



# GreenLight™ Laser Therapy

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## Frequently asked questions

### What is GreenLight Laser Therapy?

GreenLight Laser Therapy is a procedure that uses laser technology to remove your overgrown prostate tissue and restore natural urine flow, within median 26 hours of the procedure.\*<sup>1</sup> However, medical history, health conditions, and other factors can influence treatment and recovery.

### How does GreenLight Laser Therapy work?

GreenLight Laser Therapy treats BPH by vaporizing obstructive prostate tissue. During your procedure, your doctor uses laser technology to remove your overgrown prostate tissue and to help restore natural urine flow.

### Do I have to stay in the hospital after a GreenLight procedure?

This procedure can be performed in a hospital or ambulatory surgery center, with same-day or next-day discharge.<sup>2</sup>

### Will I experience discomfort during the procedure?

Your doctor will discuss anesthesia requirements, as well as pain medication during and after the procedure.

### What are the risks of GreenLight Laser Therapy?

All surgical treatments have inherent and associated risks. The GreenLight Laser System is intended for removal of soft tissue, including vaporization of the prostate for benign prostatic hyperplasia (BPH). Potential risks include frequent urination, urgency, needing to urinate during the night, discomfort with urination, bleeding, retrograde ejaculation, and urinary tract infection. You should talk with your doctor about benefits and risks before moving forward with any treatment option.

### How long will it be before I notice results?

Most patients are able to return to stable health and are catheter free within median 26 hours of the procedure.\*<sup>1</sup> However, medical history, health conditions, and other factors can influence treatment and recovery.

### How soon can I return to work?

Most patients can return to work within 2 to 3 weeks.<sup>3</sup> Your doctor will discuss any restrictions and your specific condition during your consultation.

### Will there be any sexual side effects?

According to the available data, the GreenLight procedure is expected to have minimal impact on the erectile function, while demonstrating a 6-month ejaculatory preservation rate ranging from 78% to 85% when utilizing the hood-sparing technique. It is important to note that sexual side effects may occur, and should be discussed with a healthcare professional.<sup>4</sup>

### How is GreenLight Laser Therapy different from transurethral resection of the prostate (TURP)?

Transurethral resection of the prostate (TURP) is a procedure that involves use of a heated wire to cut excess tissue from the prostate and has been used to treat an enlarged prostate for many years. Instead of cutting, GreenLight Laser Therapy uses a laser to vaporize excess prostate tissue.

## Is GreenLight™ Laser Therapy as effective as TURP?

A clinical study to compare the two procedures showed similar improvement in urinary symptoms and urine flow at 6 months. GreenLight Laser Therapy was shown to provide shorter recovery and less catheterization time.\*<sup>1</sup>

## How much does GreenLight cost?

GreenLight Laser Therapy is covered by Medicare and most private insurance. It's still a good idea to discuss any deductibles or out-of-pocket costs with your doctor's office upfront. There is no guarantee of insurance coverage for any procedure or product. It is the responsibility of the patient to contact their insurance provider for specific coverage information.

## Is GreenLight Laser Therapy a widely accepted and proven treatment for BPH?

This proven,<sup>2</sup> worldwide laser treatment option for benign prostatic hyperplasia (BPH) therapy has been used in over 1 million patients.\*\*<sup>5</sup>

## How do I know if I am a candidate for GreenLight Laser Therapy?

Only your doctor can determine if you are a candidate for GreenLight Laser Therapy. The GreenLight procedure is generally appropriate for most symptomatic BPH patients. You and your doctor will assess your symptoms and desired outcomes together and determine the best course of treatment.



### Discover more about GreenLight Laser Therapy

Scan this QR code or visit [TreatMyBPH.com/Greenlight](https://TreatMyBPH.com/Greenlight) to:

- Take our BPH quiz to gain insight into the severity of your symptoms and help you kick-start the conversation about BPH with your doctor
- Find a doctor who specializes in GreenLight Laser Therapy
- Learn more about BPH and find additional educational resources

\*Stable health status: the time from entering recovery room until the earlier of discharge from the medical facility or the first successful voiding trial without an ongoing treatment-related adverse event.

\*\*Based on sales data.

1. Bachmann A, Tubaro A, Barber N, et al. 180-W XPS GreenLight laser vaporization versus transurethral resection of the prostate for the treatment of benign prostatic obstruction: 6-month safety and efficacy results of the European multi-centre randomized trial – The GOLIATH Study. *Eur Urol*. 2014;65:931-942.
2. Law KW, Tholomier C, Nguyen D-D, et al. Global GreenLight group: Largest international GreenLight experience for benign prostatic hyperplasia to assess efficacy and safety. *World J Urol*. 2021;39:4389-4395.
3. Erazo JC, Suso-Palau D, Seinaui JE, et al. Outpatient 180 W XPS GreenLight Laser photoselective vaporization of the prostate: 7-year experience. *J Endourol*. 2022;36:548-553.
4. Kini M, Te AE, Kashanian JA, Kaplan S, Chughtai B. Ejaculatory hood-sparing photoselective vaporization of the prostate vs. bipolar button plasma vaporization of the prostate in the surgical management of benign prostatic hyperplasia. *J Endourol*. 2020;34:322-329.
5. Data on file with Boston Scientific.

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