

## ENERGEN™ ICD

Models E140, E141, E142, E143

### Details About Your Boston Scientific ENERGEN™ Implantable Cardioverter Defibrillator (ICD)

#### What is an ICD?

ICD stands for implantable cardioverter defibrillator. An ICD is a small, battery-powered device that holds a tiny computer. It is implanted in the body to watch for and treat abnormal heart rhythms. All ICDs today can detect and treat both fast and slow heart rhythms. Your doctor programs your ICD to respond appropriately based on your individual heart rhythm needs.

#### Treating fast heart rhythms

If a dangerously fast ventricular heart rhythm occurs, your ENERGEN ICD can deliver lifesaving therapy. Depending on your condition, the ICD may deliver small but rapid electrical signals called antitachycardia pacing (ATP). Or it may deliver a full-energy shock. These therapies are designed to return your heart rhythm to normal.

#### Treating slow heart rhythms

If an abnormally slow heart rhythm occurs, your ENERGEN ICD can act like a pacemaker to deliver small electrical signals that help your heart beat more normally. Your ICD's pacemaker can also help increase your heart rate to meet your body's needs when you are active.



ACTUAL SIZE  
(when printed at 100%)

#### How long will my ICD last?

Like anything that operates on a battery, the life of your ICD will depend on how much the battery is used. The battery is used every time your device delivers therapy. So the amount of therapy you receive, and the amount of energy your doctor programs into those therapies, affects the life of the battery. An ENERGEN ICD is projected to last up to 8–11 years.

#### What happens after my implant procedure?

##### Care and recovery at home

Your doctor or nurse will give you specific instructions to follow when returning home. Full recovery from surgery can take from several days to a few months, depending on your condition. It is important that you are actively involved in your own recovery. Follow your doctor's instructions about caring for the implant site and letting your other doctors, dentists, and emergency personnel know that you have an implanted ICD system.

##### Follow-up visits

Once you have an ICD, it is important to follow your doctor's guidelines for follow-up visits. These typically occur every 3 months. Your doctor uses the follow-up visits to check your device and monitor your heart condition, which can change over time. Your doctor may also adjust your device settings.

If you are enrolled in the LATITUDE™ Patient Management System, your doctor can check your ENERGEN ICD remotely between visits.

#### How small is my ICD?

Model	Height	Width	Thickness	Weight
E141, E143	2.93 in 7.45 cm	2.43 in 6.17 cm	0.39 in 0.99 cm	2.54 oz 72 g
E140, E142	2.69–2.89 in 6.90–7.40 cm	2.43 in 6.17 cm	0.39 in 0.99 cm	2.54 oz 72 g

Patient  
**SPECIFICATIONS**

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## ***Important Safety Information***

### **Implantable Cardioverter Defibrillators**

An implantable cardioverter defibrillator is designed to monitor and treat heart rhythm problems, greatly reducing the risks associated with them. These devices are sensitive to strong electromagnetic interference (EMI) and can be affected by certain sources of electric or magnetic fields. With all medical procedures there are risks associated. In regard to an implanted ICD, the risks include but are not limited to inappropriate shock, lead moves out of place, loss of stimulation capability, allergic reaction, fluid underneath the skin, and infection. In rare cases device failure or death can occur. Be sure to talk with your doctor so that you thoroughly understand all of the risks and benefits associated with the implantation of this system. To obtain a copy of the device Patient Handbook for more detailed device safety information, go to [www.bostonscientific.com](http://www.bostonscientific.com), or you can request a copy by calling 1-866-484-3268 or writing to Boston Scientific, 4100 Hamline Ave. N., St. Paul, MN 55112.

### **Device Quality and Reliability**

It is Boston Scientific's intent to provide implantable devices of high quality and reliability. However, these devices may exhibit malfunctions that may result in lost or compromised ability to deliver therapy. Refer to Boston Scientific's CRM product performance report on [www.bostonscientific.com](http://www.bostonscientific.com) for more information about device performance, including the types and rates of malfunctions that these devices have experienced historically. While historical data may not be predictive of future device performance, such data can provide important context for understanding the overall reliability of these types of products. Also, it is important that you talk with your doctor about the risks and benefits associated with the implantation of a device.

(Rev. K)

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