



Results of the PREcision Event Monitoring for PatientTs with Heart Failure using HeartLogic Study (PREEMPT-HF)

More than one million patients are admitted annually with a primary diagnosis of heart failure (HF).¹ The HeartLogic Heart Failure Diagnostic has consistently demonstrated the ability to predict HF events weeks in advance with high sensitivity and low false alert rate.^{2, 3} In prior analyses, the utilization of HeartLogic was associated with a 67-74% reduction in HF hospitalizations.^{4, 5*}

For those patients who are hospitalized for HF, all-cause readmission rates remain high; real-world U.S. data suggests as many as 20% of these patients may be readmitted within 30 days and more than 30% may be readmitted within 90 days.^{6, 7}

Strategies are needed to more effectively identify patients at risk for hospital readmission to better stratify resources and ultimately keep patients home.



HEART SOUNDS
reveals signs of elevated filling pressure and weakened ventricular contraction



THORACIC IMPEDANCE
measures fluid accumulation and pulmonary edema



RESPIRATION
monitors rapid shallow breath pattern associated with shortness of breath



HEART RATE
indicates cardiac status and arrhythmias



ACTIVITY
reflects overall patient status and fatigue

Objective

The PREEMPT-HF study objective was to evaluate the correlation between HeartLogic sensor data and the likelihood of readmission after hospitalization for heart failure.⁸

Design

Global, single-arm, observational study. Investigators were blinded to the HeartLogic index.

- 2155 pts from 103 clinical sites
- 12 months of follow-up

Results

- **Patient Characteristics:** 53% NYHA Class II, 27% female, average age 67.3, 61% CRT-D/39% ICD
- **Diagnostic Performance:** 78.3% sensitivity for HF hospitalizations and outpatient visits, False Positive Rate (FPR) 1.18/patient-year, low overall alert rate of 1.25 per patient-year, median time from alert onset to HF event was 35 days
 - Sensitivity similar between CRT-D and ICD (76.8% and 80.2%)
 - FPR similar between CRT-D and ICD (1.19 vs. 1.18 per patient-year) and lower than MultiSENSE (1.56 per patient-year)

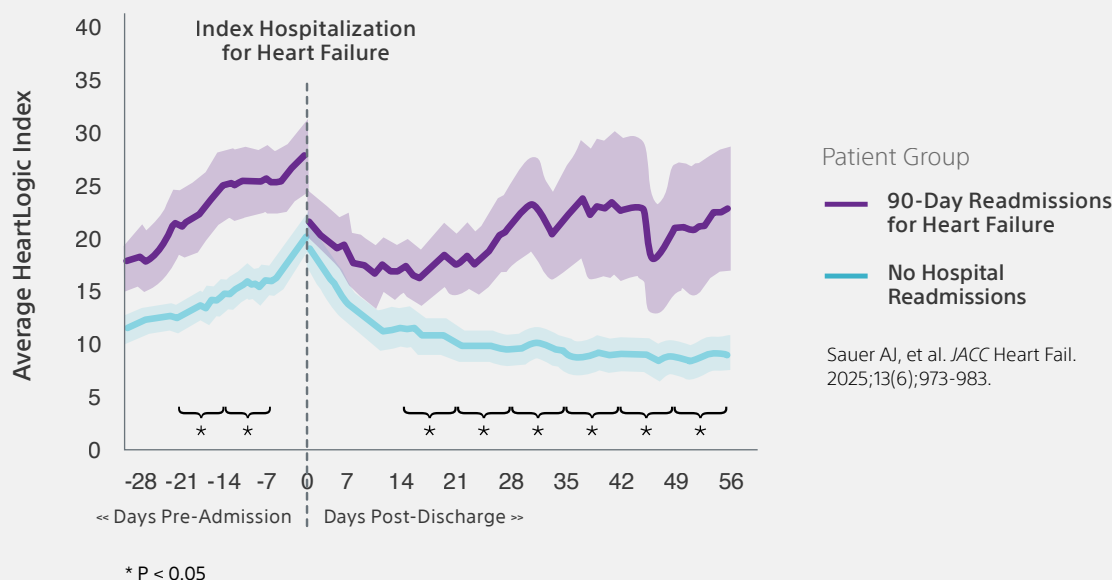
	PREEMPT-HF ⁸			Post Approval Study ³	MultiSENSE ²
	Overall	CRT-D	ICD		
Sensitivity (%)	78.3%	76.8%	80.2%	74.5% [†]	70%
FPR (per pt-yr)	1.18	1.19	1.18	1.48 [†]	1.56

*Based on observational pre-post comparisons.

[†] Observed sensitivity and FPR.

• Association with Readmission

- Patients in HeartLogic alert state at 1 or 2 weeks prior to index HF hospitalization had more than double the risk of 90-day readmission for HF compared to those not in alert (HR = 2.77 or 2.72, respectively).
- Patients in HeartLogic alert state 14 days after hospital discharge had triple the risk of 90-day readmission for HF compared to those not in alert (HR = 3.08).
- HeartLogic index was also higher before index HF admission and after discharge in patients readmitted for HF at 30 or 90 days. The same was true for 90 day all-cause readmissions.



Conclusion

The HeartLogic index was significantly higher before HF hospitalization and after discharge for patients who were readmitted for HF. These trends suggest a sustained worsening of the patient's condition and/or insufficient intervention during the initial hospitalization for HF.

Clinical Relevance

In addition to accurately predicting HF events, this study shows how HeartLogic may provide valuable insight into which patients could be at risk for a hospital readmission. The results point to the potential utility of HeartLogic data to guide prioritization of follow-up, particularly in the vulnerable period after a HF hospitalization.

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