosis. Second obtuse marginal with implanted stent, without restenosis (click on video 3).

SYNTAX SCORE I:

• 20, Syntax score II PCI: 28.2, CABG 30.5.

Decision

Percutaneous revascularization with use of Rotablator™ to treat the severely calcified LAD lesion.

Strategy

- Step 1: Routine PCI of proximal and distal RCA (click on video 4).
- Step 2: Vessel preparation (Rotational Atherectomy + Cutting Balloon™) of mid LAD to facilitate subsequent balloon dilatation and Synergy™ stent implantation.

Case Challenges

- Severe calcification of proximal and mid segments of the LAD and tortuosity at lesion site.
- The target lesion involves diagonal branch bifurcation.

THIS CASE HIGHLIGHTS

- The use of Rotational Atherectomy as a primary strategy for treating calcified lesions in order to facilitate optimal stent delivery and expansion.
- How to set-up the Rotablator[™] system and procedural recommendations.
- Complication management: "Ping-Pong" technique as one of the strategies to free an entrapped burr.
- Concomitant use of rotablation and Flextome Cutting Balloon™ Device prior to stenting to enhance the vessel preparation.





Rotational Atherectomy with a 1.25 mm burr in mid I AD



Balloon dilatation at the site where the burr was trapped



Dislodge and withdraw of the burr



2nd Rotational Atherectomy with a 1.25 mm burr in mid LAD



IVUS assessment after



Flextome™ Cutting
Balloon™ to improve
vessel preparation



Final result in LAD

PCI with plaque modification of mid LAD

- Femoral access: 7 Fr. EBU4 7F Guiding catheter.
- The LAD was first wired with a hydrophilic wire and then exchanged for the Rotawire™ Extra Support guide wire using a microcatheter.
- Rotational Atherectomy with a 1.25 mm burr: A 1.25 mm burr was selected due to the severity of the stenosis and calcium. Individual rotablation runs (30-45 sec) were done with a burr speed of 165,000 rpm (click on video 5).
- Due to severe calcification and vessel angulation, the burr jumped distal to the lesion even with a gentle manipulation
 of the system. Withdrawal of the burr was unsuccessful. The system was put into Dynaglide which also resulted
 in an unsuccessful retrieval attempt. A hydrophilic guidewire was placed parallel to the Rotablator™ catheter but a balloon
 could not pass through the 7Fr femoral guiding catheter.
- Complication management strategy: A "Ping-Pong" technique was performed. The LM was engaged with a 6F radial EBU guiding catheter, while pulling back the 7Fr catheter a few centimetres. A hydrophilic wire was placed in the distal LAD parallel to the rotablator catheter and sequential dilatations with 1.2 mm and 2.0 mm balloons were performed at the site where the burr was trapped. This dislodged the burr, allowing it to be easily withdrawn (click on video 6, 7).
- 2nd Rotational Atherectomy with a 1.25 mm burr Rotawire™ was placed again through the 6Fr radial catheter and rotablation was performed with a new 1.25 mm burr. Multiple runs were completed until there was no resistance through the lesion or drop in RPM (click on video 8).
- Control angiography showed dissection at bifurcation involving the ostium of the first diagonal branch. With the help of
 a dual-lumen catheter, a second wire was placed into the diagonal branch.
- IVUS (OptiCross™ IVUS catheter) showed plaque rupture after rotablation at different levels. However, a calcium ring
 of more than 270° was observed at the site of maximum plaque (click on video 9).
- For this reason, plaque modification was completed with a 2.5 x 6 mm Flextome™ Cutting Balloon™ (click on video 10).
- Finally, provisional stenting of mid LAD (2.75 x 24 mm Synergy stent) and post-dilatation with a NC Emerge™ (3.0 x 12 mm) showed a good result when confirmed with IVUS. Dissection on the diagonal was still present, with a TIMI 3 flow (click on video 11).

KEY LEARNINGS

ROTATIONAL ATHERECTOMY

- RA is recommended for the treatment of heavily calcified lesions. Although current practice tends to use RA as a bailout only after inadequate dilation of the vessel.
- In this case severe calcification involving both sides of the arterial wall was clearly identified on angiography, therefore
 rotablation was used as a primary strategy for plaque modification in order to facilitate procedural success. Trying to dilate
 these types of lesions with a balloon catheter only can result in unsuccessful dilatation and also dissection compromising
 the procedural success, while increasing time and costs.
- Sufficient planning and strategy is mandatory for rotablation procedures. Nowadays, we tend to choose small burr sizes
 to achieve plaque modification, 1.25 mm or 1.5 mm burrs are common sizes while the 2.0 mm burr and larger are seldom
 used. Small burrs, short runs and timing between runs (according to the presence or absence of chest pain and EKG
 changes during rotablation) drastically reduce the probability of the most common complication seen with rotablation:
 slow flow or no reflow.

IVUS AND CUTTING BALLOON™

- IVUS is an essential tool in conjunction with rotablation. Not only to evaluate the size of the artery and plaque characteristics, but also to identify the need to complete the procedure with a non-compliant balloon or with a cutting balloon if the ring of calcium is still present.
- The Flextome[™] Cutting Balloon[™] Device was successfully used after rotablation prior to stenting to enhance the vessel preparation. The precise cutting action of Flextome[™] Cutting Balloon[™] changed the lesion compliance, enabling uniform stent expansion that will lead to a good long-term result after DES implantation

COMPLICATION MANAGEMENT

Burr entrapment is a rare complication, which can be solved with different strategies. In this case we did the Ping- Pong
technique with balloon dilatation, which is a safe way to recapture the burr. Our advice when a complication like this
occurs is to keep calm and use a staged strategy to solve it.

